

EAUN at SIU Conference

Informative, inspiring meeting in Melbourne, Australia



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hormone therapy in metastatic castrate resistant prostate cancer (mCRPC), from biological treatment principles, changing treatment modalities, practical day-to-day considerations when looking at treatment options, and the importance of survival alongside health related quality of life. In addition Prof. Klotz addressed the area of the androgen receptor gene and how various molecular mechanisms played a role in the development of resistance to androgen deprivation therapy in mCRPC, including AR mutations, amplifications and splice variants.



A topic common to all urology nurses working in bladder cancer was discussed by Kath Schubach – chair VUNS, that being the shortage of BCG therapy for patients with newly diagnosed High-Risk Non-Muscle Invasive Bladder Cancer (HR NMIBC) and those who are already undergoing BCG treatment. General recommendations included: that all patients with HR NMIBC be counselled appropriately and reassured that their care would not be substantially compromised and in general terms:

- management of HR NMIBC with TURBT and cystoscopic surveillance alone is not appropriate, even if local BCG supplies have run out and patients should always be offered an alternative
- patients should not be counselled that radical cystectomy (RC) is the only safe option in this setting.

As part of the organising committee, it was a pleasure to attend and support this inaugural nurses meeting at the Société Internationale d'Urologie (SIU) in Melbourne.

The meeting, supported by the Victorian Urological Nurses Society (VUNS), the Australia and New Zealand Urological Nurses Society (ANZUNS) and the EAUN, provided the SIU the very first opportunity to involve urology nurses in their programme, an idea supported by SIU Congress Director Valérie Guillet.

The objective of the nurses programme was to “snap shot” a number of topics in urological care with a global perspective, with many of the sessions offering a multi-professional perspective involving urologists and urology nurses.

In the opening presentation, the author and co-speaker Prof. Laurence Klotz outlined the role of



Professor Laurence Klotz – discussing AR gene variants

- as should already be the case, all patients with HR NMIBC should be discussed at the bladder MDT meeting.

In addition, further guidance suggesting where possible, patients should be offered 1/3 dose BCG for induction courses and maintenance up to one year. This is based on an EORTC randomised trial, which showed no difference in progression rates between full dose and 1/3 dose BCG.

In the area of Catheter Acquired Urinary Tract Infection (CAUTI), Trish White, nurse practitioner from New Zealand, discussed the management of urinary catheters and provided a key insight in urinary tract infections, which account for 40% of all hospital-acquired infections, with 80% being catheter related. Trish highlighted the fact that urinary catheterisation when hospitalised and insertion could be unjustified in up to 50% of cases. Of note, as was clear to the audience, was the risk of CAUTI increased with the duration of catheterisation, with evidence suggesting that 26% of patients with an urinary catheter in-situ for between 2 to 10 days will develop bacteriuria, with 25% of these patients developing a CAUTI.

Other risk factors to consider also included catheter care violations and older age. The key take home messages from this session were that there are many opportunities for nurses to reduce the incidence of CAUTI by applying best practice to the insertion, maintenance and removal of catheters. Urology nurses are in an ideal position to bring about the changes required and that CAUTI prevention is a quality and safety initiative.



Welcoming address – Kay Talbot: Chair

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toxin injections to treat urge incontinence and overactive bladder syndrome.

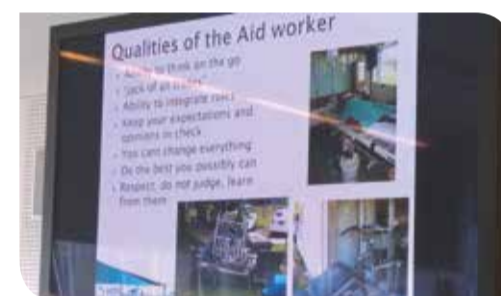
For our mid-programme break, we had high tea supported by Bard which gave a great opportunity for networking and to catch up with old colleagues and, of course, the obligatory photo opportunity.



