Implementing NANDA Nursing Diagnoses in a Urology Unit

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Introduction:
- A nursing diagnosis is a clinical judgment about an individual, a family, or a community response to an actual or potential health problem (North American Nursing Association, NANDA).
- Nursing diagnoses provide the basis for selection of nursing interventions.
- They describe clinical nursing practice in a uniform and structured manner.

Starting position:
- Decision to launch electronic patient recording.
- The head office of nursing decided to use NANDA diagnoses and developed an overall concept to implement nursing diagnoses hospital wide.

Method:
- Clinical nurse specialists: Lead the project.
- Multipliers: (appointed ward nurses) oversee and support this process on the wards.

1. Education of multipliers in applying NANDA diagnoses.
2. Development of specific NANDA diagnoses profile for urological setting.
3. Revision of nursing documentation.
4. Education of urology nurses.
5. Discussion and reflection at nurse round table.
6. Regular evaluation of NANDA diagnoses appliance.

Results:
- Group of 8 very motivated multipliers.
- Nursing diagnoses profile with 31 diagnoses for urological setting.
- Useful pocket booklet with specific profile for every nurse.
- Adapted nursing documentation.
- All 51 nurses are educated.

Evaluation of 15 nursing documentations
- Nurses define nursing diagnoses in history. (Figure 1)
- All assessed diagnoses in history are transferred to nursing plan. (Figure 1)
- Majority of nursing diagnoses assessed in nursing plan are composed in the requested manner. (Figure 2)
- Almost all nursing diagnoses are evaluated. (Figure 3)

Conclusions:
- Proven value of the concept of development and implementation.
- Booklet of NANDA nursing diagnoses profile for urological setting is very suitable and helpful.
- Proven value of adapted nursing documentation.
- Nurse round table is helpful for the implementation process regarding nursing diagnoses and discussion of patient problems.
- Nurses are well trained and familiar in applying NANDA nursing diagnoses.