Programme

Friday, 8 May

12.30 – 13.30 Registration

13.30 – 13.35 Opening and welcome
W. De Blok, Amsterdam (NL), EAUN Board Member

13.35 – 14.30 Module 1. The aetiology of UTI
R. Pickard, Newcastle (UK), urologist,
Vice Chairman EAU Working Group on Urinary Incontinence and Member
EAU Guidelines Working Group on Urological Infections

13.35 – 13.50 Anatomy and physiology of the urinary tract

13.50 – 14.10 How bacteria enter the bladder in men and in women

14.10 – 14.30 Cross-contamination (hospital acquired UTI, UTI-SIRS-sepsis)

M.J. Grabe, Malmö (SE), urologist,
Chairman EAU Guidelines Working Group on Urological Infections

14.30 – 15.00 Microbiology

15.00 – 15.30 Antibiotics, recommendations for use of antibiotics, bacterial resistance
development

15.30 - 16.00 Coffee break

16.00 – 16.45 Module 3. UTI in adults
J.P.F.A. Heesakkers, Nijmegen (NL), urologist,
ESFFU Chairman (EAU Section of Female and Functional Urology)

• Definition, prevalence and diagnosis
• UTI in diabetes mellitus and immunosuppression
• Urethritis
• Bacterial prostatitis
• Epididymitis and orchitis
• Recurrent and chronic UTI
• UTI and pregnancy

16.45 – 17.30  Module 4. UTI in people with indwelling and intermittent catheter
M. Lester, Manchester (UK), Urology Specialist Nurse

16.45 – 17.00  Definition
17.00 – 17.15  Prevalence
17.15 – 17.30  Diagnosis of UTI in catheter users

17.30 – 17.40  Break

17.40 – 18.30  Module 5. Group work - case

20.00  Dinner

Saturday, 9 May

09.00 – 09.45  Module 6. Prevention and treatment of UTI in adults
R. Pieters, Ghent (BE), Clinical Nurse Specialist Urology

09.00 – 09.20  Prevention
09.20 – 09.45  Treatment

09.45 – 10.30  Module 7. Treatment and prevention of UTI in catheter users and urostomy patients
J.G.L Cobussen-Boekhorst, Nijmegen (NL), Nurse Practitioner in continence and urostomy care

09.45 – 10.00  Indwelling catheter
10.00 – 10.15  Intermittent catheter
10.15 – 10.30  Urinary stoma (continent and incontinent)

10.30 – 10.50  Coffee break

10.50 – 11.00  Presentation of the Wellspect UTI Prevention App
L. Gustafsson, Mölndal (SE), Wellspect HealthCare, Clinical Research Manager
11.00 – 11.30  Module 8. How to educate caregivers to prevent UTI  
H.J. Mulder, Groningen (NL), Nurse Practitioner in urology

11.30 – 12.00  Module 9. How to educate patients to prevent UTI  
H.J. Mulder, Groningen (NL), Nurse Practitioner in urology

11.30 – 11.45  Indwelling and intermittent catheter users, male and female

11.45 – 12.00  Adults, elderly people, people with disabilities

12.00 – 12.10  Break

12.10 – 13.00  Test  
Group based test, including a UTI prevention plan for one’s own clinic, evaluation  
Chairs: S. Vahr, Copenhagen (DK), EAUN Board member, Clinical Nurse Specialist, Master in HRD/Adult Learning  
B. Thoft Jensen, Århus (DK), Former EAUN Board member, RN-PhD in Rehabilitation

13.00  Closing remarks

13.00 – 14.00  Lunch

Learning outcomes for ESUN course on Urinary Tract Infections

• List the risk factors for urinary tract infection in men, women and catheter users
• Describe the treatment of urinary tract infections in men, women and catheters users
• Summarise the best ways to prevent urinary tract infections in adults and in catheter users
• Give examples of how to educate caregivers and patients to prevent urinary tract infections
• Outline an educational plan for preventing urinary tract infection in your own clinic