# EAUN24

6-8 April 2024, Paris, France

Join us in Paris!



24th International EAUN Meeting www.eaun24.org

Abstract and Video Submission, Difficult Case Submission
Research Project Plan Submission

**Deadline: 1 December 2023** 

in conjunction with





### Working together for an improved quality of care

Plenary Session 1

Saturday 6 April	
09:00 - 10:15	

**Location** Green Area, S06

Chair P. Allchorne, London (GB)

- Develop an understanding of the significance of interprofessional collaboration (IPC) in urology to elevate the quality of care.
- Be able to identify challenges within urology practice that require interprofessional collaboration.
- Enhance their proficiency and confidence in delivering urological care by applying IPC principles.
- Develop an understanding of individual, team, and strategic-level factors to foster IPC within urology clinical settings.

09:00 - 09:05	Welcome to the 24th International EAUN Meeting P. Allchorne, London (GB)
09:05 - 09:10	Welcome to Paris A. Stenzl, Tübingen (DE)
09:10 - 09:20	Welcome by the French Association of Urology Nurses (AFIIU)  C. Richard, Pierrefeu du Var (FR)
09:20 - 10:00	The importance of interprofessional collaboration J. Reinders, Groningen (NL)
10:00 - 10:05	<b>Q&amp;A and closing remarks</b> P. Allchorne, London (GB)

## Prostate Cancer Special Interest Group: Improving sexual health before and after prostate cancer treatment

Thematic Session 1

Saturday 6 April 10:30 - 11:30	Location Chair	Green Area, S06 P.H. Reynolds, Manchester (GB)	
	Learning object 1. Have a better 2. Be able to disc 3. Have an impro		
10:30 - 10:35	<b>Introduction</b> P.H. Reynolds,	Introduction P.H. Reynolds, Manchester (GB)	
10:35 - 10:50	Non-surgical predictive factors for erectile dysfunction after prostatectomy C.N. Tillier, Amsterdam (NL)		
10:50 - 11:05	The role of prehabilitation  M. Blumenau Pedersen, Aarhus (DK)		
11:05 - 11:15	Libido: no magic pill P.H. Reynolds, Manchester (GB)		
11:15 - 11:25		and bisexual men with prostate cancer ill, London (GB)	
11:25 - 11:30	Q&A and closing remarks		

P.H. Reynolds, Manchester (GB)

## Poster presentations on research studies, problem-solving efforts and innovative programmes in urology

Poster Session 1

Saturday 6 April
10:30 - 12:15

**Location** Green Area, W08

Chairs M. Boarin, Milan (IT)

M. Popiński, Bydgoszcz (PL)

**Judges** F. Geese, Berne (CH)

S.C. Hillery, York (GB)

L. Leinum, Roskilde (DK)

#### Learning objectives

Poster viewing of 30 minutes. Short introduction of 1 minute by the chair of the session. Abstracts will be presented and discussed on stage. Standard presentations are 6 minutes in length, followed by 2 minutes for discussion. Closing remarks of 2 minutes by the chair of the session.

Participants can view digital versions of the abstracts on the EAU(N)24 Resource Centre or at the digital screens in front of the Purple Area, EGPT.

10:30 - 11:00	Poster viewing
11:00 - 11:01	Introduction
P01	Urinary catheterisation among nurses in Sweden: A survey on routines and guideline adherence  M. Luque González, Las Palmas de Gran Canaria (ES)
P02	Effect of nurse directed education programme on improvement in severity of symptoms and quality of life among BPH patients: A quasi-experimental study N. Kalal, jodhpur (IN)
P03	Health-related quality of life and supportive care needs post-treatment for testicular cancer: A qualitative synthesis  L. Fox, London (GB)
P04	Continence care registry: Patient reported insights into their intermittent self- catheterisation experience  J. Simmons, Libertyville (US)
P05	Gold standard management for acute urinary retention for patients' presenting to the emergency department  P. Mcdermott, Channel Islands (GB)
P06	Robotic-assisted radical prostatectomy survivorship data in the south east of the UK, 2019-2023  R. Vitkauskas, Eastbourne (GB)

P07	Development of a nurse-led, tailored educational intervention for men with prostate cancer on androgen deprivation therapy: A practice development		
	initiative		
	S. Sara, Sydney (AU)		
P08	3-month mark to urinary continence, after robotic radical prostatectomy is it		
	possible?		
	M. Varandas, Lisbon (PT)		
P09	Assessing vacuum erectile devices effect on post-radical prostatectomy erectile		
	function		
	M. Varandas, Lisbon (PT)		
12:13 - 12:15	Closing remarks		

