

#### Join our search for Nursing Solutions in Difficult Cases

If you are among those who encounter atypical cases in daily practice and have found your own solutions, we would like to invite you to take a few photos and write a standard protocol. You can download a form with a list of standard questions. The form should include a description of the problem, the nursing intervention provided, the material you have chosen to help the patient and the final results. **Please note:** Difficult Cases that have not been (completely) solved may also be submitted!

#### Share your expertise

Together with the EAUN you will share and pass on this knowledge to other nurses. The cases will be evaluated by an international expert jury. The 10 most interesting cases are presented by the authors and discussed with the audience in a special session at the 15th International EAUN Meeting in Stockholm. The EAUN will place the material on their website as a unique opportunity to learn from each other. All submissions that meet the criteria will be published on the EAUN website and in *European Urology Today*.

#### Some of the Submission Criteria and Rules

- The authors and presenter of this Difficult Case must be registered nurses
- The topic selected must be of relevance to urology nursing interventions in Difficult Cases
- The case is illustrated with photos of the problem and the solution (if any), preferably 2-5 photos
- The solution described in this Difficult Case is your own solution and a nursing intervention
- The case is presented in a completed submission form accompanied by a written patient consent
- When invited to present the Difficult Case in Stockholm you will present the case using the EAUN Difficult Cases slides

All criteria can be found at the Stockholm website:  
[www.eaustockholm2014.org/15th-eaun-meeting](http://www.eaustockholm2014.org/15th-eaun-meeting)

#### How to apply

- Please check the special page on Difficult Case submission at the congress website for full details.
- For more information you can contact the EAUN Office at [eaun@uroweb.org](mailto:eaun@uroweb.org)

**Submission deadline: 1 December 2013**

**Join our search for the best nursing solutions! We are looking forward to your contributions!**



# Call for Cases

## Nursing Solutions in Difficult Cases

The 10 best cases will be granted a free registration for the 15th International EAUN Meeting in Stockholm, 12-14 April 2014

#### Nursing research may bring the most amazing results

With the EAUN's commitment to support innovative work, we invite you to submit a research project proposal for the EAUN Nursing Research Competition.

During the 15th International EAUN Meeting in Stockholm (12-14 April 2014), all projects of the nominees will be discussed in a scientific session, enabling all participants to learn through feedback and discussions. A winner, chosen from the six final nominees selected by a jury, will receive € 2,500 to (partly) fund the research project.

#### Eligible participants have to comply with the following:

- Only registered nurses can submit a research project
- The project has not started at the time of submission
- The research and the presentation have to be done by a nurse
- The topic selected must be of relevance to urologic nursing
- The results of the prize-winning research project will be published in *European Urology Today* and on the EAUN website and the winner is invited to submit an abstract for the next International EAUN Meeting.

#### Consider the following guidelines before you start writing your research protocol:

- Is your research question clear and why does it matter?
- How will you address this question? (i.e. what methods will you use?)
- How important is this activity to urologic nursing?
- Are your research methods appropriate?

All criteria can be found at the Stockholm congress website (from 1 May 2013):  
[www.eaustockholm2014.org/15th-eaun-meeting](http://www.eaustockholm2014.org/15th-eaun-meeting)

#### How to apply

- Please check the congress website [www.eaustockholm2014.org](http://www.eaustockholm2014.org) for full details.
- For more information you can contact the EAUN Office at [eaun@uroweb.org](mailto:eaun@uroweb.org)

**Submission deadline: 1 December 2013**

We hope that you will not miss this opportunity. Remember, nursing research small or large can still change the urological world!



# Call for Research Projects

## EAUN Nursing Research Competition

€ 2,500 grant to be awarded at the 15th International EAUN Meeting in Stockholm, 12-14 April 2014

## Call for Papers

### The International Journal of Urological Nursing - The Official Journal of the BAUN

The International Journal of Urological Nursing is clinically focused and evidence-based and welcomes contributions in the following clinical and nonclinical areas: • General urology • Clinical audit • Continence care • Clinical governance • Oncology • Nurse-led services • Andrology • Reflective analysis • Stoma care • Education • Paediatric urology • Management • Men's health • Research