Organising committee – From left: Kath Schubach: VUNS Chair, Kay Talbot –SIU Nurses Meeting Chair, Lawrence Drudge-Coates: EAUN Chair

The highlight of the day for me was a very thought provoking and quite humbling talk regarding volunteer teaching in developing countries and career opportunities. Kate Newell, senior project officer from the Royal Australasian College of Surgeons (RACS) gave an initial overview of the Colleges Pacific Island Programme, which provides specialist surgical and medical services, education and training to local surgeons, anaesthetists, nurses and allied health workers in 11 Pacific countries.

Chris Redpath and Stu Wilder, two Australian urology nurses involved in volunteer work in the South Pacific islands, and also in Pakistan during the earthquakes, shared their experience of what it was like to work as a volunteer and nurse educators, which was truly fascinating. It gave me a real insight into what we take for granted regarding access to health care in the western world, and what people have to endure. I had the utmost respect for their work and their ‘can-do’ attitude. Being a “jack-of-all-trades” and making the best of what you have in these far-flung and remote places is so essential.



What you need to be an aid worker

I would like to take this opportunity to thank personally the following for making this event and my participation possible: SIU congress director Valérie Guillet, Lynda Rigby and Michelle Commane (Astellas Australia), Maryanne Sinon (ANZUNS president), my delightful co-chairs, Kath Schubach and Kay Talbot and, lastly but by no means least, my nursing colleagues from Australia and New Zealand for making me feel so welcome.

I look forward to SIU 2016.



Trish White's rules for catheter insertion

In the management of female urinary continence, Chris Murray, nurse consultant (Australia) and Dr. Eva Fong (New Zealand) provided a key insight from assessment to treatment including sling procedures, sacral nerve stimulation and the use of Botulinum

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EAUN participates in Dubai conference

EAUN guidelines on catheterisation examined in well-attended workshop



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to ensuring quality and safety in urinary catheterisation. The workshop examined the use of guidelines in everyday nursing practice such as evidence-based indications and contraindications for catheterisation, how to choose the appropriate catheter and technique, frequent and rare complications, and troubleshooting.

The delegates actively discussed their habits and procedures with the panel, using both clinical expertise and scientific evidence, through well-focused questions on specific conditions and rare cases, as well as the "tips and tricks" for this frequently overlooked procedure. The guidelines and the most up-to-date literature provided solid foundations for evidence-based practice.

In the afternoon, four stations with models for catheterisation were prepared, and the participants performed the procedure on realistic male and female mannequins, with different types of indwelling and intermittent catheters, under the guidance of the teachers.



The workshop included hands-on training on mannequins



Ms. Veronika Geng, author, and Ms. Susanne Vahr with the EUS award

The level of knowledge and practical ability reached by the participants was assessed through a written test and observation during the practical session. At the end of the day, the delegate who scored the highest marks was awarded with an iPad donated by one of the sponsors.

The EAUN representatives were formally acknowledged during the opening ceremony of the congress, in the presence of members of the Dubai Government, as well as individual acknowledgements by Dr. Bagheri. This exciting experience has been very important and significant to the EAUN, and we hope

to continue the collaboration with the Emirates Urological Society in the future. It will be our pleasure to welcome the participants of the workshop in Dubai in Munich 2016 See you in Germany!

Note: The hands-on training was supported with equipment from Coloplast, Wellspect HealthCare and Dubai Hospital. Wellspect HealthCare DENTSPLY IH sponsored the iPad that was awarded to the nurse who scored highest in the test.

The Emirates International Urological Conference (EUSC) took place in Dubai, United Arab Emirates, from 5 to 7 November 2015. The EAUN had been invited by Dr. Fariborz Bagheri, Acting President of the Emirates Urological Society (EUS) and President of EUSC2015, to give a full-day hands-on workshop on intermittent and indwelling catheterisation, based on the EAUN guidelines.

On November 6, Susanne Vahr (chair of the guidelines group), Veronika Geng (former chair of the guidelines group) and the author held a very successful workshop in Dubai, attended by approximately 60 nurses. Forty-eight had originally enrolled, but on the day of the workshop 12 more asked to participate and were admitted to the workshop.



