

Improving NMIBC patient pathways

7th Course of the European School of Urology Nursing 9-10 November 2024

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Preliminary Scientific Programme

Saturday, 9 November

12.30 - 13.30	Registration
13.30 - 13.35	Opening and welcome K. Chatterton, London (GB), Bladder Cancer Clinical Nurse Specialist, Co-chair, EAUN Special Interest Group Bladder Cancer
13.35 - 15.10	Module 1. NMIBC bladder cancer overview and management of side effects
13.35 - 14.10	• Diagnosis and staging, treatment options t.b.c.
14.10 - 14.30	 Management of side effects BCG and Mitomycin K. Chatterton, London (GB)
14.30 - 14.50	 New approaches to intravesical treatment strategies L. Munk, Aarhus (DK), Medical doctor, PhD Stud.
14.50 - 15.10	• Emerging therapies on the horizon (SunRise, Durance) t.b.c.
15.10 - 15.40	Coffee break
15.40 - 17.10	Module 2. Counselling and care for NMIBC patients
15.40 - 16.10	 Patient experience and unmet needs S. Vahr Lauridsen, Copenhagen (DK), PhD, EAUN Past Chair, Clinical Nurse Specialist, Senior Researcher

16.10 - 16.40	 Communication skills and patient education V.J. Morrison, Aarhus (DK), RN, MSc Nurs, Research Assistant
16.40 - 17.10	• Living with bladder cancer A. Samuel, Lisbon (PT), Patient representative, World Bladder Cancer Patient Coalition
17.10 - 18.00	Module 3. Different approaches in NMIBC
17.10 - 17.40	 Nurse-led flexible cystoscopy laser ablation for NMIBC K. Chatterton, London (GB)
17.40 - 18.00	• Future of NMIBC treatment in the community L. Noble, Newcastle (GB), Uro-oncology Clinical Nurse Specialist

20.00 Dinner

Sunday, 10 November

09.00 - 10.30	Module 4. Supportive care needs for the bladder cancer patient	
09.00 - 09.45	• Quality of life in bladder cancer patients B. Thoft Jensen, Aarhus (DK), RN-PhD in Rehabilitation, Chair, EAUN Special Interest Group Bladder Cancer	
09.45 - 10.30	 Psychosexual support P. Allchorne, London (GB), EAUN, Past Chair, Prostate Cancer and Bladder Cancer Nurse Specialist 	
10.30 - 11.00	Coffee break	
11.00 - 12.00	Module 5. Improving patient pathways	
	Chairs: K. Chatterton, London (GB) B. Thoft Jensen, Aarhus (DK)	
	Moderators: S. Vahr Lauridsen, Copenhagen (DK) L. Noble, Newcastle (GB) L. Munk, Aarhus (DK) V.J. Morrison, Aarhus (DK)	
	Interactive Workshop on ideas for improving NMIBC patient pathways	

Surgical pathways (i.e. day case TURBT / GIRFT)

Assessment

Management of side effects

- Awareness of patient supportive care needs
- · Patient education

Each group should address these aspects and then formulate suggestions for the next session

12.00 - 12.30	Share workshop proposals from group work – group discussion
12.30 - 12.55	Mini test! + Evaluation of course
12.55 - 13.00	Closing remarks
13.00 - 14.00	Lunch

Learning outcomes for ESUN course on Improving NMIBC patient pathways

Upon completion of the course the participants will be able to:

- Describe the epidemiology, risk factors and treatment options for non-muscle invasive bladder cancer (NMIBC)
- Understand the management and treatment of side effects of intravesical therapies
- Know safety regulations when handling intravesical instillations
- Understand the importance of effective communication and skills required for interacting with our bladder cancer patients and families
- Learn how to develop additional nurse-led services within your hospitals and communities
- Describe the importance of quality of life needs and what is required to improve the patients with NMIBC pathways
- Take home ideas for improving local bladder cancer pathways with knowledge, networking and collaboration with colleagues through an excellent interactive workshop