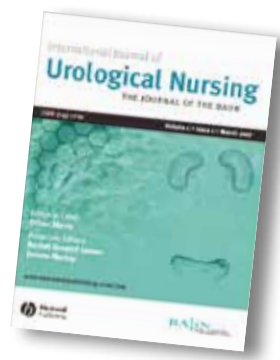
There are many benefits to publishing in IJUN, including:

- Broad readership of papers—all published papers will be available in print and online to institutional subscribers and all members of the British Association of Urological Nurses
- Fast and convenient online submission—articles can be submitted online at <http://mc.manuscriptcentral.com/ijun>

- Fast turnaround—papers will be reviewed and published quickly and efficiently by the editorial team
- Quality feedback from Reviewers and Editors—double-blind peer review process with detailed feedback
- Citation tracking—authors can request an alert whenever their article is cited
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For further information and a free sample copy go to:

[www.wileyonlinelibrary.com/journal/ijun](http://www.wileyonlinelibrary.com/journal/ijun)



## Apply for your EAUN membership online!

Would you like to receive all the benefits of EAUN membership, but have no time for tedious paperwork?

Becoming a member is now fast and easy!

Go to [www.eaun.uroweb.org](http://www.eaun.uroweb.org) and click EAUN membership to apply online. It will only take you a couple of minutes to submit your application, the rest - is for you to enjoy!



European Association of Urology Nurses

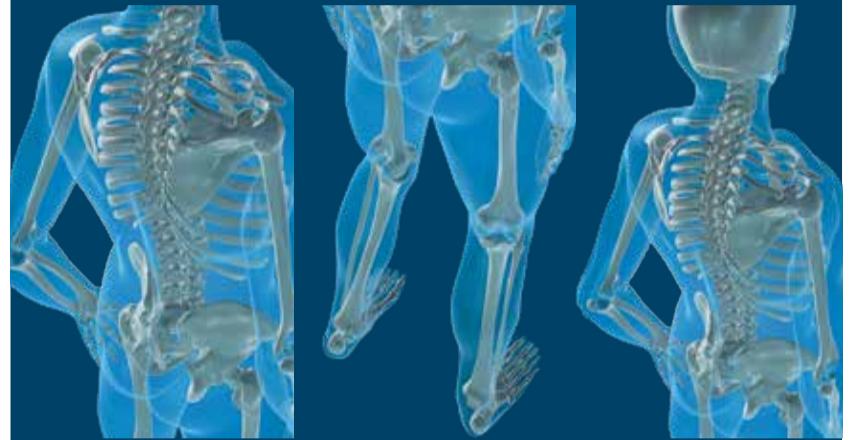
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European Association of Urology Nurses

## EAU Best Papers published in Urological Literature Awards

To be awarded at the 29th Annual EAU Congress in Stockholm, 11-15 April 2014

Apply now!

The two EAU Prizes for Best Paper published in Urological Literature are tools through which the EAU encourages young and promising urological scientists to continue their work and to communicate their achievements to the European urological community.

Two awards of € 5,000 each will be made available for the two Best Papers published in Urological Literature on Clinical and Fundamental Research. These papers have to be published or accepted for publication between 1 July 2012 and 30 June 2013.

The awards will be handed out at the 29th Annual EAU Congress in Stockholm, 11-15 April 2014.

#### Rules and Eligibility

- Eligible to apply for the EAU Best Paper published in Urological Literature are urologists, urologists-in-training or urology-related scientists. All applicants have to be a member of the EAU.
- The submitting author must be either the first or the corresponding senior last author.
- Each author is allowed to submit no more than one paper.
- The paper must be written in the English language (or translated into the English language).
- The subject of the paper must be urological or urology related.
- The deadline for submission is 15 November 2013.

#### How to apply

- Please send your paper by e-mail to [m.smink@uroweb.org](mailto:m.smink@uroweb.org), indicating clearly the category in the subject line: "EAU Best Paper on Clinical Research" or "EAU Best Paper on Fundamental Research".
- Include a copy of your curriculum vitae.
- Supply a list of all authors who have significantly contributed (if relevant).
- Indicate clearly for which category the paper is intended (clinical or fundamental research).
- Mention any financial support by companies, government or health organisations.
- A publisher's letter of acceptance has to be submitted along with your paper.