Award in appreciation of the EAUN contribution received at the Opening Ceremony

Dr. Fariborz Bagheri opened the workshop and Fouad Hussein Chehab, director of Nursing at Dubai Hospital gave the first lecture. He is an expert in the Joint Commission International Accreditation and made an excellent introduction

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European Association of Urology Nurses

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Munich, Germany
12-14 March 2016

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Deadline: 15 January 2016

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- Register for the Nurses' dinner, Hospital visits and Urowalk through the online registration system

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17th International EAUN Meeting

12-14 March 2016, Munich, Germany



Early registration deadline:
15 January 2016



Lawrence Drudge-Coates,
Chairman EAUN



Stefano Terzoni,
Chairman SCO

Programme

Saturday, 12 March

- 09.00 - 10.15** Plenary session
Revisiting the future of urological nursing
- 10.30 - 12.30** Thematic session
Challenges with teenagers in transition to adulthood
- 10.30 - 11.15** Thematic session
Tobacco and cancer: Is there something we still don't know?
- 11.30 - 12.30** Special session
Nursing Research Competition
- 12.45 - 13.45** Hot Topic lecture
Nurse-led cystoscopy and urodynamics for nurses
- 12.45 - 13.45** EAUN Industry session
e-Learning in healthcare – does it make any difference?
- 14.00 - 15.45** Poster session 1
- 14.00 - 16.00** Thematic session
Perspectives in prostate cancer care
- 16.00 - 17.00** Thematic session
Sexuality and cancer
- 16.15 - 17.00** Special session
Guidelines presentation: Male External Catheters
- 17.15 - 18.15** EAUN Industry session

Sunday, 13 March

- 08.30 - 09.00** Thematic session
Evidence informed practice: Present and future
- 09.00 - 10.30** Thematic session
Neoadjuvant treatments for bladder cancer

- 09.15 - 10.30** Thematic session
Session in cooperation with other association
- 10.45 - 11.45** Thematic session
Self-care and quality of life in the urostomy patient
- 10.45 - 12.30** Poster session 2
- 12.00 - 14.30** EAUN ESU Course 1
Instillations in NMIBC: Indications and practical aspects
- 12.30 - 13.15** Special session
Nursing solutions in difficult cases
- 13.45 - 14.30** State-of-the-art lecture
Ethics in urology
- 14.45 - 15.30** State-of-the-art lecture
Female genital mutilation
- 15.45 - 16.45** Thematic session
Rare cases and diseases in urology
- 15.45 - 17.10** Special session
Market place session
- 17.00 - 18.00** Video session
Nursing in motion

Monday, 14 March

- 09.00 - 10.00** Special session
Primary care challenges in urology
- 09.00 - 10.00** Thematic session
Enhanced recovery after surgery - international perspectives
- 10.15 - 10.45** State-of-the-art lecture
Probiotics in urology care
- 10.15 - 12.30** EAUN ESU Course 2
Urinary stones: From start to finish

- 10.45 - 11.30** Debate
MDT in urology: Good in theory, bad in practice?
- 11.45 - 12.45** Thematic session
Painful bladder syndrome: Where do we stand?
- 12.45 - 13.15** Special session
Launch of patient information on bladder cancer
- 13.15 - 14.00** General Assembly
- 14.00 - 14.15** Award session
Prizes sponsored by AMGEN & WELLSPECT HEALTHCARE

Hospital visits
LMU University Hospital Munich
Friday, 11 March, 13.00 - 16.00 hrs
Monday, 14 March, 10.00 - 12.00 hrs
Registration through the online registration system.

Scientific Committee:
Stefano Terzoni (IT), Chair
Bente Thoft Jensen (DK)
Jerome Marley (IE)
Lisette Van De Bilt (NL)
Rita Willener (CH)

For detailed information and updates of the Scientific Programme, visit the EAUN's meeting website at:
www.eaun16.org



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