The nurses’ day at ERUS attracted nurses from 10 European countries, South Korea and the USA.

A robotic prostatectomy. Involving a patient gave the attending nurses a good indication of how patients experience the whole procedure, and also allowed them to ask questions that one would not necessarily ask one’s own patients as they are treated. De Blok: “The patient was very open to talk about issues like incontinence and impotence, including the end of his relationship as a result of the procedure. As nurses, we of course deal with the patient on a different level from the surgeons. It’s important that we keep this human element in mind at meetings like these.”

De Blok on the roles of nurses in the OR: “There are some international differences, which become apparent at meetings like this. In some countries, the nurse is a surgeon’s first assistant whereas in others one urologist is required to assist another.

“In some countries nurses or OR assistants have a larger role to play, taking care of routine procedures so that the surgeon can focus on patients that do require specialist care. In the UK, there is a similar division of labour although it’s not formally arranged this way like in the United States or Canada, which pioneered the concept of the nurse practitioner.”

The day’s programme ended with a frank discussion with a patient who suffered some complications after a robotic prostatectomy. Involving a patient gave the attending nurses a good indication of how a patient experiences the whole procedure, and also allowed them to ask questions that one would not necessarily ask one’s own patients as they are treated. De Blok: “The patient was very open to talk about issues like incontinence and impotence, including the end of his relationship as a result of the procedure. As nurses, we of course deal with the patient on a different level from the surgeons. It’s important that we keep this human element in mind at meetings like these.”

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and that men who are taught PFE prior to prostate surgery - what is best practice?

Dr. Trish Neumann, specialist continence and pelvic floor nurse, post-operative PFE training isn’t effective. She feels that teaching PFE pre-operatively is that it is easier to teach motor control to men who don’t have pain. The best way to deliver PFE education is to use a combination of written and verbal information, as well as pelvic anatomy models and pictures. Neumann also said that teaching PFE needs to be time-efficient and that it is easier to teach motor control to men who don’t have pain. She believes that the pre-operative PFE education session also provides an opportunity for health professionals to consider new information that helps establish realistic post-operative goals and expectations. Assessment during this phase also allows for identification of any pre-existing voiding patterns that may require investigation prior to surgery such as detrusor overactivity.

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The nursing component of the meeting was held in the Shandong Hall. After a few words of Mandarin (which I practised many times), I presented an overview of the EAUN, including its key clinical guideline developments, e-learning and education and membership benefits, all of which were positively received.

I attended the 15th Asia-Pacific Prostate Cancer Conference 2015, held in Melbourne, Australia from 31 August to 2 September together with around 600 other delegates from around the globe. The visit to China very much highlighted the need and the importance of hosting this event. There were 738 presentations focusing on the growing role of rehabilitation, its impact on traditional postoperative care, improvements being made in the patient’s postoperative recovery rate and shortened hospital stay. This was something all too familiar in my own clinical practice, but nevertheless not with the same population base.

The visit to China very much highlighted the need and benefit for collaboration across different urology nursing organisations and the ensuing challenges. The EAUN’s mission is not only to support and encourage the development of urology nursing within Europe, but also to collaborate with national societies across the globe in support of the development and application of high-quality urology nursing practices.

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This particular issue was evident in discussions regarding EAUN clinical guidelines – with translation and modification to fit local practices – which will prove to be a very successful initiative. I therefore look forward to our continued collaboration. My thanks to the CUA committee for its hospitality and very warm welcome.

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What to expect at the EAUN 2015 Annual Meeting

Madrid programme will feature new topics, current issues and trends

More than 300 delegates from 27 countries attended the 15th EAUN Meeting held in Stockholm last April, which attracted this year outstanding contributions by lecturers from all over Europe.

The meeting in 2015, to be held in Madrid from March 20 to 24, promises to be even more interesting: the EAUN scientific committee and the board took into consideration the suggestions provided by the delegates in Stockholm. The most appreciated sessions will also be in next year’s programme plus new topics and current issues.

The programme, available on the website www.eaumadrid2015.uroweb.org, begins with a plenary session regarding the future of urological nursing and the need for a common framework. Currently, there is an important European debate regarding the definition (and therefore the future) of urological nursing. In two years, the European Union is expected to make a stand on this issue, and this will have an impact on education, mobility, and working possibilities for urological nurses across Europe. Thus, the opening session of the EAUN meeting will focus on this important topic, with lectures on the various aspects followed by a panel discussion. We invite you to join the discussion, as this will have repercussions on our daily practice.

Other items in the programme aim to provide practical and useful information which can be useful in our everyday clinical practice, including topics such as practical management of urological emergencies, urological care for people with learning disabilities, ongoing challenges in male sexuality, intravesical instillation and BCG treatments, 3Teda magnetic resonance, and many others.

