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The EAU Robotic Urology Section



# **Learning Curve in robotic surgery**

## **Review of the literature**

**(RALP, RAPN and RARC)**

**G. De Naeyer, P. Schatteman, P. Carpentier, A. Mottrie**

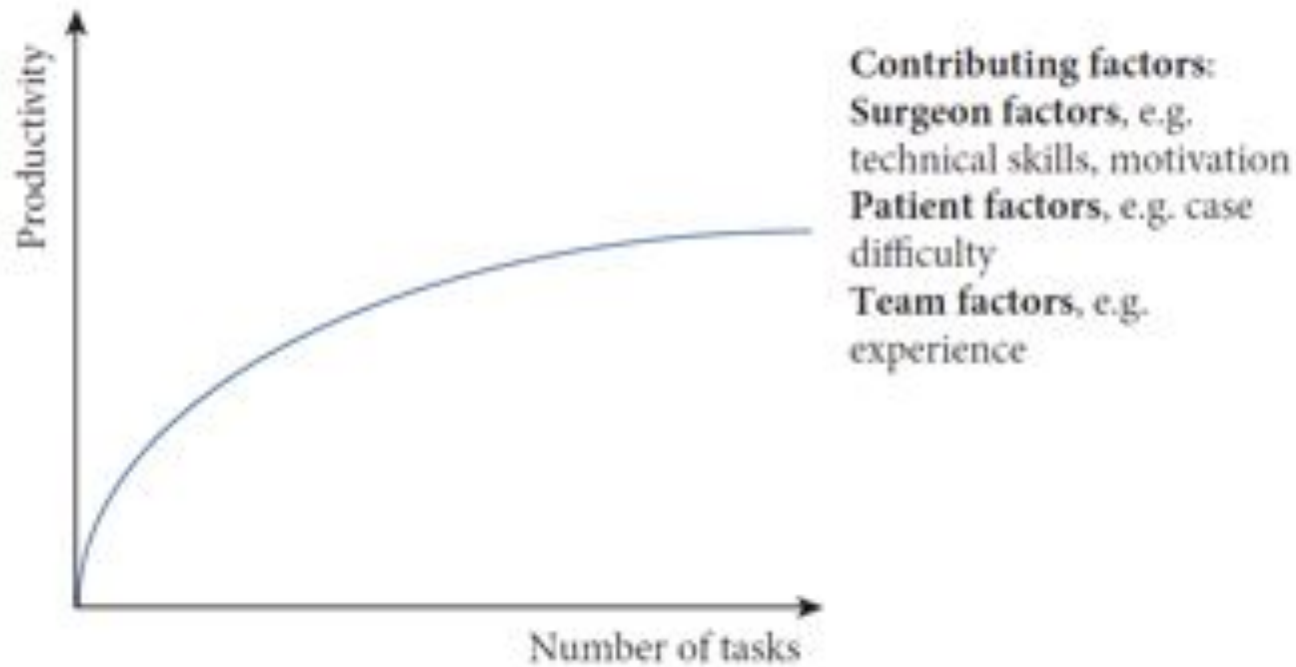
**Department of Urology, OLV Clinic, Aalst, Belgium**

- Conflicts of interest
  - Robotic surgeon at OLV Aalst, Belgium
  - Proctor for Intuitive Surgical Sarl

# learning curve (LC) definition

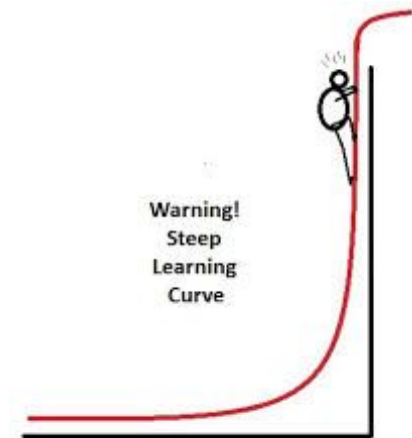
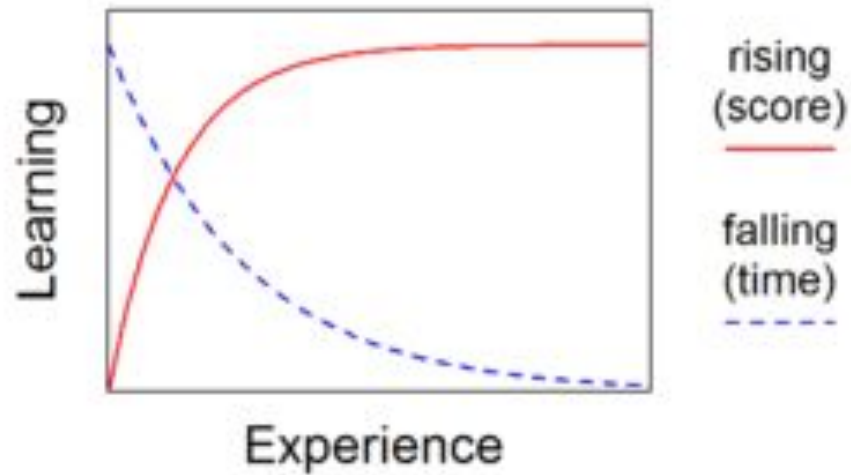
- the period during which a surgeon finds the procedure more difficult, takes longer, there is higher rate of complications and lower efficacy because of inexperience.

**Fig. 1** Graphical illustration of a LC with reference to number of times a task is performed and productivity.





## Rising and Falling Metric



- no widely accepted standard way to define or measure this well recognized phenomenon of LC.
- definitions of LC have drawn exclusively on expert opinion (Level 4 evidence).
- 'procedure development learning curve' is the period in which, the inexperience of the surgeon with new technology makes the operation more difficult.

