



Holistic prostate cancer care

4th Course of the European School of Urology Nursing

14-15 September 2018, Krakow, Poland



Scientific programme: Friday 14 September

Aims and objectives of this session

- Describe the pathology of prostate cancer
- Know about all the treatment options
- Describe shared decision making, role of the nurse and how to avoid regrets in treatment's choice
- Know psychological factors influencing patients' health-related quality of life
- Know the unmet needs of patient and partner
- Know the unmet needs of patients with metastatic prostate cancer
- Be able to apply practice-oriented communication and know coping strategies related to prostate cancer

13:30 - 13:40 Welcome and introduction

Speaker: C.N. Tillier, Amsterdam (NL)

13:40 - 14:35 Module 1: Physiology and pathology of the prostate

13:40 - 13:50 Cancer physiology and pathology

Speaker: M. Sochaj, Gorzow Wielkopolski (PL)

13:50 - 14:00 Genomics and genetic testing

Speaker: M. Sochaj, Gorzow Wielkopolski (PL)

14:00 - 14:20 Diagnostics

Speaker: J. Green, London (GB)

14:20 - 14:35 Therapies localised/advanced/ metastatic prostate cancer

Speaker: C.N. Tillier, Amsterdam (NL)

14:35 - 14:45 Questions and answers

14:45 - 15:15 Module 2: Shared decision-making and regrets

Speaker: F. Geese, Berne (CH)

14:45 - 14:55 Why shared decision-making?

14:55 - 15:15 Shared decision-making in prostate cancer

- What choice do patients have?

- Why are empowerment and knowledge both necessary in SDM?

- Involve all patients or only those who want to be involved?



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15:15 - 15:25 Coffee break

15:25 - 16:20 **Module 3: Create your own genogram**

Speaker: F. Geese, Berne (CH)

15:25 - 15:55 How to create a genogram

15:55 - 16:20 Group work

16:20 - 16:35 Coffee break

16:35 - 17:40 **Module 4: Unmet needs in prostate cancer patients and partner before survivorship**

Speakers: F. Geese, Berne (CH)
C.N. Tillier, Amsterdam (NL)

16:35 - 16:50 The prostate cancer continuum, incl. shared decision-making, self-reflection exercise

16:50 - 17:05 Concepts and theories: Self-management, empowerment, resilience and readiness

17:05 - 17:25 Screening and assessment instruments: Emotional distress and needs (incl. group work)

17:25 - 17:40 Questions and answers

17:40 - 18:40 **Module 5: Multi-professional approach to meet patient & partner needs**

Speakers: P. Allchorne, London (GB)
J. Green, London (GB)

17:40 - 18:00 Multi-professionality (definition, etc.)

18:00 - 18:40 Discuss case studies



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09:00 – 12:10 **Workshop: Treatment of psycho-oncological needs**

Speaker: M. Chamanyzadeh, Utrecht (NL)

Supervisors: P. Allchorne, London (GB)

F. Geese, Berne (CH)

C.N. Tillier, Amsterdam (NL)

09:00 – 10:00 Cancer partner relationship & sexuality

10:00 - 10:30 Let's talk about sex – part 1

10:30 - 10:40 Coffee break

10:40 - 11:10 Let's talk about sex – part 2

11:10 – 12:10 Group work

12:10 - 13:00 **Module 6: Metastatic prostate cancer and palliative care**

Speakers: P. Allchorne, London (GB)

J. Green, London (GB)

12:10 - 12:25 Unmet needs

12:25 - 12:40 Symptoms

12:40 - 12:55 End-of-life questions

12:55 - 13:00 Questions and answers

13:00 – 13.15 **Test and award session**

Supervisors: P. Allchorne, London (GB)

F. Geese, Berne (CH)

C.N. Tillier, Amsterdam (NL)

13.15 – 14.15 Lunch