## Sexual Health Special Interest Group: How to break the taboo of discussing sexuality?

Thematic Session 2

Saturday 6 April 11:45 - 12:45	Location Chair	Green Area, S06  J. Verkerk-Geelhoed, Nieuwegein (NL)
	partners 2. Be able to discus difficulties in sexual 3. Have an improve	derstanding of sexual health and the impact on the patient and scommon pitfalls and strategies to minimise and overcome health from the perspective of guidelines dunderstanding and comfort level with caring/treating sexual cal settings for urology male and female patients
11:45 - 11:50	Introduction J. Verkerk-Geelhoo	ed, Nieuwegein (NL)
11:50 - 12:10		oject of sexuality with your patient in a challenging to do guidelines say about this?  tricht (NL)
12:10 - 12:25	Addressing erectile dysfunction in male patients in relation to disease or comorbidity  H. Attard Bason, Msida (MT)	
12:25 - 12:40	<b>Engaging women i</b> R. Martin, Londor	n sexual recovery programmes
12:40 - 12:45	Q&A and closing remarks	

J. Verkerk-Geelhoed, Nieuwegein (NL)

### Urology nurse practitioner (ANP) consultation and patient enablement

State-of-the-art Lecture 1

Saturday 6 April
12:30 - 13:00

**Location** Green Area, W08

Chair J.T. Marley, Belfast (GB)

#### Learning objectives

Measuring the impact of advanced practice is an important measure of the quality of patient care. Enablement is a patient-centred concept which reflects the patient's ability to cope with, manage, and understand their health condition, and is associated with improved patient outcomes. The Patient Enablement and Satisfaction Survey (PESS-ANP), a validated instrument, can be utilised to examine the connection between a patient's experience of care provided by an Advanced Nurse Practitioner (ANP) and patient enablement. The results of a cross sectional study undertaken in Ireland examining patient enablement after consultation with an ANP in urology is presented.

12:30 - 12:32	Introduction  J.T. Marley, Belfast (GB)
12:32 - 12:52	Results of a cross sectional study investigating patient enablement after consultation with an ANP in urology.  R. McConkey, Galway (IE)
12:52 - 13:00	Discussion and closing remarks  J.T. Marley, Belfast (GB)
	R. McConkey, Galway (IE)

### Debate: Prostate cancer screening: Diagnosing at any cost?

Thematic Session 3

Saturday 6 April
14:30 - 15:30

**Location** Green Area, S06

Chairs P. Albin, Zürich (CH)

To be confirmed

#### Learning objectives

A prostate cancer screening programme could detect prostate cancer at an early stage and prevent men from dying, but it also could lead to overdiagnosis of low-grade prostate cancer and may do harm. In this session we will discuss the pros and cons, and we will also hear the patient's voice.

14:30 - 14:31	Introduction To be confirmed	
14:31 - 14:43	Prostate cancer screening provides little benefit and can be harmful A. Røder, Gentofte (DK)	
14:43 - 14:55	Prostate cancer screening is necessary H. Van Poppel, Leuven (BE)	
14:55 - 15:07	Prostate cancer screening: Voice of a patient E. Rogers, Galway (IE)	
15:07 - 15:29	Debate	
	Discussants	E. Rogers, Galway (IE)
		A. Røder, Gentofte (DK)
		To be confirmed
		H. Van Poppel, Leuven (BE)
15:29 - 15:30	<b>Q&amp;A and closing remarl</b> L. Fleure, London (GB)	

## Poster presentations on research studies, problem-solving efforts and innovative programmes in urology

Poster Session 2

Saturday 6 April	Location	Green Area, W08		
14:30 - 16:15	Chairs	M. Boarin, Milan (IT)		
		M. Popiński, Bydgoszcz (PL)		
	Judges	F. Geese, Berne (CH)		
		S.C. Hillery, York (GB)		
		L. Leinum, Roskilde (DK)		
	Poster viewing of session. Abstract are 6 minutes in I	Learning objectives  Poster viewing of 30 minutes. Short introduction of 1 minute by the chair of the session. Abstracts will be presented and discussed on stage. Standard presentation are 6 minutes in length, followed by 2 minutes for discussion. Closing remarks of 2 minutes by the chair of the session.		
		Participants can view digital versions of the abstracts on the EAU(N)24 Resource Centre or at the digital screens in front of the Purple Area, EGPT.		
14:30 - 15:00	Poster viewing	Poster viewing		
15:00 - 15:01	Introduction	Introduction		
210	than males: A cro	Females have a higher risk of urinary tract infections and experience more worries than males: A cross-sectional patient study  S. Vahr Lauridsen, Herlev (DK)		
P11	<b>To understand si</b> <b>bladder cancer (</b> I K. Schubach, M	•		
P12	• •	Surgical positioning injuries following lateral positioning for urological procedures C. Holck Larsen, Smørum (DK)		
213	in the context of	Understanding perspectives on a hospital-based smoking cessation intervention in the context of transurethral resection of the bladder: A qualitative study L.N. Lydom, Valby (DK)		
214	healthcare profe	Practice-development project - pelvic health physiotherapy education for healthcare professionals at a spinal cord injury centre N. Vasquez, Middlesex (GB)		
P15	Australia: A mult	Acceptability of a nurse-led virtual prostate cancer survivorship care model in rural Australia: A multi-methods, single-centre feasibility pilot  N. Heneka, Springfield Central (AU)		
P16	The role and rea	The role and reach of prostate cancer specialist nurses in the provision of		

personalised survivorship care: Analysis of patient activity data (2014 - 2023)

