

AIM

To examine the value of a voiding diary and pad test after radical prostatectomy in terms of improving pre- and postoperative information regarding urinary incontinence.

Method for diagnosing incontinence after radical prostatectomy.

Does our information correspond to real life?

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MATERIAL AND METHODS

All patients operated in 2007 were offered to participate in the study. After inclusion they filled in a voiding diary and pad test 3, 6 and 12 months postoperatively. Instructions, diaries, measuring jugs and a digital scale for weighing diapers were provided. Furthermore they were asked to fill in a botherscore (on a scale from 1-10) concerning urinary incontinence.

Diagnosing Incontinence after Radical Prostatectomy 3 months

Name/Social Security Number _____

Date _____

Diagnosing Incontinence after Radical Prostatectomy 6 months

Name/Social Security Number _____

Date _____

Diagnosing Incontinence after Radical Prostatectomy 12 months

Name/Social Security Number _____

Date _____

To what extent is your daily life affected by your urinary incontinence?

Please mark a number on the botherscore (0 (not at all) to 10 (considerably))

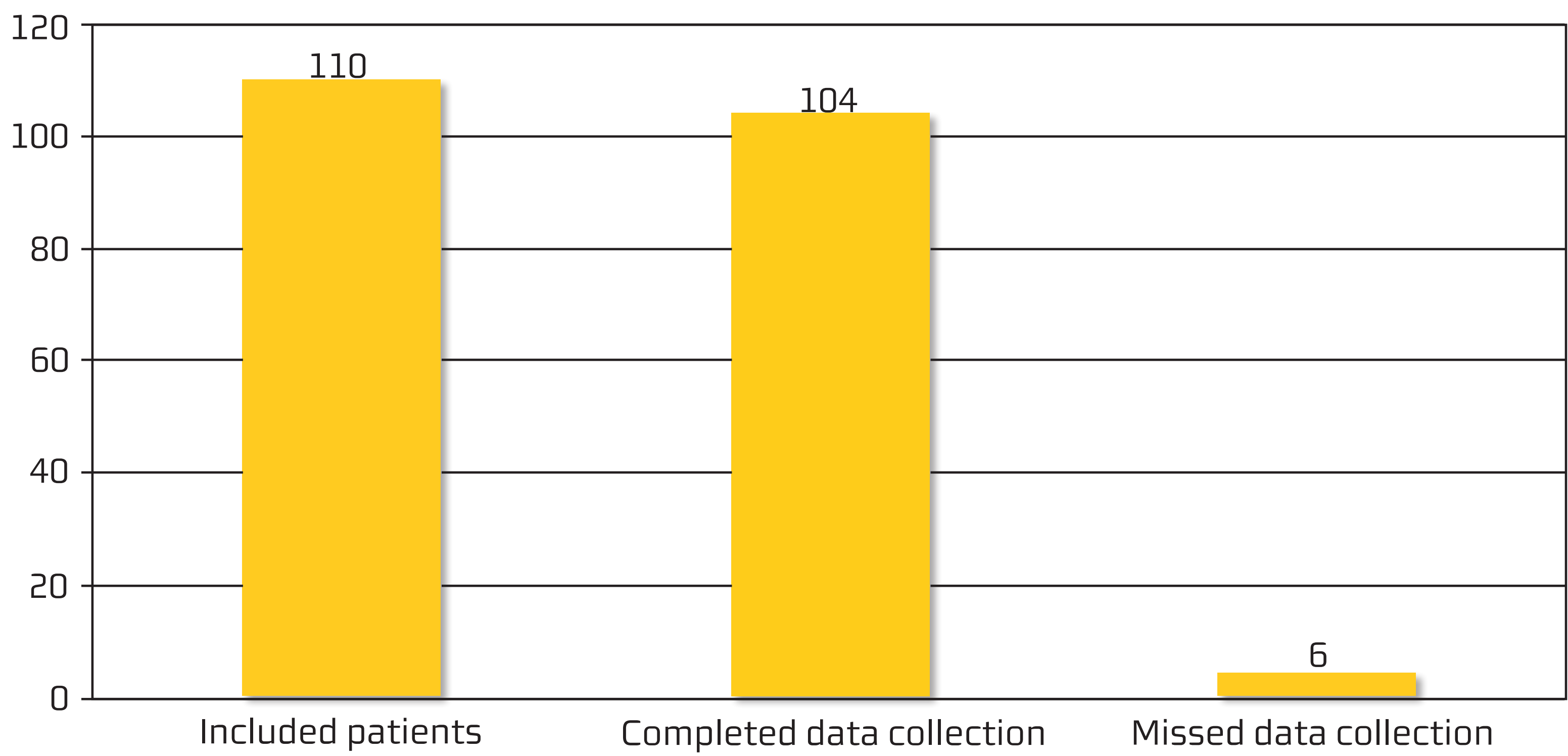
0 1 2 3 4 5 6 7 8 9 10

Not at all Considerably

Have you consumed any alcohol today? _____

If yes, how many units? _____

Number of leakages _____ Incontinence in total _____ gram



CONCLUSIONS

- Patients are willing to participate in demanding studies.
- Patients compliance is high.
- Quantification of postoperative urinary incontinence may improve the patient guidance and further treatment.
- Correlation between preoperative life style parameters and urinary incontinence may enlighten the opportunity to be able to correctly inform the patients about risk factors other than surgical trauma.