**Steep Trendelenburg**

**+**

**Modified Lithotomy  
position**





**Table 1** Summary of definitions of competence

Author	Institution	Years	Definition of competence
Menon et al. [9]	Henry Ford, Detroit	2002	Operative time similar to laparoscopic cases
Ahlering et al. [38]	University of California (Irvine) medical center, Orange, CA	2003	Operative time <4 h
Herrnli et al. [37]	Vanderbilt university medical center, Tennessee	2005	Similar outcomes compared with open RP and self-perception of a comparable degree of comfort with RALP
Atug et al. [39]	Tulane university, New Orleans, LA	2006	When considering various steps, from the initial task of gaining pneumoperitoneum, and adequate trocar placement to successfully completing the RARP to safe exit
Zorn et al. [40]	University of Chicago, Chicago, IL	2007	Operative time <4 h
Shah et al. [41]	Northwestern university, Chicago, IL	2008	Positive surgical margins
Jaffe et al. [42]	Paris, France	2009	Positive surgical margins
Freije et al. [43]	Brigham and women's hospital, Massachusetts	2010	Positive surgical margins
Sooriakumaran et al. [44]	Weill Cornell medical college, New York, NY	2011	Positive surgical margin rate <10 %

- Heterogeneity of LC metrics
- different definitions of competence

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# Robotic Surgery: Beware Of The Learning Curve

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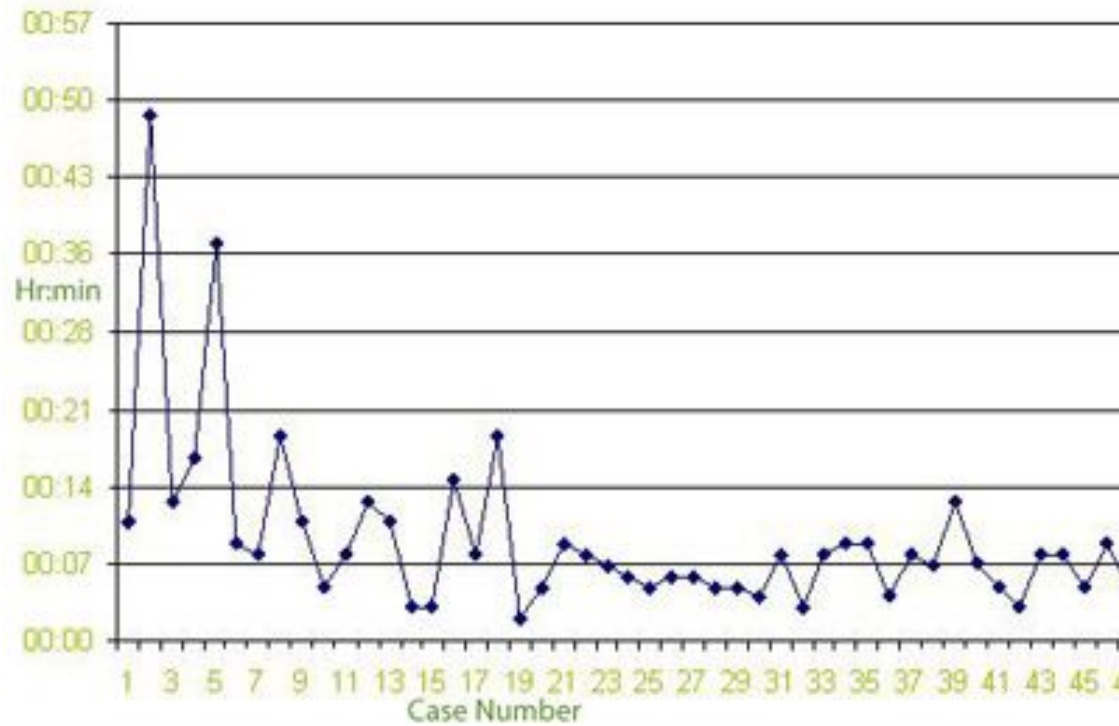
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## Laparoscopy

# Positive Surgical Margins in Robotic-Assisted Radical Prostatectomy: Impact of Learning Curve on Oncologic Outcomes

Fatih Atug<sup>a,\*</sup>, Erik P. Castle<sup>a</sup>, Sudesh K. Srivastav<sup>b</sup>, Scott V. Burgess<sup>a</sup>,  
Raju Thomas<sup>a</sup>, Rodney Davis<sup>a</sup>

- 100 consecutive RARP divided into 3 groups

Table 2 - Postoperative data of patients

	Group I	Group II	Group III	P
No. of patients with positive surgical margin	11 (46.4%)	7 (28.2%)	4 (33.3%)	0.003
No. of patients with negative surgical margin	10 (54.6%)	26 (71.8%)	30 (66.7%)	
Positive margin for percentage margin				
pT2	10/11 (90.9%)	4/7 (57.1%)	1/4 (25.0%)	0.003
pT3	1/5 (20%)	2/7 (28.6%)	2/5 (40%)	
pT4	0/3 (0.0%)	1/1 (100%)	1/1 (100%)	
Positive margin location				
Bladder neck*	1	3	0	0.046
Apex*	8	4	1	
Other*	4	3	1	
Postoperative Gleason scores				
≤6	10	15	12	0.3319
7-8	9	14	10	
9-10	2	2	2	
11-12	0	0	0	
Total Gleason score, mean	6.3	6.5	6.3	0.806
Pathologic stage				
pT2a	10	12	12	0.8550
pT2b	10	17	16	
pT3a	1	1	2	
pT3b	0	2	0	
pT4	0	1	1	
Total pathologic tumour volume, mean, %	11.06	17.74	17.19	0.0017
Pathologic prostate volume, mean, g	49.1	53.7	50.6	0.7645

\* There may have been more than one location for each patient with a positive margin.