N. Heneka, Springfield Central (AU)

P17	Improving support for black men with prostate cancer G. Zisengwe, London (GB)	
P18	Telehealth-based pre-operative education session for robot-assisted radical prostatectomy patients – a 2-year follow-up study  M. Diocera, Parkville (AU)	
16:13 - 16:15	Closing remarks	

### Nursing solutions in difficult cases

Special Session 1

### Saturday 6 April 15:35 - 16:20

**Location** Green Area, S06

Chair R. Pieters, Ghent (BE)

#### Learning objectives

In guidelines it is common practice to describe/focus on typical cases, but we all know that there is also a need for information on nursing practice in atypical (difficult) cases. All nurses encounter problems in daily nursing practice and have found their own solutions or, sometimes, have not found a solution. In this session these challenging cases are presented and discussed, offering delegates a unique opportunity to learn from each other's experience.

The submitted cases have been evaluated by an expert jury:

- Ronny Pieters, Ghent, Belgium (Urology Nurse)
- Eva Wallace, Dublin, Ireland (Urology Nurse)
- Giulia Villa, Milan, Italy (Urology Nurse)
- Netty Kinsella, United Kingdom (Urology Nurse Consultant)

15:35 - 15:37	Introduction R. Pieters, Ghent (BE)		
15:37 - 15:47	(DC24-02) Pharmaceutical management of painful bladder syndrome in patient with long term suprapubic catheter F. Lo Giudice, Dublin (IE)		
15:47 - 15:57	DC24-03 - Promoting patient autonomy - a transition from paediatric to adult services  N.R Rhodes, Dublin (IE)		
15:57 - 16:07	DC24-04 - Wound management of complicated surgical wound after appendicovesicostomy and bladder augmentation P. Potuckova, Prague (CZ)		
16:07 - 16:17	DC24-05 - 'My bladder owns me' C. Ahern, Dublin (IE)		
16:17 - 16:20	Conclusion R. Pieters, Ghent (BE)		

## Continence Special Interest Group: Interactive session: If I suffered from... I would...

Thematic Session 4

Saturday 6 April 16:30 - 17:30	Location Green Area, S06  Chair S. Terzoni, Milan (IT)	
	<b>Learning objectives</b> After attending this session, delegates will be able to describe tips and tricks to manage unusual or complicated situations in continence care from a nurse's point of view	
16:30 - 16:35	Introduction S. Terzoni, Milan (IT)	
16:35 - 16:46	Post-prostatectomy incontinence: Really that basic? S. Terzoni, Milan (IT)	
16:46 - 16:57	Post-menopause incontinence: Plain and simple or not? V. Lejay, Paris (FR)	
16:57 - 17:08	Living with incontinence: How should we support patients? G. Mörzinger, Linz (AT)	
17:08 - 17:19	Neurogenic incontinence: The simplest of all E. Wallace, Dublin (IE)	
17:19 - 17:30	Discussion and closing remarks S. Terzoni, Milan (IT)	

### Bladder Cancer Special Interest Group: Gender differences in bladder cancer

Thematic Session 5

Saturday 6 April 16:30 - 17:30	Location	Green Area, W08
10.30 - 17.30	Chair	B. Thoft Jensen, Aarhus (DK)
	Learning objectives  1. Have a better understanding of gender specific needs with bladder cancer  2. Be able to discuss what the current research shows regarding gender differences?  3. Have an improved understanding of sexuality and intimacy among female patients and their partners	
16:30 - 16:35	Introduction B. Thoft Jensen, Aarhus (DK)	
16:35 - 16:50	What does the research show about gender differences?  N. Mohamed, New York (US)	
16:50 - 17:05	Delayed diagnosis, how is this managed?  J.M. Hyldgaard, (DK)	
17:05 - 17:20	Bladder cancer treatment impact on sexuality and intimacy among female patients and their partners  R. Martin, London (GB)	
17:20 - 17:30	Discussion and closing remarks B. Thoft Jensen, Aarhus (DK)	

### The impact of cystectomy on quality of life and how to improve this

Plenary Session 2

Sunday 7 April
08:30 - 09:30

**Location** Green Area, S06

Chairs J. Alcorn, Wakefield (GB)

M. Jones, Canterbury (GB)

- 1. Have a better understanding of the importance of ongoing care for cystectomy patients to promote self-management for a better quality of life.
- 2. Be able to identify common pitfalls in the daily lives of post-cystectomy patients and offer coping strategies to minimise difficulties.

08:30 - 08:35	Introduction M. Jones, Canterbury (GB)	
08:35 - 08:45	Pathway in muscle invasive and high risk non-muscle invasive bladder cancer C. Poyet, Zürich (CH)	
08:45 - 09:10	Living well beyond cystectomy R. Klauser, Rueti (CH)	
09:10 - 09:25	My life with a stoma bag: The impact of a cystectomy in patients life To be confirmed	
09:25 - 09:30	Discussion and closing remarks  J. Alcorn, Wakefield (GB)	

### Endourology Special Interest Group: Advances within Endourology and robotics

Thematic Session 6

Sunday 7 April
09:45 - 10:45

**Location** Green Area, S06

Chairs A. Mohammed, London (GB)

A. Semedo, London (GB)

- 1. Have a better understanding of advancing roles in urology nursing and how to create high quality standardised care
- 2. Be able to discuss common pitfalls and strategies to minimise difficulties in setting up a new nurse-led service
- 3. Have an improved understanding of the patient robotic journey Speciality specific evidence-based practice to implement an ERAS programme locally.

