# **EAUN Conference Scholarship Awards**

# **Opportunity for European nurses to join the EAUN Meeting for free**



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In time for Munich 2016, we are truly delighted and proud to announce the launch of the inaugural EAUN Meeting Scholarships Awards in association with Astellas Pharma, partners who recognise the critical role of urology nurses in patient care and understand the importance of developing urological nursing.

As new technology and treatments continue to evolve, education remains essential as urology nurses will play an even more critical role in patient care. Making sure we provide development opportunities for urological nurses to improve their knowledge of and skills in urology through education and training is, therefore, essential.

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Europe to attend the annual EAUN Meeting to help develop both clinical practice and optimise patient care. The annual scholarship awards will support up to 10 nurses based in Europe for them to participate in the EAUN Meeting by providing €500 towards the costs of travel, registration and accommodation. Candidates will be required to be working in urology and be current EAUN members.

### Not a member? Don't lose out of this great opportunity!

For those of you who are currently non-members, you are also eligible to apply for the grant provided you have submitted a paid membership application to the EAUN. For membership details please go to. http://nurses.uroweb.org/nurses/membership Each applicant will be required to submit a 300-500 word statement in English for a blinded panel review, which must clearly specify how you

and patient care will benefit from this opportunity All submissions should be filed by 1 November 2015. Successful applicants will be notified of the award by the 4th of December 2015, within the time frame for the early bird registration (1st October - 12th January 2016).

Following the Meeting, each successful candidate will be required to write a review of the experience of attending the conference in English and how their learning will be used in clinical practice. The article will be published in the European Urology Today and email newsletter. Further details on the application process and criteria will be published in the EAUN website.

And remember if you're not an EAUN member, now is the perfect time to join and take advantage of this great opportunity!



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www.eaun.uroweb.org

# Apply for your EAUN membership online!

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European Association of Urology Nurses

# Share your experience and ambition in Munich

Nursing research may bring the most amazing results

With the EAUN's commitment to support innovative work, we invite you to submit a research project proposal for the EAUN Nursing Research Competition. The topics that have to be included in the project plan and examples can be found on our website.

During the 17th International EAUN Meeting in Munich (12-14 March 2016), all projects of the nominees will be discussed in a scientific session, enabling all participants to learn through feedback and discussions. A winner, chosen from the final nominees selected by a jury, will receive € 2,500 to (partly) fund the research project.

Supported with an educational grant by Wellspect

# 17th International **EAUN** Meeting 12-14 March 2016, Munich, Germany



## Join our search for Nursing Solutions in Difficult Cases

If you are among those who encounter atypical cases in daily practice and have found your own solutions, we would like to invite you to take a few photos and write a standard protocol. You can download a form with a list of standard questions. The form should include a description of the problem, the nursing intervention provided, the material you have chosen to help the patient and the final results. Please note: Difficult cases that have not been (completely) solved may also be submitted. The best cases will be rewarded with a free registration for the congress.

Detailed submission criteria and rules for both submissions can be found at the congress website.

Submission deadline: 1 December 2015

For more information please contact the EAUN at eaun@uroweb.org.

www.eaun16.org

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# "By Nurses, for Nurses"

## New video session format at 17th EAUN Meeting in Munich



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The 'Inside the Body - Surgery in Motion' session that we had for three years at the annual EAUN meetings will be presented in a new format starting with the 17th International EAUN Meeting in Munich next year. Why do we organise a video session at every International EAUN Meeting?

#### Why we need it

The initial objective was to show on-screen the excellent work by urological specialists and present it to our colleagues in nursing. As urology nurses many of us actually only get to see the result and outcome of such specialised work. Thus, the *"Inside the Body"* session, serves as a window that allows a closer look into these surgical procedures. It was a simple concept that worked, but like all good things in life it may have run its course in its current format. Time for a change.

It is said that "action changes things" and with that inspiration in our mind for the EAUN meeting in Madrid, we worked hard to look for innovations in our video selection. Unfortunately, we ended up with half the confirmed speakers not showing up at all. Adding insult to injury, the session, booked in a very expensive hall, was poorly attended by our urology nursing colleagues. Was it the time of day? Was it due to a very popular session held at the same time just across the corridor?

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Perhaps, the aforementioned reasons were part of the low attendance but I would prefer to look at things with a larger lens and a critical eye. My conclusions and proposed measures are as follows:

Sometimes, we are looking but not seeing. The reason behind such a poor showup is much clearer and closer at home. Simply put, urology nurses want to see on screen what other urology nurses are up to, full stop. There are out there a plethora of avenues and media platforms with opportunities to see innovative work by urology specialists. On the other hand, for nursing procedures there are very little, indeed, by comparison. Are we, as urology nurses so conservative and not innovative enough? I don't think so. But have we been confined to the status quo with some excellent but sporadic bursts of well-researched and published accompaniments from the selective few?

I put forward a challenge to all urology nurses. Why not splice together a 10-minute video presentation of what you are doing and which you believe should be shared with us? What could be shown, you may ask. Certainly, a well-presented narrative or experience that made a positive difference in one's practice. It may not even be a video after all but a collage of photos documenting a process that has one fundamental feature – innovative nursing practice.