“a learning curve, of approximately 30 patients, associated with RARP”



JOURNAL OF ENDOUROLOGY  
Volume 27, Number 1, January 2013  
© Mary Ann Liebert, Inc.  
Pp. 80-85  
DOI: 10.1089/end.2012.0262

## Evaluating the Learning Curve of Experienced Laparoscopic Surgeons in Robot-Assisted Radical Prostatectomy

Jens-Uwe Stolzenburg, MD, PhD,<sup>1</sup> Hasan A.R. Gazi, MD,<sup>1</sup> Signun Holze, PhD,<sup>1</sup> Meinhard Mende, PhD,<sup>2</sup> Martin Nicolaus,<sup>1</sup> Toni Franz,<sup>1</sup> Phuc Ho Thi,<sup>1</sup> Anja Dietel,<sup>1</sup> Evangelos Liatsikos, MD, PhD,<sup>3</sup> and Minh Do<sup>1</sup>

- 110 consecutive RARP with previous LRP experience

TABLE 3. PATHOLOGIC DATA

	LRP (n=100)	RALP (n=100)	P value
Gleason grade (%)			
≤6	35	33	
7	48	52	
>7	17	15	
Pathologic stage (%)			
pT <sub>2a</sub>	5	10	
pT <sub>2b</sub>	2	2	
pT <sub>2c</sub>	70	55	
pT <sub>3 (a,b)</sub>	20 (10,10)	33 (17,16)	
pT <sub>4</sub>	3	0	
Positive surgical margins (%)			
Overall	14	19	0.343
pT <sub>2</sub>	6.5% (5/77)	9.0% (6/67)	
pT <sub>3</sub>	30% (6/20)	39.4% (13/33)	
pT <sub>4</sub>	100% (3/3)		

LRP=laparoscopic radical prostatectomy; RALP=robot-assisted laparoscopic prostatectomy.

TABLE 4. POSTOPERATIVE DATA AND OUTCOMES

	LRP	RALP	P value
Early complications (within 1 month)			
Anastomotic leakage			
Catheter >7 days	2%	7%	
Catheter >14 days	1%	4%	
Symptomatic lymphocele	3.5% (2/58)	2% (1/50)	
Bleeding/hematoma	0%	1%	
Oncologic and functional outcomes at 3 months			
PSA <0.2ng/mL	93.6%	91.4	0.346
Continence (number of pads/day)			
0-1	56	65	0.062
2	19	21	
>2	25	14	
Potency			
Able to achieve intercourse	8.8 %	13.6%	0.58

LRP=laparoscopic radical prostatectomy; RALP=robot-assisted laparoscopic prostatectomy; PSA = prostate-specific antigen.

lack of a steep learning curve for experienced laparoscopic surgeons in performing RALP.

The first 10 RALP cases were performed under the supervision of an experienced mentor and were excluded ! !

Author	# cases	LC	Journal
Zorn K et al.	150	50 ?	J Endourol 2007
Artibani W et al.	41	short	Urol Int. 2008
Hashimoto T et al.	200	100	J Endourol 2013
Ou YC et al.	500	250	Asian J Androl 2014

EUROPEAN UROLOGY 65 (2014) 521–531

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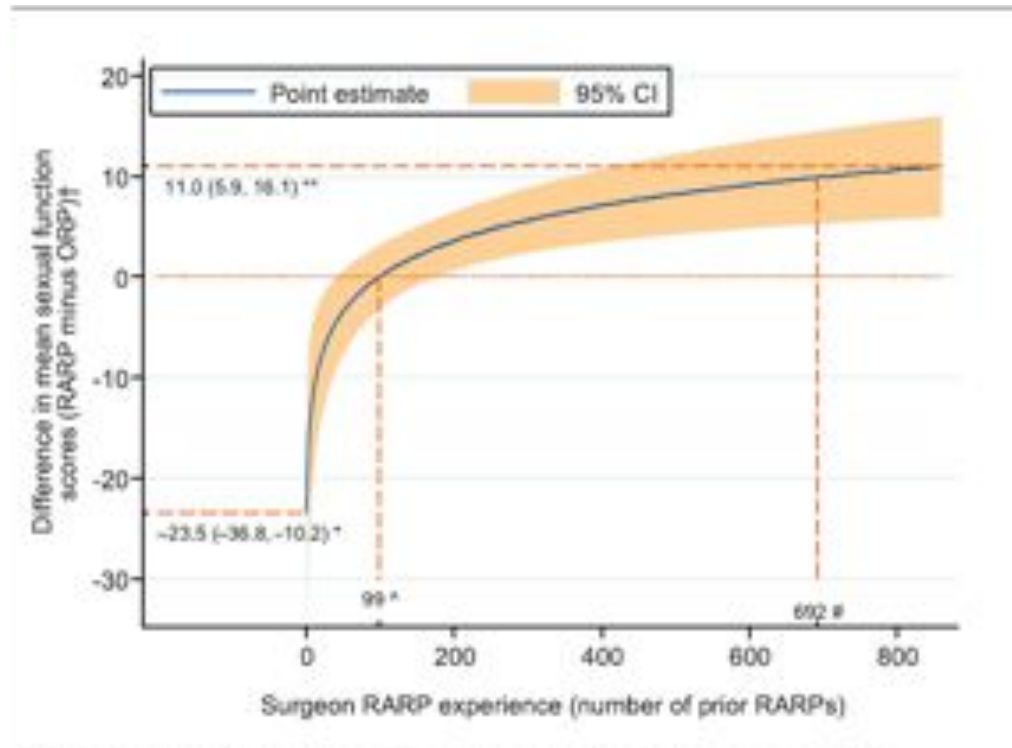
**Platinum Priority – Prostate Cancer**