09:45 - 09:50	Introduction A. Mohammed, London (GB)	
09:50 - 10:03	The pathway to advanced practice: Modernising the perioperative workforce, roles and curriculum  U. Bumagat, Coventry (GB)	
10:03 - 10:16	ERAS - Enhancing the robotic surgery patient journey S. Dal Bello, Castelfranco Veneto (IT) M. Marchetti, London (GB)	
10:16 - 10:29	TWOC at home: A novel approach to patient engagement and accountability P. Nwangwu, London (GB)	
10:29 - 10:45	Discussion and closing remarks A. Mohammed, London (GB)	

### Decisional regret in prostate cancer

Thematic Session 7

Sunday 7 April
09:45 - 10:45

**Location** Green Area, W08

Chair T. Santos, Lisbon (PT)

- Have a better understanding of the Patient Reported Outcome Measures (PROMs) to evaluate decision regret.
- Have a better understanding of patients' perception concerning treatment regret.
- Be able to improve shared decision-making in their practice.

09:45 - 09:50	Introduction T. Santos, Lisbon (PT)	
09:50 - 10:05	Patient reported outcomes following treatment of localised prostate cancer and decisional regret  H.G. Van Der Poel, Amsterdam (NL)	
10:05 - 10:20	Unmet expectations in prostate cancer patients and their association with decisional regret: Patient perspective  E-G. Carl, Tornesch (DE)	
10:20 - 10:35	Role of RNs and NPs in the shared decision-making process C.N. Tillier, Amsterdam (NL)	
10:35 - 10:45	Discussion and closing remarks T. Santos, Lisbon (PT)	

### Managing worry and fear of recurrence

State-of-the-art Lecture 2

Sunday 7 April 11:00 - 11:30	Location Chair	Green Area, S06  J. Verkerk-Geelhoed, Nieuwegein (NL)
	care 2. Be aware of t	tives understanding of current models of worry, FCR and trauma-informed he specific steps required for effective nurse-led input ntify where referral for additional specialist input is indicated
11:00 - 11:02	Introduction J. Verkerk-Geelhoed, Nieuwegein (NL)	
11:02 - 11:17	Managing worry and fear of recurrence A. King, London (GB)	
11:17 - 11:30	Discussion and closing remarks  J. Verkerk-Geelhoed, Nieuwegein (NL)	

### Penile rehabilitation following prostate cancer therapy

State-of-the-art Lecture 3

Sunday 7 April	Location	Green Area, W08	
11:00 - 11:30	Chair	H. Reinders-Huisman, Groningen (NL)	
	prostate ca 2. Be able to o research o 3. Have an im	tives  Iter understanding of what penile rehabilitation consists of following ancer therapy.  Iter understanding of what penile rehabilitation consists of following ancer therapy.  Iter understanding of what penile rehabilitation given the current in this topic.  In proved comfort level with caring for patients interested in or a penile rehabilitation program.	
11:00 - 11:05	Introduction H. Reinders-Hu	uisman, Groningen (NL)	
11:05 - 11:25	Penile rehabilitation and treatment options for erectile dysfunction following radical prostatectomy and radiotherapy  G.I. Russo, Catania (IT)		
11:25 - 11:30	<b>Q&amp;A and closing remarks</b> H. Reinders-Huisman, Groningen (NL)		

### Joint session EFUN/AFIC: Disparities and the role of (inter)national societies

Thematic Session 8

Sunday 7 April
11:45 - 12:45

**Location** Green Area, W08

Chair C.N. Tillier, Amsterdam (NL)

#### Learning objectives

Education and recognition of urology/oncology nurses differs greatly across Europe. Is it necessary to try to reach a 'European' equality of education instead of national education or could we use these differences to raise the educational level of some European countries? The AFIC will give an example of a video learning programme in France for oncology nurses and nurse practitioners in oncology. We will compare current national and societies' programmes. The EAUN will demonstrate the importance of a curriculum for urology nurses. We will debate with the audience after the lectures and will share our experiences and ideas.

11:45 - 11:50	Introduction C.N. Tillier, Amsterdam (NL)
11:50 - 12:05	AFIC Video project for nurse-led clinical exam R. Corgas Ribeiro, Delémont (CH) L. Yassine, Paris (FR)
12:05 - 12:20	<b>EFUN Educational disparities in Europe: Importance of a curriculum for urology nurses</b> J.T. Marley, Belfast (GB)
12:20 - 12:40	Debate with audience  Moderator J. Taylor, Salford (GB)
12:40 - 12:45	Q&A and closing remarks C.N. Tillier, Amsterdam (NL)

### Nurse-led stone management

State-of-the-art Lecture 4

Sunday 7 April 11:45 - 12:15	Location Chair	Green Area, S06  T. Santos, Lisbon (PT)
11:45 - 11:50	Introduction T. Santos, Lisbo	on (PT)
11:50 - 12:10	<b>Nurse led lithotri</b> T. Kelly, Galway	ipsy clinics and discharge advice
12:10 - 12:15	<b>Q&amp;A and closing</b> T. Santos, Lisbo	

### Sunday 7 April 12:30 - 14:30

14:15 - 14:30

**Location** Green Area, S06

Chair A. Muneer, London (GB)

#### Learning objectives

This comprehensive EAUN-ESU course will dive into the best practices, treatment options, and challenges faced by nurses and patients.

