**Scientific programme: Friday 14 September**

**Aims and objectives of this session**

- Describe the pathology of prostate cancer
- Know about all the treatment options
- Describe shared decision making, role of the nurse and how to avoid regrets in treatment’s choice
- Know psychological factors influencing patients’ health-related quality of life
- Know the unmet needs of patient and partner
- Know the unmet needs of patients with metastatic prostate cancer
- Be able to apply practice-oriented communication and know coping strategies related to prostate cancer

**13:30 - 13:40** Welcome and introduction  
*Speaker:* C.N. Tillier, Amsterdam (NL)

**13:40 - 14:35** Module 1: Physiology and pathology of the prostate

**13:40 - 13:50** Cancer physiology and pathology  
*Speaker:* M. Sochaj, Gorzow Wielkopolski (PL)

**13:50 - 14:00** Genomics and genetic testing  
*Speaker:* M. Sochaj, Gorzow Wielkopolski (PL)

**14:00 - 14:20** Diagnostics  
*Speaker:* J. Green, London (GB)

**14:20 - 14:35** Therapies localised/advanced/metastatic prostate cancer  
*Speaker:* C.N. Tillier, Amsterdam (NL)

**14:35 - 14:45** Questions and answers

**14:45 - 15:15** Module 2: Shared decision-making and regrets  
*Speaker:* F. Geese, Berne (CH)

**14:45 - 14:55** Why shared decision-making?

**14:55 - 15:15** Shared decision-making in prostate cancer  
- What choice do patients have?  
- Why are empowerment and knowledge both necessary in SDM?  
- Involve all patients or only those who want to be involved?
15:15 - 15:25  Coffee break

15:25 - 16:20  Module 3: Create your own genogram
   Speaker: F. Geese, Berne (CH)

15:25 - 15:55  How to create a genogram

15:55 - 16:20  Group work

16:20 - 16:35  Coffee break

16:35 - 17:40  Module 4: Unmet needs in prostate cancer patients and partner before survivorship
   Speakers: F. Geese, Berne (CH)
             C.N. Tillier, Amsterdam (NL)

16:35 - 16:50  The prostate cancer continuum, incl. shared decision-making, self-reflection exercise

16:50 - 17:05  Concepts and theories: Self-management, empowerment, resilience and readiness

17:05 - 17:25  Screening and assessment instruments: Emotional distress and needs (incl. group work)

17:25 - 17:40  Questions and answers

17:40 - 18:40  Module 5: Multi-professional approach to meet patient & partner needs
   Speakers: P. Allchorne, London (GB)
             J. Green, London (GB)

17:40 - 18:00  Multi-professionality (definition, etc.)

18:00 - 18:40  Discuss case studies
Scientific programme: Saturday 15 September

09:00 – 12:10 Workshop: Treatment of psycho-oncological needs
  Speaker: M. Chamanyzadeh, Utrecht (NL)
  Supervisors: P. Allchorne, London (GB)
  F. Geese, Berne (CH)
  C.N. Tillier, Amsterdam (NL)

09:00 – 10:00 Cancer partner relationship & sexuality

10:00 - 10:30 Let’s talk about sex – part 1

10:30 - 10:40 Coffee break

10:40 - 11.10 Let’s talk about sex – part 2

11.10 – 12.10 Group work

12:10 - 13:00 Module 6: Metastatic prostate cancer and palliative care
  Speakers: P. Allchorne, London (GB)
  J. Green, London (GB)

12:10 - 12:25 Unmet needs

12:25 - 12:40 Symptoms

12:40 - 12:55 End-of-life questions

12:55 - 13:00 Questions and answers

13:00 – 13.15 Test and award session
  Supervisors: P. Allchorne, London (GB)
  F. Geese, Berne (CH)
  C.N. Tillier, Amsterdam (NL)

13.15 – 14.15 Lunch