*Editorial by Andrew J. Vickers on pp. 531–533 of this issue*

## **Superior Quality of Life and Improved Surgical Margins Are Achievable with Robotic Radical Prostatectomy After a Long Learning Curve: A Prospective Single-surgeon Study of 1552 Consecutive Cases**

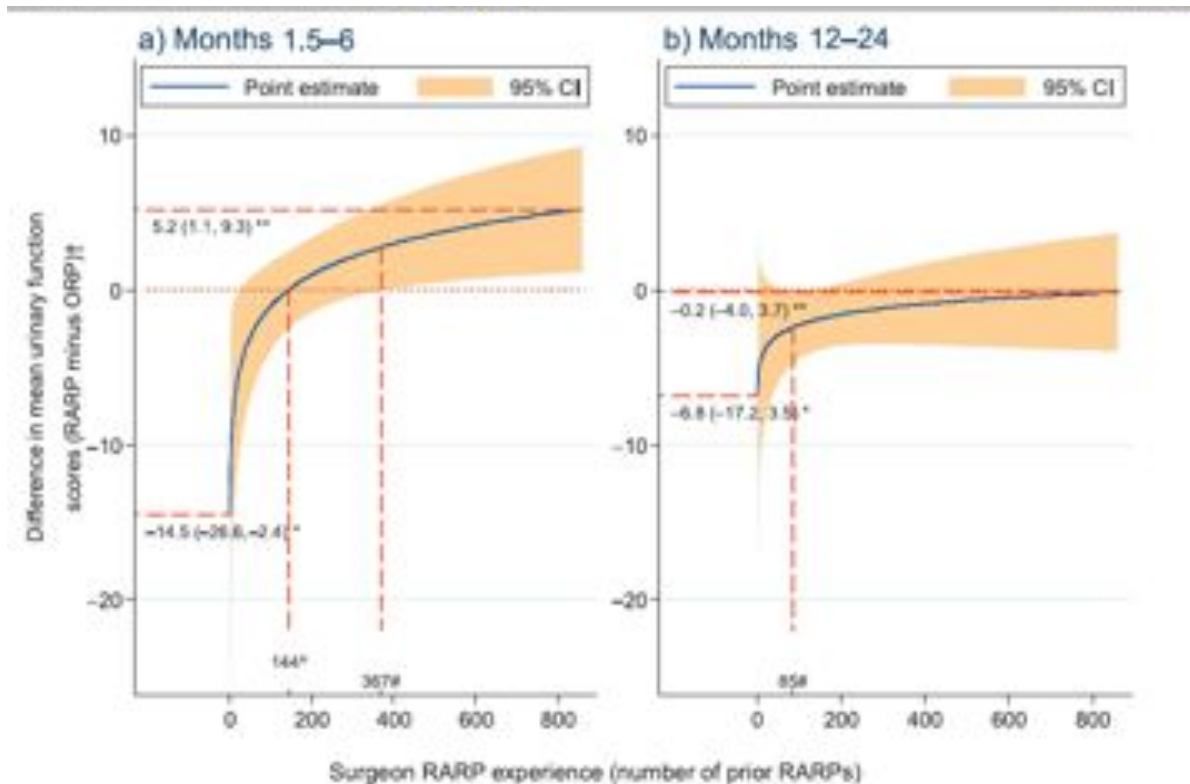
*James E. Thompson<sup>a,b,c,\*</sup>, Sam Egger<sup>d</sup>, Maret Böhm<sup>b</sup>, Anne-Maree Haynes<sup>b</sup>,  
Jayne Matthews<sup>a</sup>, Krishan Rasiah<sup>b</sup>, Phillip D. Stricker<sup>a,b,c</sup>*

- RARP (866) or ORP (686) by one surgeon with 3000 prior ORPs



RARP sexual function scores surpassed ORP scores after 99 RARPs and increased to a mean difference at 861st case of 11.0 points plateauing around 600–700 RARPs