Through engaging discussions, evidence-based strategies, and application to real-world scenarios, the course aims to:

- Understand the expectations of both the patients and their partners
- Assess the role of pre-operative counselling in managing expectations
- Learn more about the value of patient information and patient advocates

The course will commence with insights to go beyond a patient's medical condition(s) and medications, taking into account factors such as unique experiences related to his sexual and reproductive health.

In addition, participants will learn about the tips, tricks, and pitfalls in the management of erectile dysfunction, as well as the psychological impact of male factor infertility and ejaculatory dysfunction.

Knowing how to initiate and navigate conversations with patients regarding sensitive topics is also covered in this course. Participants will also familiarise themselves with vital information on sexual rehabilitation post-surgery, as well as the treatment options for Peyronie's disease.

12:30 - 12:40	Introduction: Nursing and andrology  A. Muneer, London (GB)
	J. Verkerk-Geelhoed, Nieuwegein (NL)
12:40 - 12:55	The holistic patient history in cases of sexual dysfunction A. Muneer, London (GB)
12:55 - 13:15	Management of erectile dysfunction: Tips, tricks and pitfalls from a nurse perspective (include psychogenic/ relational factors, PDE5I failure salvage, practical aspects of injections/ VED and when to consider implant)  J. Verkerk-Geelhoed, Nieuwegein (NL)
13:15 - 13:30	Psychological impact of male factor infertility and ejaculatory dysfunction: What is the responsibility of the urologist and urological nurse?  M. Dinkelman-Smit, Rotterdam (NL)
13:30 - 13:45	Break
13:45 - 14:00	Sex without erections: What to suggest and how to have the conversation J. Verkerk-Geelhoed, Nieuwegein (NL)
14:00 - 14:15	Sexual rehabilitation after urological surgery W.G. Lee, London (GB)

Treatment options and patient perspectives in Peyronie's disease

J. Verkerk-Geelhoed, Nieuwegein (NL)

Close

## Improving patient outcomes with technology: A quality improvement initiative for urinary catheter management

State-of-the-art Lecture 5

Sunday 7 April
13:00 - 13:30

**Location** Green Area, W08

Chair S. Terzoni, Milan (IT)

- 1. Attendees will gain insights into the prevalence and impact of Catheter-Associated Urinary Tract Infections (CAUTIs) in healthcare.
- 2. The session will outline a Quality Improvement (QI) initiative that utilises a Plan-Do-Study-Act (PDSA) cycle to enhance catheterisation documentation.
- 3. Delegates will learn about the development and use of an electronic form (eForm) designed to improve in-hospital communication, community service coordination, and adherence to catheter guidelines.
- 4. The initiative's aim to facilitate efficient catheter management and timely removal, thereby potentially reducing the incidence of CAUTIs, will be discussed.

13:00 - 13:05	Introduction S. Terzoni, Milan (IT)
13:05 - 13:25	A catheterisation e-form to stop NAUTI (naughty) CAUTI T. Kelly, Galway (IE)
13:25 - 13:30	<b>Q&amp;A and closing remarks</b> S. Terzoni, Milan (IT)

### **Expert-guided Poster Tour**

Expert Guided Tour

Sunday 7 April	Location	Green Area, EAUN EGT
13:45 - 14:15	Chair	M. Boarin, Milan (IT)
	poster board with and discussions.	ves sion format posters will be presented in a concise format at the nout slides. Two experts will guide the tour by means of questions The complete session will be 30 minutes, each poster will be ninutes with the printed poster followed by 3 minutes of discussion.
	•	view digital versions of the abstracts on the EAU(N)24 Resource ligital screens in front of the Purple Area, EGPT.
EGP1	The pivotal role surgical environi A. Khalil, Rome	
EGP2	Advanced praction years after role in J. Enaux, Triese	•
EGP4	•	on following radical prostatectomy: A retrospective cohort study en, bronshoj (DK)
EGP5		survivorship interventions to improve quality of life outcomes for the cancer on androgen deprivation therapy: A systematic review (AU)
EGP6	•	atbot aid on promoting self-management of men's health in ver urinary tract symptoms and erectile dysfunction

P.P. Chiu, Taipei (TW)

### Non-muscle-invasive bladder cancer diagnosis and lifestyle

Thematic Session 9

Sunday 7 April
14:45 - 15:45

**Location** Green Area, S06

Chair K. Chatterton, London (GB)

- 1. Gain a comprehensive understanding of the impact of lifestyle changes on both the risk of recurrence and quality of life in patients with NMIBC.
- 2. Learn how socioeconomic status impacts survival rates in bladder cancer patients
- 3. Develop strategies to effectively communicate and educate patients on lifestyle modifications for better management of non-muscle-invasive bladder cancer.