A review committee consisting of members of the EAU Scientific Congress Office will review all submitted papers and select the winner of the two EAU awards for Best Paper published in Urological Literature.

EAU European Association of Urology

# Prostate Cancer World Congress inspires to launch new initiatives

Meeting featured evidence-based science with a strong nursing and allied health programme



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As I write this column I am feeling both tired and invigorated after attending the final day of the four day Prostate Cancer World Congress in Melbourne, Australia, 6-10 August. The meeting has been an outstanding success with over 1000 delegates from over 30 countries attending this evidence-based multidisciplinary meeting.

This is the first conference that I have attended where the clinical urology programme, focussed on advances in prostate cancer care from the biomedical and translational science model, ran alongside such a strong nursing and allied health programme. Speakers and delegates in this stream represented not only nursing but also continence, physiotherapy, psycho-oncology, sex therapy and exercise physiology.

This cross pollination of specialties created a fertile environment for learning as well as fantastic networking opportunities. As I listened and wrote session notes, I also began to assemble a list of 'initiatives' to action on my return to work, with the aim of further improving the quality care we already offer our patients and their partners and families. With the calibre of the programme I feel sure that all conference attendees will have departed with their own 'to do' list. Let me share some of my 'action points' with you.

## Re-examine

To re-examine the way we offer pelvic floor muscle training to men undergoing radical prostatectomy in our publicly funded hospital. We already offer 'one on one' urology nurse led training backed up with written resources. We have accepted that we have very limited access to specialist pelvic floor physiotherapists due to resource constraints. The evidence shows that pre-operative and postoperative pelvic floor muscle exercises improves continence outcomes. Maybe we have been too 'accepting'.

I believe it is time to revisit those conversations with our physiotherapy colleagues at the hospital and see if we can get more creative. There are also new electronic educational tools with wonderful 3D visual effects that seem very likely to improve patients understanding of engaging with their pelvic floor. We must look for the best product and utilise these in our education programmes.

*"This cross pollination of specialties created a fertile environment for learning as well as fantastic networking opportunities."*

## Launch new project

To progress the project of creating detailed written information on active surveillance for prostate cancer as it is offered at our DHB. Evidence was presented on the importance of the provision of quality information to men to reduce anxiety and improve understanding and compliance. The nurses in our department have been cognisant of this need for a while, the evidence from the conference has moved this initiative from the 'nice to do' to the 'must do' list. The international concern about widespread PSA screening resulting in over diagnosis and treatment of potentially indolent disease is spurring a move to relax the inclusion / exclusion criteria of the various established active surveillance protocols.

Examination of current evidence looking at medium - long term outcomes of active surveillance protocols, plus the emergence of evidence around the potential role of dynamic MRI and biomarkers in the selection of active surveillance candidates (such as the prostate health index- PHI) mean active surveillance protocols will likely continuously evolve. Our information packages will have to be geared to respond to these changes as they occur.

## Investigate

Explore whether there are exercise physiologists in New Zealand. If so, we need to investigate how our patients can access them and at what cost. Exercise physiologists are university degree professionals, with a strong research team leading studies related to health and exercise. This group were prolific in their poster and oral presentations at this meeting, their studies contributing to the body of knowledge confirming the importance of aerobic and weight resistance exercise for all men with prostate cancer, but specifically those being treated with androgen deprivation therapies.

One paper presented the safety of such exercise programmes for men with bony metastatic disease, with the exercise regimes designed for individuals following a full risk assessment by an exercise physiologist. Another paper presented the critical importance of adding a small amount of high impact exercise to a weight resistance programme to reduce loss of muscle mass and bone strength in men on ADT. High impact exercise includes activities like jump-rope and performing a set of jumps from a low height, landing with two feet together. Not difficult to recommend and to implement, but do we?

## Other considerations

My action points do not end there. I also need to discuss with colleagues the possibility of introducing transperineal prostate biopsy at our hospital. In the light of increasing transrectal ultrasound-guided prostate biopsy sepsis and the increased need for repeat biopsies and saturation biopsies as part of active surveillance programmes, this method of

biopsy is becoming increasingly utilised overseas. We also need to update our resource list on free and user pay services for cultural, sexual and psychological support services for men diagnosed with prostate cancer. We do not offer this level of holistic care as well as many of the metropolitan centres in Australia due to differing funding streams. We need to continue to explore creative ways of offering services within our constraints.