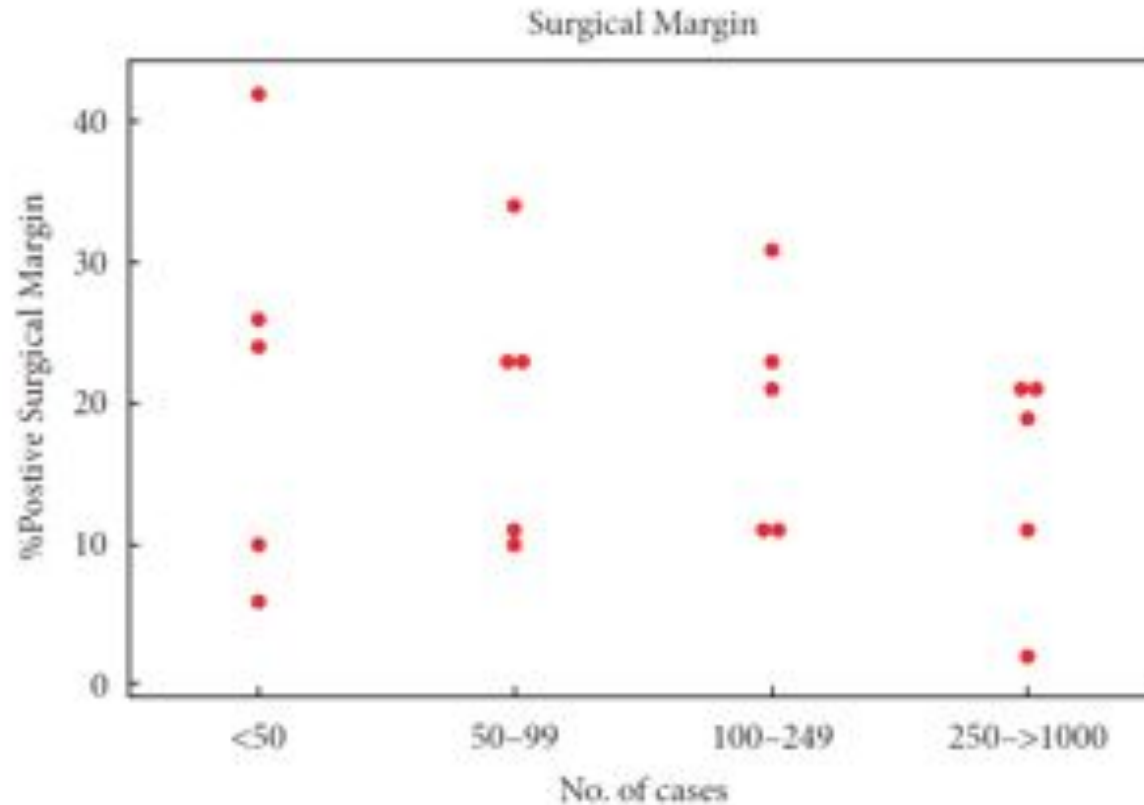


RARP had a long learning curve with inferior outcomes initially, and then showed progressively superior sexual, early urinary, and pT2 PSM outcomes and similar pT3 PSM and late urinary outcomes.

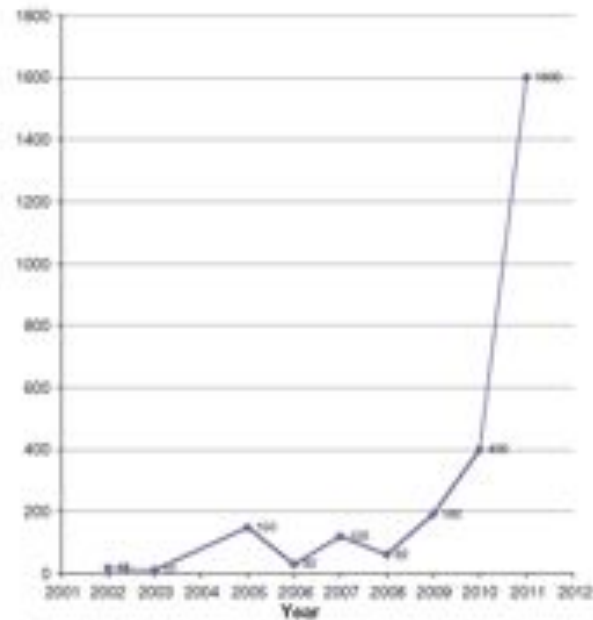
- A multi-institutional (3) review of 3794 RALP patients evaluating OT and PSM
  - Mean OT plateaued after 750 cases
  - The learning curve for PSM rates for all patients demonstrated improvements continued with increasing surgeon experience, with over 1600 cases required to get a PSM rate <10%.
  - When pT3 patients were evaluated, the learning curve started to plateau after 1000-1500 cases.
- RARP for high-risk disease should be avoided early in the learning curve but appears equivalent in experienced robotic surgeons...

Table 1 Learning curve studies on RALP

Study*	No. of participating surgeons	Previous experience	Outcome measures	Statistical analysis	Learning curve No. of cases outcome measure
Harrell and Smith 2005 [31]	1	<1000 cases	OTE, SRL, LCR, TR, continence, potency, PSM		200
Quillen et al. 2011 [32]	1	Laparoscopically naive	OTE, SRL, LCR, PSM, IC, potency		80-120
Y'Halley et al. 2006 [33]	2	Laparoscopically naive	OTE, YOUNG, PSM		80-120, 15 YOUNG, 200 PSM
Quemener et al. 2010 (A) [34]			OTE, SRL, TR, PSM, CR, C		80-120, 150 PSM
Isaackson et al. 2011 (A) [35]	1		OTE, PSM rate		700-1200 PSM
Dezaki et al. 2010 [32]	1		OTE, PSM, C, IC	One-sample t-test, jump test, regression, chi-squared with Yates correction, ANOVA	100-120, 140 PSM (pT2), 70 PSM (pT3), 200 IC
Tahirov et al. 2011 (A) [36]	1		OTE, PSM, C		100 PSM, 1200-1500 OT
Kim et al. 2010 (A) [37]			OTE, YOUNG, SRL, post-free continence rate, potency		<100, 1000-1200 PSM, post-free continence rate > 20% potency
Quemener et al. 2010 (A) [38]			OTE, SRL, PSM, YOUNG, early postoperative complications		80 PSM (pT2)
Quemener et al. 2011 (A) [39]	12		PSM	Logistic regression and weighted means	80 PSM
Sanchez-Artes et al. 2011 (A) [40]	1	<100-1200	PSM		100 PSM (pT2)
Long et al. 2010 (A) [41]	8	Laparoscopic surgeons	PSM		200
Chung et al. 2011 (A) [42]	8	Four robotic surgeons, four laparoscopic surgeons	PSM	Chi-squared test, multivariate analysis	Individual laparoscopic surgeons = robotic surgeons at 40 cases, laparoscopic surgeons group = robotic surgeons after 100 cases
Yin-Chuan Chen et al. 2011 [43]	1		OTE, continence, SRL, TR, PSM, acute positive rate, C	Mean, Wilcoxon U-test, Fisher's exact test, Yates correction	100
Sharma et al. 2011 [44]	2	Extensive open and laparoscopic experience	OTE, SRL, PSM, C, potency	Multivariable logistic regression, multivariable linear regression, chi-squared test	<100
Roberts C et al. 2010 (A) [45]			OTE, TR, CR, CR, PSM, IC, potency		200
Ueno et al. 2010 (A) [46]	1		OTE, SRL, LCR, TR, PSM, CR		<20



With increasing level of experience, the PSM rate decreases.