14:45 - 14:50	Introduction K. Chatterton, London (GB)
14:50 - 15:02	Adherence to lifestyle recommendations after NMIBC diagnosis and risk of recurrence  A. Vrieling, Nijmegen (NL)
15:02 - 15:14	Lifestyle and quality of life after NMIBC  B. Thoft Jensen, Aarhus (DK)
15:14 - 15:26	Socioeconomic status and bladder cancer survival N. Mohamed, New York (US)
15:26 - 15:40	Discussion: Role of nurses, urologists and NPs in promoting lifestyle changes
15:40 - 15:45	Q&A and closing remarks K. Chatterton, London (GB)

### The impact of menopause on the lower urinary tract

Thematic Session 10

Sunday 7 April
14:45 - 15:45

**Location** Green Area, W08

Chair F. Geese, Berne (CH)

- 1. To have a better understanding of the urinary tract effects that menopause can cause
- 2. To have a thorough understanding of the anatomy and physiology of the bladder and in particular the oestrogen receptors
- 3. To gain knowledge on the available treatments
- 4. To be able to treat women holistically

14:45 - 14:47	Introduction F. Geese, Berne (CH)
14:47 - 15:02	Menopausal changes on the urinary tract L.G. Smyth, Dublin (IE)
15:02 - 15:17	The importance of taking a detailed history S.C. Hillery, York (GB)
15:17 - 15:32	Treatments including lifestyle changes M.C. Sighinolfi, Milan (IT)
15:32 - 15:42	Tools to promote psychological well-being after menopause M. Jones, Canterbury (GB)
15:42 - 15:45	<b>Q&amp;A</b> and closing remarks F. Geese, Berne (CH)

### **Nursing Research Competition**

Special Session 2

Sunday 7 April
16:00 - 16:50

**Location** Green Area, S06

Chair F. Geese, Berne (CH)

Judges K. Ancog, Sydney (AU)

V. Geng, Lobbach (DE)

To be confirmed

J.T. Marley, Belfast (GB)

C.N. Tillier, Amsterdam (NL)

#### **Learning objectives**

The aim of the nursing research competition is to give nurses the chance to start research in the field of urology nursing. The audience is presented the research plans as they are being discussed by a jury, so this session also becomes an interactive learning session for pitfalls and opportunities in setting up nursing research. The winner of the Best EAUN Nursing Research Project 2024 will be announced and will receive €2.500 to start his or her research project and an Award certificate in the Award Session on Monday, 8 April, 14.00 hrs.

16:00 - 16:05	Introduction		
16:05 - 16:15	Report from the research competition winner of 2022 Helping patients with chronic pelvic pain and non-relaxing pelvic floor: Nurse-led transcutaneous sacral neuromodulation  S. Terzoni, Milan (IT)		
16:15 - 16:25	RP24-01 - The impact of a national goal-directed nurses educational programme on managing intravesical instillation with Mitomycin C or bacillus Calmette-Guérin – a longitudinal mixed-method study exploring the patient and nurses experiences and confidence  T. Junker, Odense (DK)		
16:25 - 16:35	RP24-02 - Patient organisation from the perspective of patient and health care professionals – how we can enrich each other. Participative action research in urology health care  H. Novotna, Praha (CZ)		
16:35 - 16:45	RP24-03 - Do No patient harm! Stop catheter-associated complications (CACs)  E. Wallace, Dublin (IE)		
16:45 - 16:50	Conclusion		

### Benign scrotal conditions

State-of-the-art Lecture 6

Sunday 7 April
16:00 - 16:30

**Location** Green Area, W08

Chair M. Boarin, Milan (IT)

- 1. Have an improved understanding and comfort level with first diagnosis, treatment and recurrences of benign scrotal diseases: varicocele and hydrocele.
- 2. Be able to discuss common pitfalls and strategies to minimise difficulties in patients with acute scrotum (testicular torsion, Fournier gangrene).
- 3. Know how to offer high-quality care for patients affected with varicocele, hydrocele, testicular torsion and Fournier gangrene.

16:00 - 16:05	Introduction M. Boarin, Milan (IT)
16:05 - 16:25	Diagnosis, causes and treatment of benign scrotal conditions  A. Salonia, Milan (IT)
16:25 - 16:30	Q&A and closing remarks M. Boarin, Milan (IT)

## Presentation of the new EAUN Intermittent catheterisation guidelines (update 2024)

Plenary Session 3

	•		
Monday 8 April	Location	Green Area, S06	
08:30 - 09:45	Chair	S. Vahr Lauridsen, Herlev (DK)	
	catheterisation 2. Be aware of th 3. Be able to ass	aspects of the updated EAUN guidelines on intermittent ne necesssity of using the guidelines less and teach patients performing intermittent catheterisation and in the prevention of CAUTI	
08:30 - 08:40		Introduction to the updated guidelines: Changes and additional topics S. Vahr Lauridsen, Herlev (DK)	
08:40 - 08:50	The gap between theory and practice: What you should know V. Geng, Lobbach (DE)		
08:50 - 09:00	Main recommen and catheter cho T. Kelly, Galwa		
09:00 - 09:10		ndations from the new guidelines explained: Infection and AUTI and UTI tool	
09:10 - 09:20	Main recommen of life B. Thoft Jenser	ndations from the new guidelines explained: Health-related quality	
09:20 - 09:30	<b>Discussion and </b> S. Vahr Laurids	closing remarks sen, Herlev (DK)	

