

**Improving NMIBC patient pathways** 7th Course of the European School of Urology Nursing 9-10 November 2024

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## Preliminary Scientific Programme

## Saturday, 9 November

12.30 - 13.30	Registration
13.30 - 13.35	<b>Opening and welcome</b> K. Chatterton, London (GB), <i>Bladder Cancer Clinical Nurse Specialist, Co-chair, EAUN</i> Special Interest Group Bladder Cancer
13.35 - 15.10	Module 1. NMIBC bladder cancer overview and emerging therapies on the horizon
13.35 - 14.10	<ul> <li>Diagnosis and staging, treatment options</li> <li>E. Mensah, London (GB), Consultant Urological Surgeon</li> </ul>
14.10 - 14.30	• Management of side effects BCG and Mitomycin K. Chatterton, London (GB)
14.30 - 14.50	• <b>Dwell time and patient reported side effects</b> L. Munk, Aarhus (DK), <i>Medical doctor, PhD Stud.</i>
14.50 - 15.10	• Emerging therapies on the horizon (SunRise, Durance) E. Mensah, London (GB)
15.10 - 15.40	Coffee break
15.40 - 17.10	Module 2. Counselling and care for NMIBC patients
15.40 - 16.10	<ul> <li>Patient experience and unmet needs</li> <li>S. Vahr Lauridsen, Copenhagen (DK), PhD, EAUN Past Chair, Clinical Nurse Specialist, Senior Researcher</li> </ul>

16.10 - 16.40	• Communication skills and patient education V.J. Morrison, Aarhus (DK), <i>RN, MSc Nurs, Research Assistant</i>
16.40 - 17.10	• Living with bladder cancer A. Samuel, Lisbon (PT), <i>Patient representative, World Bladder Cancer Patient Coalition</i>
17.10 - 17.20	Break
17.20 - 18.00	Module 3. Difficult case discussion – cases provided by participants

20.00 Dinner

## Sunday, 10 November

09.00 - 10.30	Module 4. Supportive care needs for the bladder cancer patient
09.00 - 09.20	• Quality of life in bladder cancer patients B. Thoft Jensen, Aarhus (DK), <i>RN-PhD in Rehabilitation, Chair, EAUN Special Interest</i> <i>Group Bladder Cancer</i>
09.20 - 09.40	• <b>Psychosexual support</b> P. Allchorne, London (GB), <i>EAUN, Past Chair, Prostate Cancer and Bladder Cancer</i> <i>Nurse Specialist</i>
09.40 - 09.55	• Nurse-led flexible cystoscopy laser ablation for NMIBC K. Chatterton, London (GB)
09.55 - 10.10	• Future of NMIBC treatment in the community L. Noble, Newcastle (GB), <i>Uro-oncology Clinical Nurse Specialist</i>
10.10 - 10.30	Questions and discussion on morning session
10.30 - 11.00	Coffee break
11.00 - 12.00	Module 5. Improving patient pathways Interactive Workshop on ideas for improving NMIBC patient pathways
	Chairs: K. Chatterton, London (GB) B. Thoft Jensen, Aarhus (DK)

Moderators: S. Vahr Lauridsen, Copenhagen (DK) L. Noble, Newcastle (GB) L. Munk, Aarhus (DK) V.J. Morrison, Aarhus (DK) E. Mensah, London (GB)

12.00 - 12.30	Share workshop proposals from group work – group discussion
12.30 - 12.55	Evaluation of course
12.55 - 13.00	Closing remarks
13.00 - 14.00	Lunch

## Learning outcomes for ESUN course on Improving NMIBC patient pathways

Upon completion of the course the participants will be able to:

- Describe the epidemiology, risk factors and treatment options for non-muscle invasive bladder cancer (NMIBC)
- Understand the management and treatment of side effects of intravesical therapies
- Know safety regulations when handling intravesical instillations
- Understand the importance of effective communication and skills required for interacting with our bladder cancer patients and families
- Learn how to develop additional nurse-led services within your hospitals and communities
- Describe the importance of quality of life needs and what is required to improve the patients with NMIBC pathways
- Take home ideas for improving local bladder cancer pathways with knowledge, networking and collaboration with colleagues through an excellent interactive workshop