**Fig. 2** Published number of cases recommended to achieve competency for robotic-assisted radical prostatectomy, 2002 to 2011. References citing minimum number of cases per year [8, 35, 36, 37, 38, 39, 40, 41, 42]

*How Many Surgeries Makes a Surgeon an Expert?*



- Fellowship training likely shortens the learning curve
  - Safety and peri-operative outcomes during learning curve of robot-assisted laparoscopic prostatectomy: a multi-institutional study of fellowship-trained robotic surgeons versus experienced open radical prostatectomy surgeons incorporating robot-assisted laparoscopic prostatectomy.

Leroy T et al. J Endourol 2010 Oct;24(10):1665-9..
- Surgeons with open and laparoscopic experience have a learning curve of 250 and 100–300 cases, respectively.
  - The learning curve of laparoscopic versus robotic trained surgeons during implementation of a robotic prostatectomy program.

Chang A et al. J Endourol 2011; 25: A108–9
- Surgeons without lap or open experience require 40 cases to reach similar OTs and 200 cases to reach acceptable PSM rates.
  - The learning curve of robot-assisted radical prostatectomy.

Gumus E, et al. J Endourol 2011; 25: 1633–7

# RARC

- Learning curve metrics correlating with oncologic efficacy
  - lymph node (LN) yield
  - surgical soft tissue margins
- Several of the RARC series noted that the LN yield increased with progression of the learning curve.
  - *Is patient outcome compromised during the initial experience with robot-assisted radical cystectomy? Results of 164 consecutive cases.*  
Hayn MH et al. BJU Int. 2011 Sep;108(6):882-7.
- One series found that LN yield is surgeon-dependent (1<sup>st</sup> quintile LN yield equal to the 5th quintile for surgeon with robotic experience)
  - *Evaluating the learning curve for robot-assisted laparoscopic radical cystectomy.*  
Pruthi et al. J Endourol 2008;22:2469–2474

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*JSLs*

# The Learning Curve for Robot-Assisted Radical Cystectomy

Khurshid A. Guru, Adam E. Perlmutter, Zubair M. Butt, Pamela Piacente, Gregory E. Wilding,  
Wei Tan, Hyung L Kim, James L. Mohler

**Table 2.**  
Results by Cohort

	Cohort 1	Cohort 2	Cohort 3	Cohort 4
Total OR Time (Min)	375	321	321	352
Time for Cystectomy (Min)	187	176	165	165
Time for PLND (Min)	44	43	71	77
Estimated Blood Loss (cc)	536	591	573	695
Lymph Node Yield (Nodes)	14	21	26	23
Positive Surgical Margins	4	1	2	0
Length of Stay (Days)	9	10	11	11
Complications	9	10	10	9

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**Platinum Priority – Bladder Cancer**

*Editorial by Drs E. Snider and Laurence Collette on pp. 201–204 of this issue*

## **The Learning Curve of Robot-Assisted Radical Cystectomy: Results from the International Robotic Cystectomy Consortium**

Matthew H. Hayn<sup>a</sup>, Abid Hussain<sup>a</sup>, Ahmed M. Mansour<sup>a</sup>, Paul E. Andrews<sup>b</sup>, Paul Carpentier<sup>b</sup>, Erik Castle<sup>b</sup>, Prokar Dasgupta<sup>a</sup>, Peter Rinninger<sup>a</sup>, Raja Thomas<sup>c</sup>, Shamim Khan<sup>d</sup>, Adam Kibel<sup>e</sup>, Myung Kim<sup>a</sup>, Murugesan Manoharan<sup>f</sup>, Mani Menon<sup>g</sup>, Alex Mottrie<sup>h</sup>, David Ornstein<sup>i</sup>, James Peabody<sup>a</sup>, Raj Pruthi<sup>j</sup>, Juan Pablo Redorta<sup>b</sup>, Lee Richstone<sup>k</sup>, Francis Schanne<sup>lm</sup>, Hans Stricker<sup>n</sup>, Peter Wilchand<sup>o</sup>, Rameela Chandrasekhar<sup>a</sup>, Greg E. Wilding<sup>a</sup>, Khurshid A. Curi<sup>a,\*</sup>

Attempt to determine learning curve by predetermined cutoff points for various operative and pathologic parameters



**Table 3 - Clinical and pathologic features stratified by cumulative surgeon volume**

Variable*	Surgeon RARC volume (cases)			p value
	<30	30-50	>50	
Overall OP time, min	454 (106)	392 (128)	339 (107)	<0.0001
EBL, ml	477 (476)	283 (193)	451 (419)	<0.0001
LNy, No.	13 (9)	18 (10)	20 (9)	<0.0001
LOS, d	11 (9)	11 (8)	11 (8)	0.4880
Positive margins, No. (%)	12 (9)	10 (7)	12 (6)	0.6054
Intraoperative transfusion, No. (%)	21 (19)	27 (21)	26 (13)	0.1013
Pathologic stage higher than T2, No. (%)	57 (40)	50 (34)	67 (33)	0.2923

SD = standard deviation; OP = operative; EBL = estimated blood loss; LNy = lymph node yield; LOS = length of stay.  
\* Continuous variables are specified as mean (standard deviation); categorical variables are specified as frequency (percentage).

“ by the 30<sup>th</sup> case, the individual surgeon had reached an acceptable level of proficiency ”

# RAPN

Table 4 Learning curve studies for upper urinary tract procedures.