### Hands-on Training in Flexible cystoscopy for nurses

ESU - HOT course

Monday 8 April
08:30 - 12:00

#### Location

Orange Area, HOT 4

#### **Learning objectives**

A flexible cystoscopy course aimed at urological nurses, introducing a comprehensive foundation of knowledge required to complete training. Including the opportunity for some practical training with flexible cystoscopes and allowing participants to start training locally, guided by appropriately trained urologists skilled in cystoscopy. Limited places available. Only nurse participants who have registered for this course will be admitted.

08:30 - 08:35	Welcome K. Chatterton, London (GB)
08:35 - 08:45	Enhanced skills for nurses P. Allchorne, London (GB)
08:45 - 09:15	Anatomy and physiology of the bladder P.E. Hjort, Aarhus C (DK) V. Kumarasegaram, Aarhus N (DK)
09:15 - 09:30	Modular learning and gaining competencies J. Taylor, Salford (GB)
09:30 - 09:45	Patient consent K. Chatterton, London (GB)
09:45 - 10:00	Introducing the flexible cytoscope
10:00 - 10:15	Break
10:15 - 11:45	Hands on training - Using scopes with models L.B. Dragoş, Cambridge (GB)
11:45 - 12:00	Questions and feedback / Evaluation K. Chatterton, London (GB)

### The assessment, treatment and impact of male LUTS

Thematic Session 11

Monday 8 April
10:00 - 11:00

**Location** Green Area, W08

Chair M. Jones, Canterbury (GB)

### **Learning objectives**

1. Have a better understanding of how to properly and thoroughly assess lower urinary tract symptoms in men, and how to create high quality care

2. To enhance knowledge about the management of male LUTS

10:00 - 10:01	Introduction M. Jones, Canterbury (GB)	
10:01 - 10:43	Male LUTS: assessment, diagnosis and treatments L. Casey, Dublin (IE)	
10:43 - 10:57	Overview of bladder outlet obstruction S.K Kinghorn, London (GB)	
10:57 - 11:00	<b>Q&amp;A and closing remarks</b> M. Jones, Canterbury (GB)	

### Nurse-led acute ureteric stone pathway

State-of-the-art Lecture 7

Monday 8 April	
10:00 - 10:30	

**Location** Green Area, S06

Chair A. Semedo, London (GB)

- 1. Have an understanding of the benefits of introducing a nurse-led acute ureteric stone service
- 2. Be more familiar with the treatment options offered to patients following this nurse-led clinic, and the clinical decision-making behind these decisions
- 3. Have an improved understanding of the role of the nurse in providing holisitic patient-centred care especially with regard to stone prevention in the future.

10:00 - 10:05	Introduction A. Semedo, London (GB)
10:05 - 10:25	Introducing a nurse-led acute ureteric stone pathway S.K Kinghorn, London (GB)
10:25 - 10:30	Q&A and closing remarks A. Semedo, London (GB)

Green Area, S06

Location

EAUN - ESU Course 2

Monday 8 April 10:45 - 12:45

10:45 - 12:45	Chair	G. Pignot, Marseille (FR)
	modalities in localised and Kinase Inhibitor and immu the nurse/ nurse practition health). After the course the participal (Renal Cell Carcinoma). The	each delegates about diagnostics and different treatment dimetastatic disease, including new options like tyrosine unotherapy. Counselling of the patient during treatment by ner. Guiding the patient in recovery after treatment (positive ant knows the diagnostic options and treatment options for RCC participant knows how to counsel the patient during treatment in the participant knows how the multidisciplinary team is composed
10:45 - 10:45	Introduction G. Pignot, Marseille (FR)	
10:45 - 11:05	<b>Epidemiology, risk factors</b> G. Pignot, Marseille (FR)	s and diagnostics of RCC (including imaging and biopsy)
11:05 - 11:25	Treatment options of loc radical nephrectomy, diff Y. Abu Ghanem, London G. Pignot, Marseille (FR)	ı (GB)
11:25 - 11:45	Counselling and manage scenario) Y. Abu Ghanem, London J. Alcorn, Wakefield (GB	
11:45 - 12:00	Break	
12:00 - 12:20	Treatment options of me Y. Abu Ghanem, London	
12:20 - 12:40	Counselling and manage treated for metastatic RC Y. Abu Ghanem, London J. Alcorn, Wakefield (GB G. Pignot, Marseille (FR)	(GB)
12:40 - 12:45	<b>Take-home messages</b> G. Pignot, Marseille (FR)	

### The importance of the pelvic floor in urology

Thematic Session 12

<b>Monday 8 April</b>
11:15 - 12:15

**Location** Green Area, W08

Chair H. Reinders-Huisman, Groningen (NL)

- 1. Have a better understanding of the conditions that affect the pelvic floor and how these can be assessed by urodynamics.
- 2. Acquire more in-depth knowledge about pelvic floor assessment and training in men and women.
- 3. Have an improved understanding and comfort level with caring for patients with pelvic floor conditions.

