Method for diagnosing incontinence after radical prostatectomy.

Does our information correspond to real life?

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AIM
To examine the value of a voiding diary and pad test after radical prostatectomy in terms of improving pre- and postoperative information regarding urinary incontinence.

MATERIAL AND METHODS
All patients operated in 2007 were offered to participate in the study. After inclusion they filled in a voiding diary and pad test 3, 6 and 12 months postoperatively. Instructions, diaries, measuring jugs and a digital scale for weighing diapers were provided. Furthermore they were asked to fill in a botherscore (on a scale from 1-10) concerning urinary incontinence.

CONCLUSIONS
- Patients are willing to participate in demanding studies.
- Patients compliance is high.
- Quantification of postoperative urinary incontinence may improve the patient guidance and further treatment.
- Correlation between preoperative lifestyle parameters and urinary incontinence may enlighten the opportunity to be able to correctly inform the patients about risk factors other than surgical trauma.