Author	Procedure *	No. of participants	Previous experience	Outcome measures	Statistical analysis	Learning curve No. of cases; outcome measure
Lavery et al. 2011 [37]	RALPN	1	>100 RALPNs and 15 robot-assisted pyeloplasty's	OT, WIT	Chi-squared and Student's t-test	5 to convert from laparoscopic to robotic approach
Piccinato et al. 2011 [38]	RALPN	1	Robot-naïve	OT, WIT, EBL	t-test, chi-squared test, ANOVA	25 to convert from laparoscopic to robotic approach
Pinnegar et al. 2010 (A) [39]	RALPN	1		OT, WIT, LOS, C, EBL		Significant difference in WIT, LOS and C in 1st 75 vs last 75 cases
Isaacs et al. 2011 (A) [40]	RALPN	1		WIT		>75, no plateau
Tulek et al. 2011 (A) [41]	RALPN	1	Extensive previous robotic surgery experience	OT, WIT, EBL		32
Oh et al. 2011 (A) [42]	RALPN	1		OT, WIT, LOS, C	Linear regression analysis, multivariate analysis	28: WIT and C, 50: OT

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## **Transition From Laparoscopic to Robotic Partial Nephrectomy: the Learning Curve for an Experienced Laparoscopic Surgeon**

Hugh J. Lavery, MD, Alexander C. Small, David B. Samadi, MD, Michael A. Palese, MD

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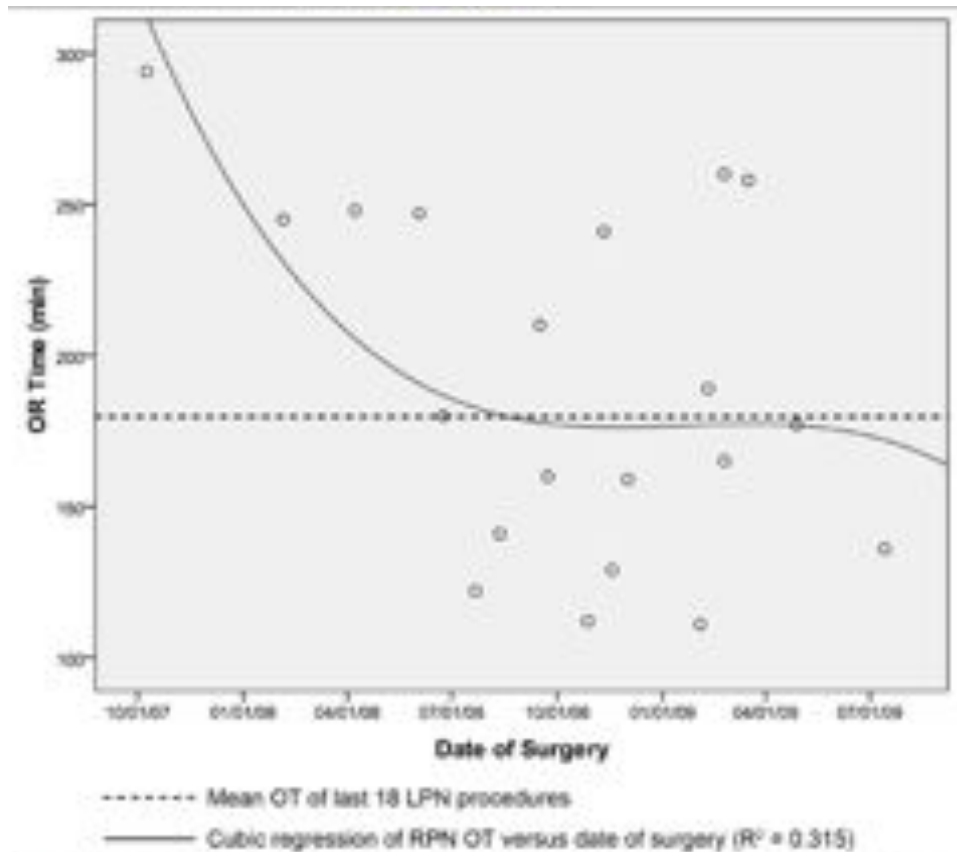
LC was defined as number of cases required to perform RPN with equal or shorter average OT and WIT than the average of the last 18 LPN.

**Table 2.**  
Operative and Postoperative Data

	LPN	RPN	P
N	18	20	
Operative Time (minutes) (range)	179.7 (132–225)	189.2 (113–290)	.54
Warm Ischemia Time (minutes) (range)	24.7 (18–34)	22.7 (12–40)	.32
Estimated Blood Loss (mL) (range)	139.7 (25–380)	95.3 (20–350)	.07
Hospital Stay (days) (range)	2.9 (1–5)	2.6 (1–5)	.25
Postoperative Creatinine (mg/dL) (range)	1.2 (0.8–1.8)	1.0 (0.1–1.4)	.06
Postoperative Hemoglobin (g/dL) (range)	13.2 (10.5–15.5)	12.3 (9.5–14.7)	.45
Postoperative GFR (mL/min/1.75 m <sup>2</sup> ) (range)	72.3 (31.6–108.5)	68.5 (5.3–106.7)	.60
Intraoperative Complications	0	0	
Postoperative Complications	2 (11%)	3 (15%)	1.00
Respiratory	1	1	
Vascular	1	2	
Transfusions	1	0	.47

<sup>a</sup>LPN=laparoscopic partial nephrectomy; RPN=robotic partial nephrectomy.

<sup>b</sup>GFR (glomerular filtration rate) calculated using the Modification of Diet in Renal Disease (MDRD) formula.



for experienced laparoscopic surgeon short (5 cases) !

- **Robot-assisted partial nephrectomy: evaluation of learning curve for an experienced renal surgeon.**

Haseebuddin M et al. J Endourol 2010 Jan;24(1):57-61.

- 38 consecutive patients undergoing RAPN by a single surgeon
- WIT and overall operative times were recorded as indices of learning progression.
- Defined by the overall operative time, the LC for RAPN was 16 cases, and by ischemic time, the LC was 26 cases.
- Tumor size did not have an effect on the learning curve.