11:15 - 11:16	Introduction H. Reinders-Huisman, Groningen (NL)	
11:16 - 11:36	Conditions that affect the pelvic floor and the use of urodynamics D.A.W. Janssen, Nijmegen (NL)	
11:36 - 11:51	Pelvic floor assessment and training for women G. Wall, Dublin (IE)	
11:51 - 12:06	Pelvic floor assessment and training for men T.H. Storebø, Bergen (NO)	
12:06 - 12:15	Discussion and closing remarks H. Reinders-Huisman, Groningen (NL)	

### INUS: Nursing care of neuro-urological patients requires special knowledge

Thematic Session 13

Monday 8 April 12:45 - 14:00 **Location** Green Area, W08

Chair H. Madersbacher, Innsbruck (AT)

#### Learning objectives

This session deals with some hot topics in Neuro-Urology today. It starts with aspects on single-use catheters, considering also the plastic burden they create. It will be discussed how to obtain a neutral plastic footprint despite preserving safe treatment. There is an increasing number of new devices for urodynamic investigations on the market. For the "urodynamic" nurse or for the nurse interested in urodynamics, we provide a critical overview analysing whether and how these "innovations" really improve the results. In the third lecture, the most frequently applied surgical interventions (operations) will be presented, the indications and the expected results are discussed and presented. Thus increasing the knowledge of the nurse of these interventions and helps to understand why and how they are done.

12:45 - 12:46	Introduction  H. Madersbacher, Innsbruck (AT)	
12:46 - 13:01	Bladder catheterisation: Single use or reusable catheters or a mix?  B. Blok, Rotterdam (NL)	
13:01 - 13:08	<b>Discussion</b> B. Blok, Rotterdam (NL)	
13:08 - 13:23	Urodynamics: Conventional techniques with new devices – advantages? S. Musco, Firenze (IT)	
13:23 - 13:30	<b>Discussion</b> S. Musco, Firenze (IT)	
13:30 - 13:45	Surgery in neuro-urology – what are the most frequently applied operations for neurogenic LUT dysfunction?  H. Madersbacher, Innsbruck (AT)	
13:45 - 14:00	Discussion and closing remarks H. Madersbacher, Innsbruck (AT)	

### Urology nurses' wellbeing and resilience

Thematic Session 14

Monday 8 April 13:00 - 13:45	Location	Green Area, S06	
	Chair	F. Geese, Berne (CH)	
	being and resilie	mon understanding of the core concept of health professional well-	
13:00 - 13:02	<b>Introduction</b> F. Geese, Berne	e (CH)	
13:02 - 13:30	Nurses' wellbeing and resilience during a global health workforce shortage: Myth or reality?  M. Rogers, Huddersfield (GB)		
13:30 - 13:45	Discussion  F. Geese. Berne (CH)		

Monday 8 April 14:00 - 14:15 **Location** Green Area, S06

Chair P. Allchorne, London (GB)

#### **Learning objectives**

In this session the prize winners will be announced:

- First Prize for the Best Practice development-oriented Poster Presentation (500 EUR)
- First Prize for the Best Science-oriented Poster Presentation (500 EUR)
- Second Prize for the Best Practice development-oriented Poster Presentation (250 EUR)
- Second Prize for the Best Science-oriented Poster Presentation (250 EUR)
- Prize for the Best EAUN Nursing Research Project (2500 EUR)

### **General Assembly**

Special Session 3

Monday 8 April 14:15 - 15:00 **Location** Green Area, S06

Chair P. Allchorne, London (GB)

#### Agenda:

- · Welcome by the chair
- · Voting changes in the Board
- The report of the chair with the presentation of the achievements of 2023/2024
- · Report from ESUN & Guidelines activities
- Report from Finances & Special Interest Groups & Scientific committee
- Open forum (for proposals from the members, cards will be available at the EAUN booth)

### Learning objectives

The Annual General Assembly (AGM) of the European Association of Urology Nurses is a yearly gathering of the Membership and Board of the association. In the AGM, the Board reports on the activities and finances of the organisation and proposes changes in the bylaws or Board composition to the members. The members can also bring topics to the agenda of the AGM. The membership can approve or reject by voting as stated in the Bylaws. Voting is valid by simple majority and irrespective of the number of members attending. The General Assembly (AGM) is accessible for all delegates - Voting only for European Full EAUN and European Online EAUN Members Board:

- P. Allchorne, London (GB), Chair
- C. Tillier, Amsterdam (NL), Chair Elect
- J. Alcorn, Wakefield (GB)
- M. Boarin, Milan (IT)
- F. Geese, Berne (CH)
- R. McConkey, Galway (IE)
- M. Popiński, Bydgoszcz (PL)
- T. Santos, Lisbon (PT)

14:15 - 14:20

#### Welcome and introduction

P. Allchorne, London (GB)