

Guideline for bladder instillation – Training Document

The aim of this document is to complement the EAUN Evidence-based Guidelines for Best Practice in Health Care in “Intravesical instillation with mitomycin C or bacillus Calmette-Guérin in non-muscle invasive bladder cancer”.

These pages can be downloaded to ensure that the practitioner has written evidence of assessment and competence in the various aspects of intravesical therapy.

The documentation should be kept in a safe place in case it should be required in the future.

Using the performance levels below, the practitioner should achieve at least Level 3 on 20 patients before undertaking the procedure independently.

Performance Levels Results	
Level 0	Cannot perform this activity in the clinical environment but knows the key principles involved.
Level 1	Can perform this activity with constant supervision and some assistance.
Level 2	Can perform this activity with some supervision and assistance.
Level 3	Can perform this activity satisfactorily without supervision or assistance at an acceptable speed.
Level 4	Can perform this activity satisfactorily with more than acceptable speed and quality of work.
Level 5	Can perform this activity satisfactorily with more than acceptable speed and quality of work and with initiative and adaptability to special problem situations.

Performance criteria

Competency	Competence level	Assessor's signature	Learner's signature
Describe anatomy of the lower urinary tract			
Outline physiology of the lower urinary tract			
Undertake urethral catheterisation			
Describe bladder cancer treatment pathway			
Describe indications for intravesical therapy			
Ability to counsel patients regarding intravesical therapy (prior to instillation)			
Ability to counsel patients regarding intravesical therapy (during instillation)			
Ability to counsel patients regarding intravesical therapy (post-instillation)			
Determine appropriateness of referral for treatment			
Demonstrate understanding of how the drugs work			
Demonstrate understanding of the drug hazards			
Demonstrate understanding of the management of spillages			
Demonstrate understanding of the management of waste			
Describes personal protective equipment required			
Explain side effects and their management			
Describe the dose/schedule of administration			
Ensure pre-procedure patient preparation is met (e.g., urinalysis)			
Apply infection control procedures			
Position patient correctly			
Protect privacy and dignity			

Maintain communication with patient			
Mix the drug correctly with all the required equipment			
Assess patient's needs following the procedure			
Ensure patient is aware how to deal with any complications after discharge			
Assess patient's fitness for discharge			
Discard all used equipment appropriately			
Record details of the procedure in patient record			
Recognise when help is needed			
Aware of keeping up to date with procedure			

Assessor's signature:	
Assessor's name:	Designation:
Assessor's signature:	
Assessor's name:	Designation:
Assessor's signature:	
Assessor's name:	Designation:

Declaration of competency to administer intravesical therapy

I confirm that I have assessed(name)
to be competent at Level .. at administering intravesical therapy
independently.

I am competent at undertaking this procedure independently.

I expect the named practitioner to maintain their knowledge and skills in this
procedure or to undertake a period of re-training and competency assessment
if this should lapse.

Assessor's name:

Assessor's signature:

Designation: Date:

I confirm that I have the necessary knowledge and skills to undertake this
procedure independently.

I have been assessed as competent practitioner.

I will maintain my knowledge and skills in this area and if they lapse I will
seek a period of re-training and assessment.

Learner's name:

Learner's signature:

Designation: Date:

