ESU/ESUT - EAUN Hands-on Training in Flexible cystoscopy

EAUN HOT1

Friday 15 March
14:00 - 17:30

Location: Green Area, Room 6
Chair: K. Chatterton, London (GB)

Aims and objectives of this session
A flexible cystoscopy course aimed at urological nurses, introducing a comprehensive foundation of knowledge required to complete training. Including the opportunity for some practical training with flexible cystoscopes and allowing participants to start training locally, guided by appropriately trained urologists skilled in cystoscopy.

Limited places available. Only nurse participants who have registered for this course will be admitted. Registration fee: 30,25 euro
Register at: www.eaun19.org/registration
Enquiries about registration: registrations@congressconsultants.com

14:00 - 14:05
Welcome
K. Chatterton, London (GB)

14:05 - 14:15
Enhanced skills for nurses. Why do it? - Exploring the specialist role, autonomy and patient satisfaction
P. Allchorne, London (GB)

14:15 - 14:45
Anatomy and physiology of the bladder - Anatomy and physiology, normal and abnormal, indications and contraindications of cystoscopy
R. Nair, London (GB)

14:45 - 15:00
Modular learning and gaining competencies - Theoretical assessment, observational achievement, practical competencies required
W.M. De Blok, Utrecht (NL)

15:00 - 15:15
Patient consent - Legal aspects, verbal or written
M. Fagerberg, Eksjö (SE)

15:15 - 15:30
Introducing the flexible cystoscope - Technical aspects/ cleaning and safe handling of scopes / stacks
S. Werner, Tuttlingen (DE)

15:30 - 15:45
Break

15:45 - 17:15
Hands-on training: Using scopes with models - 4 nurses per scope, tips and tricks, troubleshooting
Tutors: K. Chatterton, London (GB)
P. Allchorne, London (GB)
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<th>Time</th>
<th>Session</th>
<th>Speaker</th>
<th>Location</th>
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<tbody>
<tr>
<td>17:15 - 17:30</td>
<td>Questions and feedback</td>
<td>K. Chatterton</td>
<td>London (GB)</td>
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</table>
Neurogenic disorders of the bladder and bowel: How to promote patient compliance
Specialty Session 7
Friday 15 March
15:00 - 17:00
Location: Meeting Room Blue Area, Level 1, Room 8.07
Chair: E. Wallace, Dublin (IE)

It is essential to be proactive in healthcare. Providing education can be a difficult undertaking and a demanding task in the continuum of care. The course will be facilitated sharing our teaching experiences using group work and discussion in relation to using the EAU patient education information.

Limited places available. Only nurse participants who have registered for this course will be admitted. Registration fee: 30.25 euro (incl. VAT)
Enquiries: eaun@uroweb.org
Registration by email at registrations@congressconsultants.com

Aims and objectives of this session
The aim of this session is to empower nurses to be effective educators and enable patients to become experts in their own care.

The objective is to define/describe the challenges to teaching, how do we learn, the domains of learning and the different learning styles, as the effectiveness of individual patient education is a key goal for all nurses; Patient education plays an important role in preventing or minimising complications; The workshop will focus on highlighting the challenges to teaching patients, identifying different learning styles, address problem solving issues; The use of the EAU patient information leaflet on Neurological disorders.

15:00 - 15:20
Welcome and introduction of the learning objectives - setting the scene and invitation for participants to share their experience
E. Wallace, Dublin (IE)

15:20 - 15:40
Identifying the resources required to enhance the patient's skills and knowledge required for maintaining quality of life - what do patients need to know?
V. Lejay, Paris (FR)

15:40 - 16:00
Bladder and bowel issues
E. Wallace, Dublin (IE)

16:00 - 16:40
Interactive hands-on session where participants will have an opportunity to discuss and share their own ideas and produce a short patient information leaflet or poster
E. Wallace, Dublin (IE)

16:40 - 17:00
Conclusion and take home messages
E. Wallace, Dublin (IE)
From 20th century nursing into the 21st century
Plenary Session 1

Saturday 16 March
09:00 - 10:00

Location: Green Room 17
Chair: S. Vahr Lauridsen, Copenhagen (DK)

Aims and objectives of this session
The aim of the plenary session is to set the scene for this year’s congress. The EAUN is the direct result of the first nursing conference which was organised at the 15th EAU Congress in Brussels in 2000. During this session you will be taken back in time and get insights in the evolution of urology nursing over the past 20 years.

In the context of urology nursing in general, the development of the EAUN will be presented by a man who, from different positions, has contributed to the EAUN we know today. Looking into the crystal ball this session will also provide you with a good bet where the EAUN is moving in the future.

09:00 - 09:01
Welcome to the 20th International Meeting of the European Association of Urology Nurses
S. Vahr Lauridsen, Copenhagen (DK)

09:01 - 09:06
Welcome to Barcelona
C.R. Chapple, Sheffield (GB)

09:06 - 09:11
Welcome by the Asociación Española de Enfermería en Urología (AEEU)
A. Martinsson De Cárdenas, Göteborg (SE)

09:11 - 09:15
Presentation of the Ronny Pieters Award
J.T. Marley, Newtownabbey (GB)
S. Vahr Lauridsen, Copenhagen (DK)

09:15 - 09:30
Back to the future: Evolution of nursing in the last 20 years
N. Love-Retinger, New York (US)

09:30 - 09:40
Evolution of the EAUN in the last 20 years by the first EAUN Chair
R. Pieters, Ghent (BE)

09:40 - 09:52
Memories of previous EAUN Chairs: A. Grundal (DK), J. Marley (IE), B. Thoft Jensen (DK), K. Fitzpatrick (IE), L. Drudge-Coates (GB), S. Terzoni (IT)

09:52 - 10:00
EAUN: Looking to the future
S. Vahr Lauridsen, Copenhagen (DK)
Invitation to Nurses in a leadership role course: How to become an effective leader

Invitation

Saturday 16 March
10:00 - 10:15

Location: Green Room 17
Chair: H. Rijken, Maarsbergen (NL)

Aims and objectives of this session
In this short introduction Herman Rijken will explain what this course entails and who will benefit from taking the course.
Aims and objectives of this session
The presence and treatment of urological disorders can result in patients experiencing and living with pain. It can be especially challenging for the healthcare team to adequately address pain management in the post-operative period and to offer effective strategies for the management of chronic pain that can be experienced by some patients. The aim of this session is to explore some of the complex issues involved in managing chronic urological pain in general and chronic pelvic pain in particular.

The objectives of this session are:

• To identify the key pain-management hallmarks necessary to improve the quality of nursing care
• To explore the anatomy and physiology of common scenarios where urological pain is experienced
• To identify evidence-informed response to pain management
• To review the central issues in chronic pelvic pain
• To suggest practical steps for improved care that should be adopted by the multi-disciplinary team in the management of chronic pelvic pain

10:15 - 10:20
Introduction
P. Allchorne, London (GB)

10:20 - 10:35
Nerve injuries in urological (pelvic) surgery
J. Walz, Marseille (FR)

10:35 - 10:50
Mechanisms and prevention of acute and chronic pain
A. Kelly, Dublin (IE)

10:50 - 11:05
AEEU lecture: Multi-disciplinary management of chronic pelvic pain
B. Sans Callejo, Barcelona (ES)

11:05 - 11:15
Discussion and conclusion
# Protecting our patients - let’s get real

Thematic Session 2  
Saturday 16 March  
10:15 - 11:15

<table>
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<tr>
<th>Time</th>
<th>Session Title</th>
<th>Speaker and Location</th>
</tr>
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<tbody>
<tr>
<td>10:15 - 10:17</td>
<td>Introduction</td>
<td>N. Love-Retinger, New York (US)</td>
</tr>
<tr>
<td>10:17 - 10:37</td>
<td>Patient safety; shared responsibility?</td>
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<tr>
<td>10:17 - 10:27</td>
<td>Patient safety; who is responsible - urologist perspective</td>
<td>J.P.M. Sedelaar, Nijmegen (NL)</td>
</tr>
<tr>
<td>10:27 - 10:37</td>
<td>Tools and strategies and the importance of a supportive work environment – nurse perspective</td>
<td>J. Tromp, Nijmegen (NL)</td>
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<tr>
<td>10:57 - 11:12</td>
<td>Process/quality management and challenges</td>
<td>J. Taylor, Manchester (GB)</td>
</tr>
<tr>
<td>11:12 - 11:15</td>
<td>Conclusion</td>
<td>N. Love-Retinger, New York (US)</td>
</tr>
</tbody>
</table>
# Bladder Cancer Special Interest Group: Bladder cancer - past, present and future perspectives

**Thematic Session 3**

**Saturday 16 March**

11:30 - 12:30

**Location:** Green Room 17

**Chair:** B. Thoft Jensen, Aarhus (DK)

### Aims and objectives of this session

This session of the Bladder Cancer Special Interest Group (SIG) aims to review current guidelines and best practice recommendations for the management of Bacille Calmette Guerin (BCG) treatment in Non-Muscle-Invasive Bladder Cancer (NMIBC). We will also explore the hot topics of present unmet needs of bladder cancer patients, effecting their quality of life, and the outcome of current studies on this topic. To conclude: we are aware of the importance of accurate and sensitive detection in the diagnosis of bladder cancer, but what does the latest evidence teach us.

We will review the latest news in biomarkers and biobanking and look into the future to see what is up-and-coming for bladder cancer.

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tbody>
<tr>
<td>11:30 - 11:35</td>
<td><strong>Introduction</strong>&lt;br&gt;B. Thoft Jensen, Aarhus (DK)</td>
</tr>
<tr>
<td>11:35 - 11:50</td>
<td><strong>Current evidence-based practice BCG treatment</strong>&lt;br&gt;R. Nair, London (GB)</td>
</tr>
<tr>
<td>11:50 - 12:05</td>
<td><strong>The role of exercise and psychosocial care in muscle-invasive bladder cancer: unmet research needs</strong>&lt;br&gt;E. Rammant, Ghent (BE)</td>
</tr>
<tr>
<td>12:05 - 12:20</td>
<td><strong>Collection of human biological material in bladder cancer research</strong>&lt;br&gt;A.M. Nielsen, Aarhus (DK)</td>
</tr>
<tr>
<td>12:20 - 12:30</td>
<td><strong>Conclusion</strong>&lt;br&gt;B. Thoft Jensen, Aarhus (DK)</td>
</tr>
</tbody>
</table>
Nursing solutions in difficult cases
Specialty Session 1

Saturday 16 March 11:30 - 12:30

Location: Green Room 18
Chair: E. Wallace, Dublin (IE)

Aims and objectives of this session
In guidelines it is common practice to describe/focus on typical cases, but we all know that there is also a need for information on nursing practice in atypical (difficult) cases. All nurses encounter problems in daily nursing practice and have found their own solutions or, sometimes, have not found a solution. In this session these challenging cases are presented and discussed, offering delegates a unique opportunity to learn from each other’s experience.

The submitted cases have been evaluated by an expert jury:
- Helen Forristal, Dublin, Ireland (Urology Nurse)
- Françoise Picard, Bordeaux, France (Head Nurse Urology Department)
- Ronny Pieters, Ghent, Belgium (Urology Nurse)
- Eva Wallace, Dublin, Ireland (Urology Nurse)
- Steven Walter, Odense, Denmark (Professor in Urology)

11:30 - 11:35
Introduction
E. Wallace, Dublin (IE)

11:35 - 11:45
DC19-01: Radiation cystitis
A. Martinsson De Cárcenas, Göteborg (SE)

11:45 - 11:55
DC19-02: Management of complex wound dressing to a cystectomy patient who had total wound dehiscense
H. Meyer Martin, Søborg (DK)

11:55 - 12:05
DC19-03: Analysis of the care when handling a complex surgical wound and urological complications in a radical cystoprostatectomy patient with Studer
C. Antelo Maciel, Barcelona (ES)

12:05 - 12:15
DC19-04: Difficulties dealing with plumbing ... When wheelchair bound
S.E. Lewis, Dublin (IE)

12:15 - 12:25
DC19-05: Approaches to preventing rUTIs in a patient on intermittent catheterisation
D.K. Newman, Berwyn (US)

12:25 - 12:35
Questions and answers
Close association between neurogenic bladder dysfunction and neurogenic bowel dysfunction

Thematic Session 4

Location: Green Room 18
Chair: V. Geng, Lobbach (DE)

Aims and objectives of this session
The aim of this session is:
• To increase the awareness of health care professionals for the dysfunction of the bowel after spinal cord injury and of the close relation between neurogenic bladder and neurogenic bowel
• To explain the concept of the neurogenic bowel, bowel management and nutrition

12:45 - 12:50  Introduction
V. Geng, Lobbach (DE)

12:50 - 13:10  Pathophysiology of the neurogenic bladder and bowel
E. Finazzi Agrò, Rome (IT)

13:10 - 13:25  Neurogenic bowel continence: How to manage?
V. Geng, Lobbach (DE)

13:25 - 13:40  Psychosocial impact of neurogenic bladder and bowel dysfunction
E. Wallace, Dublin (IE)

13:40 - 13:45  Conclusion
V. Geng, Lobbach (DE)
**Poster presentations on research studies, problem-solving efforts and innovative programmes in urology**

**Poster Session 1**

**Saturday 16 March**

**14:15 - 16:00**

**Location:** Green Room 17

**Chairs:**
- J. Ellis-Jones, Bristol (GB)
- B. Thoft Jensen, Aarhus (DK)

Poster viewing of 30 minutes. Short introduction of 4 minutes by the chair of the session. Presentations will take place on stage. Standard presentations are 6 minutes in length, followed by 2 minutes for discussion.

14:15 - 14:45

**Poster viewing**

14:15 - 16:00

**Posters and presentations will be judged by:**
- J. Alcorn, Wakefield (GB)
- F. Geese, Berne (CH)
- J. Verkerk-Geelhoed, Nieuwegein (NL)

**P01**

**Knowledge and awareness of self-examination among young men for testicular cancer primary prevention**

By: **Boarin M.**, 1 Facconi I., 2 Bresciani M., 3 Villa G., 1 Manara D.F., 4

1San Raffaele Hospital, Dept. of Urology, Milan, Italy, 2Vita-Salute San Raffaele University, School of Nursing, Milan, Italy, 3San Raffaele Hospital, Dept. of Private patients, Milan, Italy, 4Vita-Salute San Raffaele University, School of Nursing, Milan, Italy

**P02**

**A picture is worth a thousand words**

By: **De Blok W.M.**, 1 Löbberding M., 2 Van Elst M., 1 Van Putten K., 1 Willemse P.M., 1 Visser D., 3 Abelman S., 1 Vervoort S.C.J., 1 Meijer R.P., 1

1UMC Utrecht Cancer Center, Dept. of Urology, Utrecht, The Netherlands, 2Universität zu Lübeck, Bachelor of science in nursing, Lübeck, Germany, 3Hogeschool midden Nederland, Management in healthcare, Amersfoort, The Netherlands

**P03**

**Development of an advanced nurse practitioner led bladder cancer surveillance service in Ireland: Preliminary audit results**

By: **McConkey R.**, 1 Rogers E., 2 Darcy F., 2 Dowling C., 2 Durkan G., 2 Walsh K., 2 Jaffry S., 2 O’ Malley P., 2 Nusrat N., 2 Aslam A., 2, Haheessy S., 3

1University Hospital Galway, Urology Nursing Department, Galway, Ireland, 2University Hospital Galway, Urology Department, Galway, Ireland, 3National University of Ireland Galway, School of Nursing and Midwifery, Galway, Ireland
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<th>Session</th>
<th>Title</th>
<th>Authors</th>
<th>Affiliations</th>
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<tr>
<td>P04</td>
<td>Implementation of a urology cancer advanced practice nurse role in a Medical Oncology Genitourinary Cancer Clinics from a tertiary metropolitan hospital in Barcelona</td>
<td>Casanovas-Blanco M., Mellado B., Reig O., González N., Serrahima A., Valverde M.</td>
<td>Hospital Clínic de Barcelona, Medical Oncology Genitourinary Cancer Clinics, Barcelona, Spain</td>
</tr>
<tr>
<td>P05</td>
<td>A pilot evaluation of ‘Living with and beyond cancer’ Care Package (LWBCCP) by New Zealand Prostate Cancer patients &amp; carers</td>
<td>Ventura J., Green J.S.A., Alchorne P.A.</td>
<td>Barts Health, Dept. of Uro- oncology, London, United Kingdom, Barts Health, Dept. of Urology, London, United Kingdom</td>
</tr>
<tr>
<td>P06</td>
<td>Smoking from an urological aspect and the power to quit</td>
<td>Tsemach R., Enden-Izhaki A., Matzkin H., Yaresko N., Azar N.</td>
<td>Tel Aviv Sourasky Medical Center, Dept. of Urology, Tel Aviv, Israel, Maccabi Healthcare services, Family health clinics, Herzliya, Israel, Tel Aviv Sourasky Medical Center, Deputy director of nursing, Tel Aviv, Israel</td>
</tr>
<tr>
<td>P07</td>
<td>Health-related quality of life in patients with prostate cancer and in their spouses: A longitudinal clinical study</td>
<td>Harju E., Rantanen A., Åstedt-Kurki P.</td>
<td>University of Tampere, Faculty of Social Sciences, Nursing Science, Tampere, Finland</td>
</tr>
<tr>
<td>P08</td>
<td>Improved prostate cancer diagnostics with a structured pathway including the Stockholm3 test and MRI-targeted biopsies led by nurses</td>
<td>Liimatainen H., Melander-Bergström C., Cavalli-Björkman C., Bergman M., Hjelm-Eriksson M., Jäderling F., Meurling F., Thorstenson G., Nordström T., Grönberg H.</td>
<td>Capio St Görans Hospital, Dept. of Surgery, Stockholm, Sweden, Karolinska Institutet, Institution for Medical Epidemiology and Biostatistics, Stockholm, Sweden</td>
</tr>
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</table>
Joint Session of the European Association of Urology Nurses (EAUN) and the European Council of Enterostomal Therapy (ECET): Current issues in urostoma management

Thematic Session 5

Saturday 16 March 14:15 - 15:15

Location: Green Room 18

Chairs: G. Villa, Milan (IT)
        G. Kroboth, Graz (AT)

Aims and objectives of this session
Urostomy care remains a focus area over the years, in oncology and in functional as well as in paediatric urology.

In some cases, patients have a choice in what they want, e.g. a Bricker, a continent stoma or a bladder replacement like a Hautmann procedure. Making these choices is sometimes not easy. In the Netherlands a digital decision tool for oncology patients was made and researched (offering a choice between Bricker stoma or Hautmann procedure). The pros and cons of each therapy is described and the patient can see what best fits his/her lifestyle.

In functional and paediatric urology a continent stoma (Mitrofanoff/Monti), with or without a bladder augmentation is sometimes an option. Patients encounter specific problems, and a review of these problems will be given and practical tips and tricks will be discussed.

14:15 - 14:20
Introduction
G. Villa, Milan (IT)

14:20 - 14:35
ECET lecture: European Council of Enterostomal Therapy
G. Kroboth, Graz (AT)

14:35 - 14:55
A Dutch tool for decision making: Urostomy or neobladder
J.J. Van Tol-Geerdink, Nijmegen (NL)

14:55 - 15:10
Practical tips and tricks for continent urostomy
H. Cobussen-Boekhorst, Nijmegen (NL)

15:10 - 15:15
Conclusion
G. Kroboth, Graz (AT)
Aims and objectives of this session
Incontinence in men is traditionally treated with pads, clamps, devices or medication. Over the last years different developments in treatment options are available, depending on the cause of incontinence. In this session we will examine an overview of the latest treatment options. With a growing group of men who underwent radical prostatectomy with or without additional (radio)therapy, we will give specific attention to stress incontinence in men treated with surgical techniques.

15:30 - 15:35
Introduction
C.N. Tillier, Amsterdam (NL)

15:35 - 15:55
Review of the latest developments in incontinence in male patients
J.P.F.A. Heesakkers, Nijmegen (NL)

15:55 - 16:00
Questions and answers
Antimicrobial Resistance (AMR): War is declared
Thematic Session 6

Saturday 16 March
16:15 - 17:15

Location: Green Room 17
Chair: J. Verkerk-Geelhoed, Nieuwegein (NL)

Aims and objectives of this session
Antimicrobial Resistance (AMR) develops when microorganisms (such as bacteria, fungi, viruses, and parasites) mutate after being exposed to antimicrobial drugs (such as antibiotics, antifungals, antivirals, antimalarials, and anthelmintics). As a result, the drugs become ineffective and infections persist, increasing the risk of spread to others. AMR is an increasingly serious threat to global public health. Patients with infections caused by drug-resistant bacteria are at increased risk of worse clinical outcomes and death, and consume more healthcare resources than patients infected with non-resistant strains of the same bacteria. This session will explain the mechanism of bacterial resistance and J. Verkerk has the honour to be the first to present the European AMR Guidelines for Nurses.

16:15 - 16:20
Introduction
J. Verkerk-Geelhoed, Nieuwegein (NL)

16:20 - 16:40
Mechanism of bacterial resistance and resistant bacteria strains
T. Cai, Trento (IT)

16:40 - 17:00
Antimicrobial resistance: Nurses at the forefront
H. Thulin, Stockholm (SE)

17:00 - 17:15
Questions and answers
Hallmarks of excellence in transgender nursing care

**Thematic Session 7**

**Saturday 16 March**
**16:15 - 17:45**

**Location:** Green Room 18

**Chairs:**
- H. Cobussen-Boekhorst, Nijmegen (NL)
- L. Van De Bilt-Sonderegger, Eindhoven (NL)

**Aims and objectives of this session**

Some evidence exists to suggest that perhaps as many as 80% of nurses have not had any training in the area of transgender care, and just over 10% of those who provide direct care indicate that they feel prepared to meet their patients’ needs (Merrifield, 2016). Across Europe there is an unacceptably mixed picture regarding the care provided to transgender people. This has resulted in a lack of commonality in understanding and delivering high-quality standards of care. The aim of this session is to set out some of the principal areas of importance in understanding the needs, care practices and pathways necessary to meet the needs of transgender people.

The objectives of this session are:
- To identify the key issues that need to be understood in ensuring ‘fair care for transgender people’
- To discuss the issue of gender dysphoria, its potential consequences and our care responses to people experiencing dysphoria
- To explore psychological, hormonal and surgical issues in the care pathways that can be used in caring for transgender people

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<th>Speaker(s)</th>
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<tr>
<td>16:15 - 16:20</td>
<td><strong>Introduction: Setting the scene</strong></td>
<td>L. Van De Bilt-Sonderegger, Eindhoven (NL)</td>
</tr>
<tr>
<td>16:20 - 16:40</td>
<td><strong>Surgery and (uro-genital) complications</strong></td>
<td>S. Monstrey, Ghent (BE)</td>
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<tr>
<td>16:55 - 17:15</td>
<td><strong>Key issues in the care pathways in transgender care</strong></td>
<td>S.P. Fillingham, London (GB)</td>
</tr>
<tr>
<td>17:15 - 17:35</td>
<td><strong>Quality of life in transgender people</strong></td>
<td>J. Hess, Essen (DE)</td>
</tr>
<tr>
<td>17:35 - 17:45</td>
<td><strong>Discussion and conclusion</strong></td>
<td>L. Van De Bilt-Sonderegger, Eindhoven (NL)</td>
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## Refugee and migrant health: One billion reasons to care

### Thematic Session 8

**Sunday 17 March**

**08:30 - 09:30**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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</thead>
</table>
| 08:30 - 08:35 | **Introduction**  
H. Cobussen-Boekhorst, Nijmegen (NL)                                  |
| 08:35 - 09:05 | **Occupational health problems among migrants**                         
M. Carballo, Geneva (CH)                                                   |
| 09:05 - 09:20 | **Refugees towards better access to healthcare services**               
J. Grutterink, Utrecht (NL)                                                   |
| 09:20 - 09:30 | **Discussion**                                                            |

### Location:

Green Room 17

### Chairs:

H. Cobussen-Boekhorst, Nijmegen (NL)

K. Fitzpatrick, Dublin (IE)

### Aims and objectives of this session

Over the years refugees from many different countries came to Europe to find a safe haven. These children and adults often had no, or limited, care during the war and their flight. Nurses are challenged in dealing with these patients who often do not speak the language of their new country yet and grew up in a totally different culture. How is this handled in the different European countries? In this session we will look at research that has been performed on the topic of health care for migrants and the role of the nurse.
# Quality assurance in nursing care

**Specialty Session 2**

**Sunday 17 March**
**08:30 - 09:15**

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
</tr>
</thead>
</table>
| 08:30 - 08:35 | **Introduction**  
R. Pieters, Ghent (BE)                                      |
| 08:35 - 08:45 | **Winner 2016 A quality assurance project: Nephrostomy catheters and bandages**  
R.N. Knudsen, Aarhus (DK)                                      |
| 08:45 - 08:55 | **To explore the gap between theory and practice following the introduction of a Robotic Assisted Prostatectomy Guideline**  
M. Duggan, Galway (IE)                                         |
| 08:55 - 09:05 | **A novel approach for Transforming Care at Bedside (TCAB) in urology inpatient unit**  
S. Chagani, Karachi (PK)                                        |
| 09:05 - 09:15 | **Questions and answers**                                                |
Supporting sexual wellbeing for people living with and after prostate cancer - research in action
State-of-the-art Lecture 2

**Location:** Green Room 17

**Chair:** J.T. Marley, Newtownabbey (GB)

### Aims and objectives of this session
The psychosexual care and support that men and their partners receive is limited and men are often reluctant to discuss sexual issues. Among the reasons for this is the fear of embarrassment by both men and Healthcare Professionals (HPs), lack of knowledge and skills of HPs to broach the topic and offer appropriate responses to patients’ psychosexual problems. Patients are often left in the dark about the possible psychosexual consequences of the different forms of treatment and do not know how, and where, to seek information and support. This session aims to outline a research-based approach to tackle this portfolio of intimate issues.

The session will:
- Present a programme of work that attempts to ensure that men (and partners) have access to a ‘minimal service’ of psychosexual care following diagnosis of PCa.
- Detail three resources exploring the flexibility to address person-centred needs, including sexual orientation and cultural diversity.
- Explore the resources available to support HPs to overcome challenges and to provide men with the necessary information and strategies to empower them to deal with their psychosexual issues.

<table>
<thead>
<tr>
<th>Time</th>
<th>Session Title</th>
<th>Speaker</th>
</tr>
</thead>
<tbody>
<tr>
<td>09:45 - 09:50</td>
<td><strong>Introduction: Setting the scene</strong></td>
<td>J.T. Marley, Newtownabbey (GB)</td>
</tr>
<tr>
<td>09:50 - 10:10</td>
<td><strong>Maximising sexual wellbeing after prostate cancer: Developing and testing resources to support men and partners</strong></td>
<td>J.T. Marley, Newtownabbey (GB)</td>
</tr>
<tr>
<td>10:10 - 10:15</td>
<td><strong>Questions and answers</strong></td>
<td></td>
</tr>
</tbody>
</table>
A new approach to 'App'lying evidence to cancer nursing practice
State-of-the-art Lecture 3

Sunday 17 March
09:45 - 10:15

Location: Green Room 18
Chair: L. Söderkvist, Stockholm (SE)

Aims and objectives of this session
In 2013, the European Oncology Nursing Society (EONS) published the results of a European survey about the unmet needs of patients with prostate cancer (The impact of supportive nursing care on the needs of men with prostate cancer: a study across seven European countries. J Cockle-Hearne et al. www.bjcancer.com DOI:10.1038/bjc.2013.568). Unmet needs are related to the disease and the treatment and are also associated to the supportive care patients receive.

Nurses play an important role in helping patients with prostate cancer. First of all, nurses have to be able to recognise the unmet needs of the patient. Secondly, they should be able to plan useful interventions. The EONS is developing an App to assist nurses in this task. All unmet needs (including intimacy, physical, spiritual and psychological needs) are described and all proposed interventions are evidence-based.

This session will present the Prostate Cancer App project of the EONS (with the collaboration of the EAUN) and will show a wonderful, modern tool/App which will be implemented very soon.

09:45 - 09:50
Introduction
L. Söderkvist, Stockholm (SE)

09:50 - 10:10
Holistic e-care planning with an evidence-based App
A. Charalambous, Limassol (CY)

10:10 - 10:15
Questions and answers
Where is nursing in our changing world? Future-proofing urological nursing for the 21st century

Plenary Session 2

Sunday 17 March 10:30 - 11:30

Location: Green Room 17
Chair: P. Allchorne, London (GB)

Aims and objectives of this session
The emerging workforce:
• Different needs, Gen X and Y, the role of EAUN, nursing curriculum and education, novel ways of developing and educating.
Emerging roles:
• New roles such as ANPs and surgical care practitioners - but how to make sure that we do not lose the fundamentals. Moreover, new roles such as 'support workers'.
Emerging priorities and ways of working:
• Process mapping, LEAN events, patient involvement and co-design

10:30 - 10:35
Introduction
P. Allchorne, London (GB)

10:35 - 10:50
Emerging roles: How will urological nursing roles change as medicine advances?
P. Allchorne, London (GB)
L. Fleure, London (GB)

10:50 - 11:05
Emerging priorities and ways of working: How can we examine and improve our practice?
B. Thoft Jensen, Aarhus (DK)
S. Vahr Lauridsen, Copenhagen (DK)

11:05 - 11:20
The emerging workforce: How do we educate and develop the new generation of urological nurses?
K. Fitzpatrick, Dublin (IE)
N. Love-Retinger, New York (US)

11:20 - 11:30
Conclusion
P. Allchorne, London (GB)
Poster presentations on research studies, problem-solving efforts and innovative programmes in urology
Poster Session 2

<table>
<thead>
<tr>
<th>Sunday 17 March</th>
<th>Location: Green Room 17</th>
</tr>
</thead>
</table>
| 11:45 - 13:30  | Chairs: J. Ellis-Jones, Bristol (GB)  
J. Cobussen-Boekhorst, Nijmegen (NL) |

Poster viewing of 30 minutes. Short introduction of 4 minutes by the chair of the session. Presentations will take place on stage. Standard presentations are 6 minutes in length, followed by 2 minutes for discussion.

<table>
<thead>
<tr>
<th>11:45 - 12:15</th>
<th>Poster viewing</th>
</tr>
</thead>
</table>

| 11:45 - 13:30 | Posters and presentations will be judged by:  
To be confirmed  
To be confirmed  
To be confirmed |

<table>
<thead>
<tr>
<th>P10</th>
<th>An investigation of the role of the Advanced Practice Nurse caring for urological patients in a regional hospital in Switzerland</th>
</tr>
</thead>
</table>
|     | By: Klauser R.  
Hospital Uster, Dept. of Urology, Uster, Switzerland |
|     | Aims and objectives of this presentation |
|     | P10 |

<table>
<thead>
<tr>
<th>P11</th>
<th>Horizontal training plan to infirmary professionals of the hospitals: Infanta Leonor and Virgen de la Torre, and their zone of influence</th>
</tr>
</thead>
</table>
|     | By: Torres Bacete A. , Mantero Martin E.M. , Gallego Escribano M. , Rodriguez Alcantara M.V.  
HOSPITAL UNIVERSITARIO INFANTA LEONOR Y VIRGEN DE LA TORRE, UROLOGÍA. CONSULTAS EXTERNAS., MADRID, Spain |
|     | Aims and objectives of this presentation |
|     | P11 |

<table>
<thead>
<tr>
<th>P12</th>
<th>Unmet needs in patients with muscle invasive bladder cancer undergoing radical cystectomy: A Danish cross-cultural validity study of the bladder cancer need assessment tool (BCNAS-32)</th>
</tr>
</thead>
</table>
|     | By: Thoft Jensen B. , Christiansen M.B.  
Jensen J.B.  
1Aarhus University Hospital, Dept. of Urology, Aarhus, Denmark,  
2Aarhus University ,
1Aarhus University Hospital, Dept. of Urology, Aarhus, Denmark,  
2Aarhus University ,  

Scientific Programme - EAUN19 Barcelona

Aims and objectives of this presentation

P12

Self-care in ostomy patients and their caregivers

By: Mannarini M. ¹, Della Giovanna G. ¹, Boarin M. ², Villa G. ², Marzo E. ¹, Manara D.F. ¹
¹Vita-Salute San Raffaele University, School of Nursing, Milan, Italy, ²San Raffaele Hospital, Dept. of Urology, Milan, Italy

Aims and objectives of this presentation

P13

Simulation based workshop on urosepsis improves knowledge and skills of urology nurses

By: Chagani S. ¹, Sutria Z.S ², Aziz W.A ³
¹, Karachi , Pakistan, ²Aga Khan University Hospital, Urology and Nephrology Service line, Karachi, Pakistan, ³, Karachi, Pakistan

Aims and objectives of this presentation

P14

Followup of 213 patients referred for clean intermittent catheterization (CIC) in routine clinical practice. Is following up after 1 week enough?

By: Martinsson De Cárdenas A., Fehrling M.
Sahlgrenska University Hospital, Dept. of Urology, Gothenburg, Sweden

Aims and objectives of this presentation

P15

Incidence of difficult re-catheterisation in nurse-led trial without catheter and catheter change clinics. Does re-catheterisation using a guide wire make a difference?

By: Dragova M. ¹, Bamfo A. ¹, Holmes K. ², Attard K. ², Bugeja S. ², Lock A. ¹, Frost A. ¹, Mundy A.R. ¹
¹University College London Hospital NHS Foundation Trust , Dept. of Urology, London, United Kingdom, ²Mater Dei Hospital, Dept. of Urology, Msida, Malta

Aims and objectives of this presentation

P16

Behind the closet, it’s about men’s health

By: Iqbal R., Chagani S.S.
Aga Khan University Hospital, Nephrology Urology Service line, Karachi, Pakistan
Measurement of the degree of complications and decompensation of chronic complex patients and advanced undergoing urological surgery

By: Rubio Fernandez E., Mangas Rodriguez M., Alonso Del Olmo M.G., Palomino Martinez A., Franquet Barnils E.

1 Fundacion Puigvert, Operating Theater, Barcelona, Spain, 2 Fundacion Puigvert, Nursing coordinator, Barcelona, Spain, 3 Fundacion Puigvert, Director of Nursing, Barcelona, Spain

Aims and objectives of this presentation

P18
**Aims and objectives of this session**
The first edition of the EAUN TRUS guided prostate biopsy guidelines was published in 2011. Since then, a lot of things have evolved. The guidelines have now been updated. In the update the panel aimed to find answers to, for example:

- The sextant biopsy scheme already became obsolete. The 12-core scheme was recommended by the EAU, but is it really the optimal core scheme?
- Nowadays, it is commonly accepted that patients who use some oral anticoagulants can safely undergo a TRUS prostate biopsy without stopping their medication. Do we have any evidence about that? And what about the novel oral anticoagulants?
- In some countries, such as the UK, TRUS prostate biopsies are often performed by nurses. But are the quality and the safety the same when a biopsy is performed by a nurse or by a urologist?
- Patients need to be informed about the procedure of the TRUS prostate biopsy, about the potential pain, possible complications. But does patient information also help to reduce the physical and psychological impact of a prostate biopsy?

The 2019 review of the TRUS guidelines aims to give answers to all these questions. These guidelines will be useful for nurses (performing TRUS biopsies or not) as well as for urologists and physician assistants.

<table>
<thead>
<tr>
<th>Time</th>
<th>Session Title</th>
<th>Speaker</th>
</tr>
</thead>
<tbody>
<tr>
<td>11:45 - 11:50</td>
<td>Introduction</td>
<td>L. Drudge-Coates, London (GB)</td>
</tr>
<tr>
<td>11:50 - 12:10</td>
<td>Review of the EAUN TRUS prostate biopsy guidelines</td>
<td>C.N. Tillier, Amsterdam (NL)</td>
</tr>
<tr>
<td>12:10 - 12:15</td>
<td>Questions and answers</td>
<td></td>
</tr>
</tbody>
</table>
Nurses in a leadership role: Cultivating your leadership
Specialty Session 6

Sunday 17 March
12:30 - 15:30

Location: Meeting Room Blue Area, Level 1, Room 8.07
Chairs: P. Allchorne, London (GB)
C.N. Tillier, Amsterdam (NL)

Target audience:
• Nurses in a (starting) managerial role/task
• Nurse practitioners
• Nurses looking to develop and strengthen their leadership
• Nurses interested in personal growth

Limited places available. Only nurse participants who have registered for this course will be admitted. Registration fee: 60.50 euro (incl. VAT)
Participants will be invited to prepare in advance with a questionnaire
Enquiries and registration by email at a.terberg@uroweb.org

Aims and objectives of this session
During this interactive course you will be guided in finding your role as leader. The programme will focus on leadership, effectiveness and communication in relation to patients, teams, colleagues, surgeons, and other superiors.

You will
• develop and strengthen your leadership role
• learn how to maintain control in difficult situations
• learn how to control/manage conflicts
• learn how to communicate purposefully and goal-orientated, while at the same time respecting cultural differences
• be offered practical tools

Management consultants Herman Rijksen and Michiel Evers (Facilitation Profs), will use group discussions alternated with (short) lectures on management theory, there will be room to share examples and there will be practical (group) assignments.

12:30 - 12:45
Welcome
H. Rijksen, Maarsbergen (NL)

12:45 - 13:25
Introduction leadership
H. Rijksen, Maarsbergen (NL)

13:25 - 14:05
Distinguishing Leadership and management
M. Evers, Maarsbergen (NL)

14:05 - 14:45
Communication
H. Rijksen, Maarsbergen (NL)

14:45 - 15:25
How to manage a conflict
M. Evers, Maarsbergen (NL)
<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
</tr>
</thead>
<tbody>
<tr>
<td>15:25 - 15:30</td>
<td>Conclusion and take home messages</td>
</tr>
</tbody>
</table>
**Aims and objectives of this session**
The aim of the current course is to give clear ideas regarding stone prevention and treatment to the nurses. The concept is to introduce them to the needs of their physicians. What are the tips and tricks to assist for a successful treatment of stone diseases? Urologists have always been in very close contact with their nursing supporting team. This course aims to elucidate such fruitful collaboration.

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Speaker</th>
</tr>
</thead>
<tbody>
<tr>
<td>12:30 - 12:50</td>
<td><strong>Prevention of stones through lifestyle management</strong></td>
<td>S. Terzoni, Milan (IT)</td>
</tr>
<tr>
<td>12:50 - 13:10</td>
<td><strong>How do we treat stones?</strong></td>
<td>P. Kallidonis, Patras (GR)</td>
</tr>
<tr>
<td>13:10 - 13:30</td>
<td><strong>Different types of stents: Do we really need all this information?</strong></td>
<td>T. Tailly, Ghent (BE)</td>
</tr>
<tr>
<td>13:30 - 14:00</td>
<td><strong>Break</strong></td>
<td></td>
</tr>
<tr>
<td>14:00 - 14:15</td>
<td><strong>Laser lithotripsy: Why is the urologist chaning the settings all the time?</strong></td>
<td>T. Tailly, Ghent (BE)</td>
</tr>
<tr>
<td>14:15 - 14:30</td>
<td><strong>Endourology: What do we need to do to minimise complications?</strong></td>
<td>P. Kallidonis, Patras (GR)</td>
</tr>
<tr>
<td>14:30 - 14:44</td>
<td><strong>Discussion</strong></td>
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<tr>
<td>14:44 - 14:45</td>
<td><strong>Close</strong></td>
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</tbody>
</table>
Expert-guided concise poster presentations

Location: Green area, near Room 17
Chairs: J. Ellis-Jones, Bristol (GB)
        G. Villa, Milan (IT)

In this poster session format, introduced during EAUN18, posters will be presented in a concise format. Two experts will guide the session by means of questions and discussions. The complete session will be 30 minutes, each poster will be presented for 2 minutes followed by 2 minutes of discussion.

14:00 - 14:02
Introduction
J. Ellis-Jones, Bristol (GB)

EGP3
Period of recovery after received dose with Bacillus Calmette-Guérin (BCG) instillations, how long might it take?
By: Danielsson G., Thulin H.
Karolinska Institutet, Clinical Science Intervention and Technology, Stockholm, Sweden

EGP4
The SENS structure for assessment and management of uro oncological patients with severe acute symptoms who wish to die at home
By: Willener R.¹, Fliedner M.²
¹Inselspital Bern University Hospital, Switzerland, Department of Urology, Bern, Switzerland, ²Inselspital Bern University Hospital, Switzerland, University Center for Palliative Care, Bern, Switzerland

EGP5
The role of the nurse in treating patients with erectile dysfunction
By: Balin L.
Galilee Medical Center, Dept. of Urology, Naharia, Israel

EGP6
Patient satisfaction on nursing care of Extracorporeal Shockwave Lithotripsy (ESWL) in a private hospital in Hong Kong
By: Luk H.Y., Au, Y.W., Liu S.C., Lo H.K.
St. Paul's Hospital, Dept. of Urology, Hong Kong, China
Video Session

Sunday 17 March
15:00 - 15:30

Location: Green Room 17
Chair: J. Alcorn, Wakefield (GB)

Aims and objectives of this session
Urology nursing is very dynamic, propelled forward by emerging technology, evidence-based practice and clinical demands. However, it is a mistake to assume that urology nursing practice is of the same level, or offering the same services, evenly throughout the EU. In fact, what is taken for granted as a recognised nurse-led practice in one country, is totally the opposite in another EU state. With this in mind, the video session’s aim is to showcase such practices by nurses to other fellow urology nurses, what has been achieved and fine-tuned in specific areas. It will also be an occasion to ask our fellow urology nurses on how they overcame situations that may still occur in other emerging clinical nursing practices.

V1
Project UTI: Reducing catheter associated urinary tract infection in surgical patients

By: Doctor M.
Nepean Hospital, Dept. of Urology, Penrith, Australia

V2
Animated narratives in a digital platform - a new way to inform radical prostatectomy patients

By: Hansen D.¹, Andersen H.¹, Nejsum A.²
¹Herlev and Gentofte Hospital, Dept. of Urology, Herlev, Denmark, ²Visikon, My Treatment, Aarhus, Denmark

V3
Nursing care for patients fitted with a pigtail nephrostomy catheter

By: Jensen H.¹, Pedersen B.B.¹, Haslund H.²
¹Aalborg University Hospital, Dept. of Urology, Aalborg, Denmark, ²Aalborg University Hospital, Clinic ABK, Aalborg, Denmark
Building a urological nursing curriculum - just where are we?

Thematic Session 9

Sunday 17 March
15:00 - 16:00

Location: Green Room 18
Chair: S. Vahr Lauridsen, Copenhagen (DK)

Aims and objectives of this session
The aim of this session is to report back to delegates on the progress made to date regarding the building of a urological nursing education curriculum.

The objectives of this session will be to:
• Outline the data gathering process undertaken at the British Association of Urological Nurses Meeting 2017 in Glasgow and the International EAUN Meeting 2018 in Copenhagen exploring responses to 4 key questions in the areas of content, level, collaborators and use of a curriculum for urology nursing education
• Present the key themes generated: Key areas on the education map; addressing the European complexity; collaborating with others and using what we produce
• Spell out the next steps in the process

15:00 - 15:10  Introduction
S. Vahr Lauridsen, Copenhagen (DK)

15:10 - 15:30  Building a curriculum: You spoke, we listened
J.T. Marley, Newtownabbey (GB)

15:30 - 15:45  Next steps?
J. Taylor, Manchester (GB)
S. Vahr Lauridsen, Copenhagen (DK)

15:45 - 15:55  Discussion

15:55 - 16:00  Conclusion
S. Vahr Lauridsen, Copenhagen (DK)
# Urological tapas
**Specialty Session 3**

**Sunday 17 March**
**16:15 - 17:00**

**Location:** Green Room 17

**Chair:** H.A.M. Van Muilekom, Amsterdam (NL)

**Aims and objectives of this session**
An overview of the updates of different EAU guidelines (evidence-based recommendations, new evidence).

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Presenter</th>
</tr>
</thead>
<tbody>
<tr>
<td>16:15 - 16:20</td>
<td><strong>Introduction</strong></td>
<td>H.A.M. Van Muilekom, Amsterdam (NL)</td>
</tr>
<tr>
<td>16:20 - 16:35</td>
<td><strong>EAU Oncology Guidelines - what's new</strong></td>
<td></td>
</tr>
<tr>
<td>16:20 - 16:25</td>
<td><strong>Non-muscle-invasive bladder cancer</strong></td>
<td>A. Van Der Heijden, Nijmegen (NL)</td>
</tr>
<tr>
<td>16:25 - 16:30</td>
<td><strong>Penile cancer</strong></td>
<td>C. Protzel, Schwerin (DE)</td>
</tr>
<tr>
<td>16:30 - 16:35</td>
<td><strong>Prostate cancer</strong></td>
<td>H.G. Van Der Poel, Amsterdam (NL)</td>
</tr>
<tr>
<td>16:35 - 16:40</td>
<td><strong>Questions and answers</strong></td>
<td></td>
</tr>
<tr>
<td>16:40 - 16:55</td>
<td><strong>EAU Non-Oncology Guidelines - what's new</strong></td>
<td></td>
</tr>
<tr>
<td>16:40 - 16:45</td>
<td><strong>Urinary incontinence</strong></td>
<td>A.K. Nambiar, Newcastle-upon-Tyne (GB)</td>
</tr>
<tr>
<td>16:45 - 16:50</td>
<td><strong>Urolithiasis</strong></td>
<td>C. Türk, Vienna (AT)</td>
</tr>
<tr>
<td>16:50 - 16:55</td>
<td><strong>Urological infections</strong></td>
<td>G. Bonkat, Basel (CH)</td>
</tr>
<tr>
<td>16:55 - 17:00</td>
<td><strong>Questions and answers</strong></td>
<td></td>
</tr>
</tbody>
</table>
Patient information
State-of-the-art Lecture 5

Sunday 17 March
16:15 - 16:45

Location: Green Room 18
Chair: G. Villa, Milan (IT)

Aims and objectives of this session
More information will follow soon

16:15 - 16:20
Introduction
G. Villa, Milan (IT)

16:20 - 16:40
Step by step: Improving patient-centred care through information on European level
F. Geese, Berne (CH)

16:40 - 16:45
Questions and answers
**Urological cancer survivorship**
Thematic Session 10

**Location:** Green Room 17

**Chair:** L. Drudge-Coates, London (GB)

**Aims and objectives of this session**
The number of cancer survivors has been steadily increasing over the past decade, mainly due to early detection and better treatment. Normal life should go on after cancer, but patients remain marked by the experience, which sometimes makes it difficult for them to go back to a normal life. This session will explain to you the difficulty that the survivors of urological cancers can face.

<table>
<thead>
<tr>
<th>Time</th>
<th>Session Title</th>
<th>Speaker/Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>08:30 - 08:35</td>
<td>Introduction</td>
<td>L. Drudge-Coates, GB</td>
</tr>
<tr>
<td>08:50 - 09:05</td>
<td>Fear of recurrence of urological cancer</td>
<td>I.M. Van Oort, Nijmegen</td>
</tr>
<tr>
<td>09:05 - 09:20</td>
<td>Returning to daily life and the workplace</td>
<td>I. Banks, Spa</td>
</tr>
<tr>
<td>09:20 - 09:30</td>
<td>Discussion and conclusion</td>
<td>L. Drudge-Coates, GB</td>
</tr>
</tbody>
</table>
Aims and objectives of this session

The aims of this session are to:
- Explore the potential for pharmacological treatment in the patient with neurogenic bladder
- Review the surgical treatment in patients with neurogenic bladder
- Establish a link between bowel management and its impact on Catheter-Associated Urinary Tract Infections (CAUTI)
- Explore if CAUTI could be avoided in the patient with an indwelling catheter

And the objectives:
- Neurogenic bladder
  - traumatic lesions
  - pathological lesions like multiple sclerosis, Parkinson's disease, interstitial cystitis
  - evaluation of the treatment (with which examinations, questioning)
  - duration of the treatment
  - pre-operative workup
  - the decision of the surgery and which surgery?

08:30 - 08:35
Introduction
S. Terzoni, Milan (IT)

08:35 - 09:00
Pharmacological treatment options versus surgical treatment options for neurogenic bladder patients
V. Lejay, Paris (FR)

09:00 - 09:25
CAUTI and bowel management in patients with an indwelling catheter
To be confirmed

09:25 - 09:30
Questions and answers
Best practice recommendations for urethral intermittent catheterisation – collaboration is key
State-of-the-art Lecture 6

Location: Green Room 17
Chair: S. Vahr Lauridsen, Copenhagen (DK)

Aims and objectives of this session
The aim of this lecture is to report on the spread of the EAUN Intermittent Catheterisation (IC) guidelines to Canada, and the structured work, using agreed international processes, that is in progress to update the evidence and broaden the scope of the role that nurses can play in this important process. The lecture will highlight the latest changes recommended by the review process and will illuminate the impact that choice of catheter and cost can have on patient quality of life. Nursing is centrally positioned to play a leading role in advancing the way in which IC is taught as well as advocating on behalf of the patient, activities that both lie at the heart of nursing.

09:45 - 09:50
Introduction: Setting the scene
S. Vahr Lauridsen, Copenhagen (DK)

09:50 - 10:10
Adapting and adopting EAUN IC Guidelines - a Canadian perspective
L. Robbs, Mississauga (CA)

10:10 - 10:15
Questions and answers
### Cauda Equina Syndrome

**State-of-the-art Lecture 7**

**Monday 18 March**  
**09:45 - 10:15**

**Location:**  Green Room 18  
**Chair:**  H. Cobussen-Boekhorst, Nijmegen (NL)

**Aims and objectives of this session**

Sometimes people develop problems with bladder and/or bowel and sexual function after a hernia operation or other operations/treatments in the spinal cord. When these problems are not recognised and linked to the earlier treatment, people can suffer for years before they are diagnosed. An insight will be given on what the Cauda Equina Syndrome is and what it is like to live with this syndrome.

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
</tr>
</thead>
</table>
| 09:45 - 09:50 | **Introduction**  
H. Cobussen-Boekhorst, Nijmegen (NL)                                   |
| 09:50 - 10:10 | **Living with Cauda Equina Syndrome: What is it and how does it affect your daily life?**  
V. Phé Vu, Paris (FR)                                                   |
| 10:10 - 10:15 | **Questions and answers**                                               |
# Benign Prostatic Hyperplasia (BPH)

**ESU Course 2**

**Monday 18 March**
**10:30 - 12:30**

**Location:** Green Room 17  
**Chair:** M. Drake, Bristol (GB)

## Aims and objectives of this session

Male lower urinary tract symptoms (LUTS) are a common problem, with a major contribution for nurses in assessment and treatment. This course will take participants through the whole pathway to help understand important features of LUTS, and how they can affect therapy choice and outcome. A particular emphasis is given to some aspects of great importance to patients, which are often overlooked in medical assessment.

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Presenter</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>10:30 - 10:45</td>
<td>Assessment of male LUTS: How does it affect treatment choice?</td>
<td>M. Drake, Bristol (GB)</td>
<td></td>
</tr>
<tr>
<td>10:45 - 11:00</td>
<td>Is prostate inflammation important?</td>
<td>M. Gacci, Florence (IT)</td>
<td></td>
</tr>
<tr>
<td>11:00 - 11:15</td>
<td>New treatment for prostate enlargement in a nurse-led clinic</td>
<td>J. Brocksom, Leeds (GB)</td>
<td></td>
</tr>
<tr>
<td>11:15 - 11:30</td>
<td>Basic assessment of flow rate and obstruction: Getting it right</td>
<td>M. Drake, Bristol (GB)</td>
<td></td>
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<tr>
<td>11:30 - 11:45</td>
<td>Break</td>
<td></td>
<td></td>
</tr>
<tr>
<td>11:45 - 12:00</td>
<td>Protecting sexual function in men with LUTS and men receiving LUTS treatment</td>
<td>M. Gacci, Florence (IT)</td>
<td></td>
</tr>
<tr>
<td>12:00 - 12:15</td>
<td>Managing incontinence after Transurethral Resection of the Prostate (TURP)</td>
<td>E.L Chappel, ESSEX (GB)</td>
<td></td>
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<tr>
<td>12:15 - 12:29</td>
<td>Discussion</td>
<td></td>
<td></td>
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<tr>
<td>12:29 - 12:30</td>
<td>Close</td>
<td></td>
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Joint Session of the European Association of Urology Nurses (EAUN) and the Australian and New Zealand Urological Nurses Society (ANZUNS): Sexual health matters

Thematic Session 12

Monday 18 March
10:30 - 11:30

Location: Green Room 18

Chairs: F. Geese, Berne (CH)
K. Schubach, Melbourne (AU)

Aims and objectives of this session
Sexual dysfunction refers to (a) problem(s) that prevents the individual or couple from experiencing satisfaction from sexual activity. Some 43 percent of women and 31 percent of men report some degree of sexual dysfunction. Due to the increasing number of people experiencing sexual dysfunction, this thematic session wants to support urological nurses in the context of identifying and caring for women and men with sexual health issues

10:30 - 10:32
Introduction
F. Geese, Berne (CH)

10:32 - 10:52
ANZUNS presentation: Sexual dysfunction – an Australian nurse practitioner’s perspective
K. Schubach, Melbourne (AU)

10:52 - 11:07
The penis: Stubborn myths
J. Verkerk-Geelhoed, Nieuwegein (NL)

11:07 - 11:27
The challenges of hypersexuality in men and women
B. Winder, Nottingham (GB)

11:27 - 11:30
Conclusion
K. Schubach, Melbourne (AU)
### Rare cases and diseases in urology

**Thematic Session 13**

- **Location:** Green Room 18
- **Chair:** H.M. Çek, Edirne (TR)

**Aims and objectives of this session**

This session will provide you with the newest knowledge about uncommon conditions that can be found in urology patients. In everyday practice it is often difficult to find literature and practical information about unusual diseases to timely manage such conditions. The speakers of this session will discuss relevant observations, indications and treatment of these cases.

<table>
<thead>
<tr>
<th>Time</th>
<th>Topic</th>
<th>Speaker(s)</th>
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<tbody>
<tr>
<td>11:45 - 11:55</td>
<td>Ischaemic priapism</td>
<td>A. Salonia, Milan (IT)</td>
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<td>11:55 - 12:00</td>
<td>Questions and answers</td>
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<td>12:00 - 12:10</td>
<td>Epidemiology of Genitourinary Tuberculosis (GUTB) and its spectrum in Europe</td>
<td>T.E. Bjerklund Johansen, Stavern (NO)</td>
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<td>12:10 - 12:15</td>
<td>Questions and answers</td>
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<td>12:15 - 12:25</td>
<td>Basal cell carcinoma of the prostate</td>
<td>P.J. Van Leeuwen, Amsterdam (NL)</td>
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<td>12:25 - 12:30</td>
<td>Questions and answers</td>
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<td>12:30 - 12:40</td>
<td>Chancroid (ulcus molle)</td>
<td>H.M. Çek, Edirne (TR)</td>
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<td>12:40 - 12:45</td>
<td>Questions and answers</td>
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Aims and objectives of this session
In this session the following prizes will be handed out:
• First Prize Best Practice-development Poster Presentation 500 EUR
• First Prize Best Scientific Poster Presentation 500 EUR
• Second Prize Best Practice-development Poster Presentation 250 EUR
• Second Prize Best Scientific Poster Presentation 250 EUR
Aims and objectives of this session
The Annual General Assembly (AGM) of the European Association of Urology Nurses is a yearly gathering of the Membership and Board of the association. In the AGM, the Board reports on the activities and finances of the organisation and proposes changes in the bylaws or Board composition to the members. The members can also bring topics to the agenda of the AGM. The membership can approve or reject by voting as stated in the Bylaws. Voting is valid by simple majority and irrespective of the number of members attending.

The General Assembly (AGM) is open to all delegates. Only Full EAUN Members can vote.

Chair: S. Vahr, Copenhagen (DK)

Board:
P. Alchorne, London (GB), Chair Elect
J. Alcorn, Wakefield (GB)
J. Marley, Newtonabbey (IE), Temporary Board Member
S. Terzoni, Milan (IT), Past Chair
C. Tillier, Amsterdam (NL)
J. Verkerk-Geelhoed, Gouda (NL)
G. Villa, Milan (IT)

Agenda:
• Welcome by the chair
• Approval of the Minutes AGM 2018
• Voting changes in the Board
• Voting changes in the Bylaws
• The report of the chair with presentation of the achievements of 2018/2019
• Report ESUN & Guidelines activities
• Report Finances & Special Interest Groups & Scientific committee
• Open forum (for proposals from the members, cards will be available at the EAUN booth)

EAUN in 2018, changes in the board and bylaws and future activities
S. Vahr Lauridsen, Copenhagen (DK)