Workshops and panel discussions

Several workshops will be offered, including a session on perioperative care in prostate disease, updates on pelvic floor rehabilitation, an ESU course on female sexual assessment and rehabilitation (in collaboration with the European School of Urology), success factors in self-dilatation, UTI in clean intermittent catheterisation, troubleshooting in patients with indwelling catheters, psychological aspects of living with cancer, and care pathways in bladder cancer treatment.

A new EAUN guideline on intravesical instillation, developed by the EAUN guidelines panel, will be presented. The Marketplace Session, already a well-known and appreciated session in past meetings, will allow participants to discuss adapted physical activity, sexual and urological rehabilitation, and ERAS (Enhanced Recovery After Surgery) with internationally renowned experts.

As in the previous editions, two poster sessions have been included in the programme. The number of abstracts submitted over the years has been increasing, and many important topics have been addressed by high quality posters. Everyone eligible for EAUN membership has the opportunity to submit their abstract before December 1 via the congress website.

A video session called “Surgery in Motion,” first introduced in Milan and greatly appreciated by the delegates, will be included in the Madrid programme. Original videos, produced in the operating theatre, will show and comment on unusual surgical situations. Additional expert commentary on these procedures will be shared with the audience to provide practical information.

The classic Nursing Difficult Case Solution session entitles free registration for authors of the most interesting nursing cases. These selected authors will also present their cases during the meeting. We encourage submissions of original cases by e-mail (details on the website) before December 1. Those who submit a case and are not yet EAUN members will be granted free membership for 12 months.

Finally, if you have a planned research project, the EAUN Research Competition is open with a €2,500 prize to be awarded to the most significant research project, enabling authors to receive support and funding. The author’s proposed research will be presented in summary form on the EAUN website.

Deadline for submitting, by email, your research proposal is December 1 (further details on the website).

The 16th EAUN Meeting in Madrid will serve as an excellent opportunity to share expertise and for both EAUN members and non-members to be directly involved in improving urological nursing and play an active role in discussing current issues. Nursing cases, posters and research projects are welcome, and would contribute greatly in an active exchange of knowledge and information.

We look forward to receiving your ideas and suggestions for discussion topics. For additional information, visit our website or contact eaun@uroweb.org in case of queries.

See you in Madrid!

Stefano Terzoni
Chair EAUN Scientific Congress Office
Milan (IT)

terzoni@eaun.org

16th International
EAUN Meeting

21-23 March 2015, Madrid, Spain

Preliminary Programme

Saturday, 21 March 2015

09.00 – 10.15 Opening Plenary Session
The future of urological nursing: The need for a common framework: time is running out
10.30 – 11.15 Workshop
Nursing challenges in urodynamics
10.30 – 11.15 Workshop
Contemporary issues in patient pathways and cancer treatment
11.30 – 12.30 Workshop
Ongoing challenges in health and sexuality in male patients
11.30 – 13.30 Nursing Research Competition
EAUN-ESU Workshop
Diagnosis and peri-operative care in prostate disease
14.00 – 16.30 State-of-the-art lecture
Best practice principles in the urological care for people who have a learning disability
14.00 – 15.15 Poster Abstract Session
14.45 – 15.30 EAUN-ESU Course - 1
Practical management of urological emergencies

Sunday, 22 March 2015

09.00 – 10.10 Workshop
Intravesical instillation in NMIBC
10.05 – 11.05 Workshop
State-of-the-art lecture
BCG treatments for superficial bladder cancer
11.30 – 12.30 Workshop
Care pathway and rehabilitation in bladder cancer surgery
12.30 – 13.15 Poster Abstract Session
12.30 – 13.15 Workshop
Living with prostate cancer: Daily issues and quality of life
14.05 – 15.05 Workshop
Rehabilitation in urology cancer care
14.45 – 15.45 Workshop
UTI in clean intermittent catheterisation: What’s new?
16.00 – 17.00 Workshop
Close in self-dilatation: quality of life and success factors

Monday, 23 March 2015

09.00 – 10.00 Workshop
Difficult case session
09.00 – 10.00 Workshop
Pelvic floor rehabilitation for LUTS: What’s new?
10.45 – 11.45 State-of-the-art lecture
3Tesla Magnetic Resonance Imaging for PCs
10.45 – 11.45 State-of-the-art lecture
MRI in female sexual assessment and rehabilitation
13.45 – 14.45 EAUN General Assembly
13.45 – 14.00 EAUN Award Session
Supported with an educational grant from AMNEA

Scientific Committee:
Stefano Terzoni (IT), Chair
Bente Thoft Jensen (DK)
Jerome Marley (GB)
Lisette Van De Bilt (NL)
Rita Wittkower (CH)

For more information:
info@congressconsultants.com

Register now for the early bird fee!
Deadline 12 January 2015

www.eaumadrid2015.org/eaun