



Urinary Tract Infections

1st Course of the European School of Urology Nursing

8-9 May 2015, Amsterdam, the Netherlands



Programme

Friday, 8 May

12.30 – 13.30	Registration
13.30 – 13.35	Opening and welcome W. De Blok, Amsterdam (NL), <i>EAUN Board Member</i>
13.35 – 14.30	Module 1. The aetiology of UTI R. Pickard, Newcastle (UK), <i>urologist</i> , <i>Vice Chairman EAU Working Group on Urinary Incontinence and Member EAU Guidelines Working Group on Urological Infections</i>
13.35 – 13.50	Anatomy and physiology of the urinary tract
13.50 – 14.10	How bacteria enter the bladder in men and in women
14.10 – 14.30	Cross-contamination (hospital acquired UTI, UTI-SIRS-sepsis)
14.30 – 15.30	Module 2. Microbiology and use of antibiotics M.J. Grabe, Malmö (SE), <i>urologist</i> , <i>Chairman EAU Guidelines Working Group on Urological Infections</i>
14.30 – 15.00	Microbiology
15.00 – 15.30	Antibiotics, recommendations for use of antibiotics, bacterial resistance development
15.30 - 16.00	Coffee break
16.00 – 16.45	Module 3. UTI in adults J.P.F.A. Heesakkers, Nijmegen (NL), <i>urologist</i> , <i>ESFFU Chairman (EAU Section of Female and Functional Urology)</i>
	<ul style="list-style-type: none">• Definition, prevalence and diagnosis• UTI in diabetes mellitus and immunosuppression

- Urethritis
- Bacterial prostatitis
- Epididymitis and orchitis
- Recurrent and chronic UTI
- UTI and pregnancy

16.45 – 17.30 **Module 4. UTI in people with indwelling and intermittent catheter**
M. Lester, Manchester (UK), *Urology Specialist Nurse*

16.45 – 17.00 Definition

17.00 – 17.15 Prevalence

17.15 – 17.30 Diagnosis of UTI in catheter users

17.30 – 17.40 **Break**

17.40 – 18.30 **Module 5. Group work - case**

20.00 Dinner

Saturday, 9 May

09.00 – 09.45 **Module 6. Prevention and treatment of UTI in adults**
R. Pieters, Ghent (BE), *Clinical Nurse Specialist Urology*

09.00 – 09.20 Prevention

09.20 – 09.45 Treatment

09.45 – 10.30 **Module 7. Treatment and prevention of UTI in catheter users and urostomy patients**
J.G.L Cobussen-Boekhorst, Nijmegen (NL),
Nurse Practitioner in continence and urostomy care

09.45 – 10.00 Indwelling catheter

10.00 – 10.15 Intermittent catheter

10.15 – 10.30 Urinary stoma (continent and incontinent)

10.30 – 10.50 **Coffee break**

10.50 – 11.00 **Presentation of the Wellspect UTI Prevention App**
L. Gustafsson, Mölndal (SE), Wellspect HealthCare, *Clinical Research Manager*

11.00 – 11.30	Module 8. How to educate caregivers to prevent UTI H.J. Mulder, Groningen (NL), <i>Nurse Practitioner in urology</i>
11.30 – 12.00	Module 9. How to educate patients to prevent UTI H.J. Mulder, Groningen (NL), <i>Nurse Practitioner in urology</i>
11.30 – 11.45	Indwelling and intermittent catheter users, male and female
11.45 – 12.00	Adults, elderly people, people with disabilities
12.00 – 12.10	Break
12.10 – 13.00	Test Group based test, including a UTI prevention plan for one's own clinic, evaluation Chairs: S. Vahr, Copenhagen (DK), <i>EAUN Board member, Clinical Nurse Specialist, Master in HRD/Adult Learning</i> B. Thoft Jensen, Århus (DK), <i>Former EAUN Board member, RN-PhD in Rehabilitation</i>
13.00	Closing remarks
13.00 – 14.00	Lunch

Learning outcomes for ESUN course on Urinary Tract Infections

- List the risk factors for urinary tract infection in men, women and catheter users
- Describe the treatment of urinary tract infections in men, women and catheters users
- Summarise the best ways to prevent urinary tract infections in adults and in catheter users
- Give examples of how to educate caregivers and patients to prevent urinary tract infections
- Outline an educational plan for preventing urinary tract infection in your own clinic