- **Learning Curves for Robotic-Assisted and Laparoscopic Partial Nephrectomy.**

Hanzly M et al. J Endourol. 2014 Aug 11.

- 116 LPN versus 116 RAPN
- Similar intra-operative and post-operative complications
- Shorter OR time and WIT in RAPN group
- LC for warm ischemia time is shorter for RAPN.

EUROPEAN UROLOGY 58 (2010) 127–133

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#### Kidney Cancer

## Impact of the Learning Curve on Perioperative Outcomes in Patients Who Underwent Robotic Partial Nephrectomy for Parenchymal Renal Tumours

Alexandre Mottrie<sup>a,b,\*</sup>, Geert De Naeyer<sup>a</sup>, Peter Schatteman<sup>a</sup>, Paul Carpentier<sup>a</sup>,  
Mattia Sangalli<sup>a</sup>, Vincenzo Ficarra<sup>a</sup>

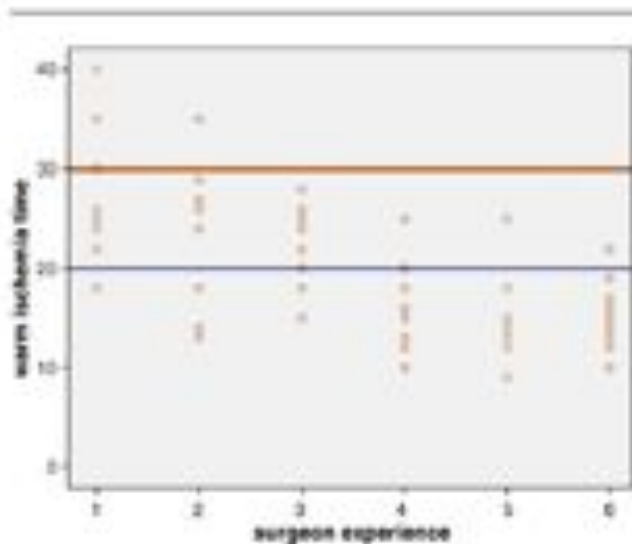


Fig. 1 - Warm ischemia time according to surgeon experience. The red line indicates the 30-min limit. The blue line indicates the 20-min limit. Group 1, cases 1-10; group 2, cases 11-20; group 3, cases 21-30; group 4, cases 31-40; group 5, cases 41-50; group 6, cases 51-62 ( $p < 0.001$ ).

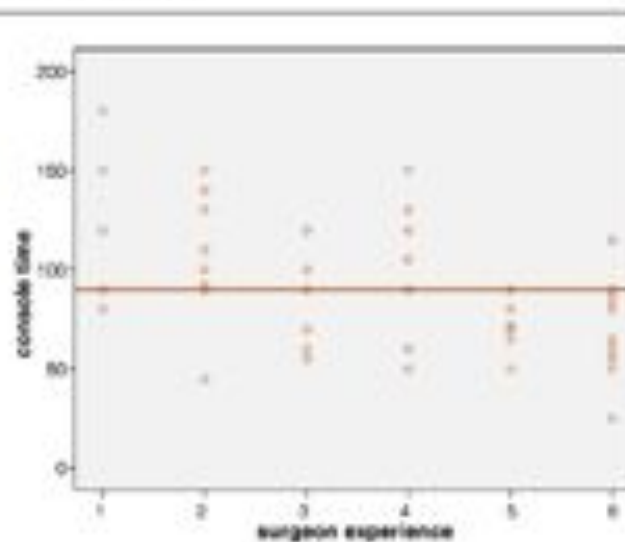


Fig. 2 - Console time according to surgeon experience. The red line indicates the median value. Group 1, cases 1-10; group 2, cases 11-20; group 3, cases 21-30; group 4, cases 31-40; group 5, cases 41-50; group 6, cases 51-62 ( $p < 0.001$ ).

**Table 3 – Correlation of surgeon experience with console time, warm ischaemia time, blood loss, pelvicical repair, and overall complication rates**

Surgeon experience, cases	WIT, min	Console time, min	Blood loss, ml	Pelvicical repair, %	Overall complications, no (%)
1-10	28 ± 6.8	125 ± 35	180 ± 266	18.2	1 (10)
11-20	24.2 ± 7	103.7 ± 30.4	100 ± 129	24.2	3 (30)
21-30	21.8 ± 3.9	82.5 ± 25	164 ± 200	15.2	2 (20)
31-40	16.4 ± 5.5	98.3 ± 32	116 ± 89	21.2	0
41-50	15.5 ± 4.4	70.2 ± 14.8	119 ± 137	3	3 (30)
>50	15.8 ± 3.7	67.3 ± 25.5	103 ± 90	18.2	1 (8.3)
All cases	20 ± 7	91 ± 33	140 ± 171	33.2	10 (16.1)
p value	<0.001	<0.001	0.86	0.03	0.33

WIT = warm ischaemia time.

LC of about 30 cases for WIT and OT

# Conclusion

- LC estimates for RARP, RAPN and RARC all draw on Level 4 evidence and variable definitions of competence.
- RAPN LC :about 15 to 30 cases to achieve minimum competency
  - operative time
  - WIT
  - perioperative complications
- RARC LC (based on the IRCC): about 30 cases considering
  - LN yield of 20
  - positive surgical margin prevalence < 5 %
  - operative time < 6.5 h
- RARP LC: more data available with trend towards long learning curve of 1000 procedures, especially for high risk PCa.

# Recommendations

- Make any effort to shorten LC
  - Fellowships, courses, dry and wetlab training, simulators
  - ERUS *robotic structured training Program*
  - European robotic Master
  - ....
- Initiate your programs with
  - mentors/ proctor to avoid “sacrificing” the first patients.
  - Careful patient selection
- Urologic community/ ERUS should invest more in defining and evaluating LC for robotic procedures.