A topic common to all urology nurses working in bladder cancer was discussed by Kath Schubach – chair VUNS, that being the shortage of BCG therapy for patients with newly diagnosed High-Risk Non-Muscle Invasive Bladder Cancer (HR NMIBC) and those who are already undergoing BCG treatment. General recommendations included: that all patients with HR NMIBC be counselled appropriately and reassured that their care would not be substantially compromised and in general terms:

- management of HR NMIBC with TURBT and cystoscopic surveillance alone is not appropriate, even if local BCG supplies have run out and patients should always be offered an alternative therapy if possible; and
- patients should not be counselled that radical cystectomy (RC) is the only safe option in this setting.

In the management of female urinary continence, nurses are in an ideal position to bring about the maintenance and removal of catheters. Urology CAUTI by applying best practice to the insertion, maintenance and removal of catheters. Urinary tract infections, which account for 40% of all hospital-acquired infections, with 80% being catheter related. Trish highlighted the fact that urinary catheterisation for between 2 to 10 days will develop bacteriuria, with evidence suggesting in up to 50% of cases. Of note, as was clear to the audience, was the risk of CAUTI increased with the duration of catheterisation, with evidence suggesting that 26% of patients with an urinary catheter in-situ for between 2 to 10 days will develop bacteriuria, with 25% of these patients developing a CAUTI.

Other risk factors to consider also included catheter care violations and older age. The key take home messages from this session were that there are many opportunities for nurses to reduce the incidence of CAUTI by applying best practice to the insertion, maintenance and removal of catheters. Urinary nurses are in an ideal position to bring about the changes required and that CAUTI prevention is a quality and safety initiative.
The EAUN guidelines on catheterisation examined in well-attended workshop

To continue the collaboration with the Emirates Urological Society in the future, it will be our pleasure to welcome the participants of the workshop in Dubai 2018. See you in Germany!

Note: The hands-on training was supported with equipment from Coloplast, Wellspect HealthCare and Dubai Hospital. Wellspect HealthCare DENTSY® IH sponsored the iPad that was awarded to the nurse who scored highest in the test.

Ms. Veronica Geng, author, and Ms. Susanne Vahr with the EUS award

The level of knowledge and practical ability reached by the participants was assessed through a written test and observation during the practical session. At the end of the day, the delegate who scored the highest marks was awarded with an iPad donated by one of the sponsors.

The EAUN representatives were formally acknowledged during the opening ceremony of the congress, in the presence of members of the Dubai Government, as well as individual acknowledgements by Dr. Bagheri. This exciting experience has been very important and significant to the EAUN, and we hope to continue the collaboration with the Emirates Urological Society in the future. It will be our pleasure to welcome the participants of the workshop in Dubai in 2018. See you in Germany!

The workshop included hands-on training on mannequins.

The Emirates International Urological Conference (EUSIC) took place in Dubai, United Arab Emirates, from 3 to 7 November 2015. The EAUN had been invited by Dr. Fariborz Bagheri, Acting President of the Emirates Urological Society (EUSIC) and President of EUSIC2015, to give a full-day hands-on workshop on intermittent and indwelling catheterisation, based on the EAUN guidelines.

On November 6, Susanne Vahr (chair of the guidelines group), Veronica Geng (former chair of the guidelines group), Veronika Geng (former chair of the guidelines group), and Fouad Hussein Chehab, director of Nursing at Dubai Hospital, gave the first lecture. He is an expert in the Joint Accreditation and made an excellent introduction to ensuring quality and safety in urinary catheterisation. The workshop examined the use of guidelines in everyday nursing practice such as evidence-based indications and contraindications for catheterisation, how to choose the appropriate catheter and technique, frequent and rare complications, and troubleshooting.

The delegates actively discussed their habits and procedures with the panel, using both clinical expertise and scientific evidence, through well-focused questions on specific conditions and rare cases, as well as the "tips and tricks" for this frequently overlooked procedure. The guidelines and the most up-to-date literature provided solid foundations for evidence-based practice.

In the afternoon, four stations with models for catheterisation were prepared, and the participants performed the procedure on realistic male and female mannequins, with different types of indwelling and intermittent catheters, under the guidance of the teachers.

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