The Prostate Cancer World Congress organisers deserve to celebrate and bask in the success of this meeting over the coming weeks. I can only hope they find it in themselves to start all over as they look towards new and inspiring content for the 2014 Australasian Prostate Cancer Conference- for those of you who work with men diagnosed with prostate cancer, and for whom the option of attending a Melbourne meeting is not out of the realms of possibility, please give serious consideration to attending next year. I am sure you will not be disappointed.

## EAUN around the world

The EAUN Board have been involved in or attended the following activities throughout the world recently:

October 2013 SUNA Meeting, Chicago, USA  
November 2013 BAUN Meeting, Harrogate, UK  
November 2013 Meeting of the Swiss Stomatherapist Society, Switzerland

Is your National Society organising a meeting and would you like the EAUN to be present? Contact our chair at k.fitzpatrick@eaun.org

European Association of Urology Nurses

## 15th International Meeting of the European Association of Urology Nurses (EAUN)

in conjunction with the 29th Annual EAU Congress

12-14 April 2014, Stockholm, Sweden

For more information please check [www.eaustockholm2014.org](http://www.eaustockholm2014.org) or contact Congress Consultants at [info@congressconsultants.com](mailto:info@congressconsultants.com)

[www.eaustockholm2014.org](http://www.eaustockholm2014.org)

### Preliminary Programme

#### Saturday, 12 April 2014

09.00	EAUN Opening	13.45
09.15	Lecture	14.15
	Presentation of the EAUN Guidelines for writing guidelines	16.00
09.15	International panel discussion	17.00
	How is urology nursing evolving in European perspective	
09.45	State-of-the-art lecture	
	The Prostate Cancer Education Project (PrEP)	09.00
10.30	Workshop	09.00
	Nursing in robotics	
10.30	Debate	
	Bladder dysfunction: From assessment to treatment	10.00
11.15	Research Competition	11.00
11.30	Workshop	
	Testicular cancer: Hitting below the belt	10.00
12.30	Workshop	11.00
	Painful bladder syndrome	
12.45	Lecture	11.30
	Renal cell carcinoma - an update on the SURTIME study of the EORTC	12.00
13.30	EAU-ESU Course - 1	12.00
	Hydronephrosis	12.30

#### Sunday, 13 April 2014

09.00	Poster viewing	15.00
	Poster abstract session	
	Workshop	15.45
	Penile cancer	
	Sponsored session	16.15
	EAUN Get-together	17.30
09.00	Workshop	
	From scientific evidence to real clinical situations	
	Workshop	09.00
	Update on bladder cancer management	
	State-of-the-art lecture	10.00
	Men's health in the European union, for better or for worse?	10.00
	Video abstract session	11.00
	Lecture	
	Involving mindfulness and reflection in urological care	11.30
	Poster viewing	12.00
	Poster abstract session	12.00
	Lecture	
	Patient perspective: Enrolled in a research project	12.30
	Workshop	
	Urological cancer as a chronic disease - early palliative care	13.45
	Sponsored sessions	

#### Monday, 14 April 2014

09.00	State-of-the-art lecture
	Ethics and communication
	Market Place Session
	Pain in urological patients
	Workshop
	The nursing role in new cancer developments
	Sponsored session
09.00	EAUN Workshop
	Nursing solutions in difficult cases
10.15	EAU-ESU Course - 2
	Lithotripsy for OR nurses
13.15	General assembly
13.45	EAUN Award session
14.00	Workshop
	Journal club - making sense of clinical articles
15.00	State-of-the-art lecture
	Chronic illness
15.30	State-of-the-art lecture
	Fournier's gangrene

**EAUN Board members**  
Kate Fitzpatrick (IE)  
Bente Thoft Jensen (DK)  
Lawrence Drudge-Coates (UK)  
Paula Allchorne (UK)  
Simon Borg (MT)  
Willem De Blok (NL)  
Stefan Terzoni (IT)  
Susanne Vahr (DK)

**Call for Abstracts, Difficult Cases and Research Plans**  
Deadline:  
**1 December 2013**