Let me share thoughts and examples:

**Example One:** I know that there are urology nurses who have served in far-away countries and that's not something we often see. Why not have presentations on these experiences? I wonder how such an experience can be applied out there, literally in the field. Last year, during our meeting in Madrid, I had the pleasure of meeting such a person. I was impressed by the enthusiasm of this very competent urology nurse when she shared her experience. Wouldn't it be wonderful to see it on-screen and spread the joy?



Research Project Plan presentation by Helle Syhler (DK) at the 16th EAUN Meeting in Madrid, March 2015

**Example Two:** Mention the word "Da Vinci" and it's an instant turn-off for most of us in the nursing community. Indeed it is a wonderful tool but no disrespect intended, many still look at it as the toy that someone else gets to play with in another greener, playpen. Yet, very few know that there are highly competent nurses who have earned specific tasks as key Da Vinci team members. Wouldn't it be a refreshing change during a nursing meeting to see the preparations specifically performed by a nurse first assistant specialised in robotic surgery? With all the Da Vinci work being carried out there, there must be a video or two to be made.

**Example Three:** This example is almost the direct opposite to the first. Is there anyone out there who has experienced and documented urology nursing being upheld during difficult circumstances such as a national emergency or even in conflict conditions? It may not be as uplifting as the voluntary work earlier mentioned, but such presentations give out a

strong message of hope and testament to the stamina of many of our colleagues.

Socrates left us some words of wisdom: "The secret of change is to focus all of your energy, not on fighting the old, but on building the new."

The transition from the *"Inside the Body"* sessions to "By Nurses, for Nurses" is not something the EAUN Scientific Committee can build on their own. It is your contribution that will be *"building the new"* and setting a path that others will choose to follow and emulate.

#### Some reminders:

Deadline for submissions is on **1 December 2015**. For details on the EAUN Meeting and submission requirements, check the Scientific Programme page at the congress website www.eaun16.org.

# 17th International EAUN Meeting

12-14 March 2016, Munich, Germany



## **EAUN's Munich programme: Focus on core nursing issues** Priority topics include challenges in oncology and training issues

The EAUN's Scientific Programme in Munich next year will attempt to address not only the most pressing issues in education and training but also topics that would enable urology nurses to respond to major healthcare concerns such as Europe's ageing population, quality of life, cancer, and ethical questions, among many others.

"We intend to introduce several new topics suggested by delegates who attended the Madrid congress this year. Urological issues among young adults, sexuality and cancer, rare or difficult diseases in urology, painful bladder syndrome, and ethics in urological nursing are just a few examples," said Stefano Terzoni (IT) chairman of the EAUN Scientific Programme Committee. tend optimal care to patients with multiple co-morbidities and disabilities. These issues will become more prominent in the future."

#### Mobility in Europe

Mobility of European nurses across the region is also a top priority, according to Terzoni. He said there is increasing concern over the ability of nurses to successfully work and re-settle in other European countries since their mobility is impeded by factors such as the lack of formal recognition or accreditation of credentials.

A nurse who invested time and formal training in a specialised field such as urology, only to end up working in a completely different area in another country is not only a waste of human resources, but also frustrates professional growth," Terzoni said. Abstract, Research Project, Difficult Case and Video presentation deadline: 1 December 2015

Early registration deadline: 15 January 2016





sponsorships and the high costs of transportation and accommodation, the EAUN offers several arrangements that make participation more affordable.

"For Munich 2016, the EAUN will provide support to a certain number of delegates, thanks to a grant from Astellas. Moreover, the 2016 programme has been divided into thematic blocks of half-days since some delegates are unable to take three full days



Terzoni said the EAUN based the programme's content on topics listed or mentioned by its members. "Feedback from members is always sought and taken into consideration and I believe we are on the right track.

Although there are differences in nursing practices and local rules across a region that is vast and varied as Europe, Terzoni noted there are also commonalities in nursing care and strategies. He mentioned health issues such as overactive bladder (OAB) and urinary tract infections (UTIs) which affect many populations in Europe.

"Many nursing issues are often overlooked and these have an impact on the patient's autonomy and quality-of-life. Self-care is becoming more and more important in Europe with its high elderly population," he said. "Another nursing concern is our ability to exIn respond to this challenge, he mentioned the initiatives of the EAUN to engage its European partners. "An attempt is being made across several European countries to create a common framework for education. We are working actively on this," noted Terzoni.

"With more young nurses moving across Europe, a common structure for defining a urology nurse and how their competence should be acknowledged is really an urgent matter," he added.

#### Active support

The EAUN's active support for European nurses is shown by its offer of free or reduced registration fees to nurses interested to participate in the annual EAUN meeting, according to Terzoni. With fewer from their hospital work. We made it possible for them to register for one or two days, allowing many of them to participate and share with their colleagues back home the information they gained during the congress," Terzoni said.

> For details on registration and the Scientific Programme, visit the EAUN's meeting website at: www.eaun16.org

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